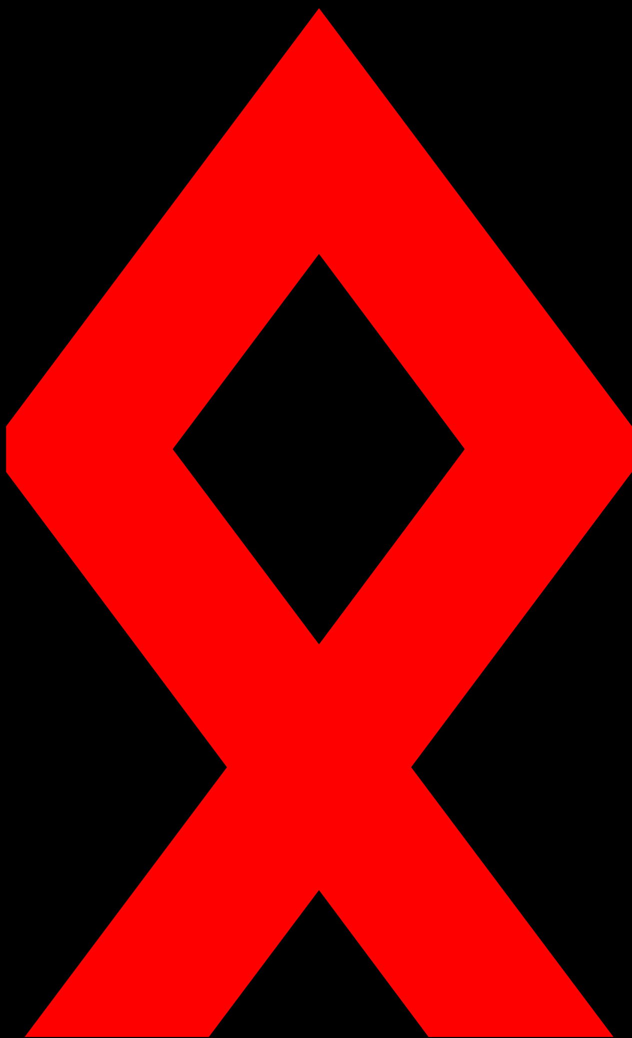

# SOAM

AS WRITTEN BY THE HAND OF

# DARKLING THE FIEND

NO MORE SUFFERING

# INTRODUCTION

WELCOME READER TO SOAM, THE SLAUGHTER OF ALL MANKIND, THIS BOOK IS THE ENGLISH VARIANT OF SOAM AS THE ORIGINAL BOOK WAS WRITTEN IN ANGLO-SAXON RUNES.

SO, I HOPE YOU CAN UNDERSTAND AND FORGIVE ME IN SAYING THAT SOME WORDS MIGHT NOT MAKE SENSE OR SOUND ARCHAIC, AND ALTHOUGH I HAVE DONE MY BEST TO FIND TYPOGRAPHICAL ERRORS AND GRAMMATICAL FOLLIES WITHIN THESE PAGES, THERE MAY STILL BE SOME THAT STILL LINGER WITHIN, ERGO, I DO HOPE YOU CAN FORGIVE ME FOR SUCH MISTAKES AS TRANSLATING THIS WAS A HERCULEAN TASK.

# THE OVERMAN AND THE ARIGHT LIFE

# THE HARM PRINCIPLE

THE HARM PRINCIPLE AS FIRST PUT FORTH BY JOHN STUART MILL IN HIS BOOK, ON LIBERTY, SAYS THAT WHAT A MAN DOES OUGHT BE BOUND INSOFAR AS HE DOES NOT BRING HARM TO ANOTHER MAN.

THEREFORE SINCE HARM IS ALWAYS BAD, IT IS RIGHT THAT ALL LAWS BECOME FROM THE HARM PRINCIPLE.

THIS IS UNAKIN TO THE PRINCIPLE THAT DEALS WITH UPSET, HERE I WILL LOOK AT THEM BOTH.

## THE MEANING OF UPSET

THE MEANING OF UPSET IS THAT WHICH MANY UPSET ONE MAN BUT MAY NOT UPSET ANOTHER, THAT WHICH UPSETS YOU MAY NOT UPSET ME.

THE ANSWER TO UPSET IS SIMPLE, IT IS TO GET AWAY FROM THAT WHICH IS UPSETTING YOU.

IF YOU CANNOT GET AWAY FROM THAT WHICH UPSETS YOU, THEN THAT WHICH UPSETS YOU SHOULD BE STOPPED.

AND IF THAT WHICH IS UPSETTING CANNOT BE GOTTEN AWAY FROM OR HALTED, HARM MAY TAKE ROOT WITHIN THE MIND AND SHOULD THAT HAPPEN THEN THE HARM SHOULD BE SEEN AS A WRONGDOING, FOR IT GOES AGAINST THE HARM PRINCIPLE.

## THE MEANING OF HARM

HARMING IS ALWAYS BAD AS EVERY BEING CAN FEEL HARM THEREFORE THERE IS NO NEED TO SPEAK OVER WHAT HARM IS AS ALL WHO CAN FEEL HARM UNDERSTAND IT.

HARM IS ALWAYS FROM THE COMING OF BAD THINGS.

THEREFORE IT SHOULD BE STOPPED WHEN IT CAN BE STOPPED.

THE ONLY TIME HARM CAN HAPPEN TO ANOTHER, IS IF IT IS WITH THEIR SAY-SO.

THAT IS TO SAY, YOU ARE FREE TO HARM YOURSELF, BY HARMING YOURSELF YOU NEED NOT ASK, HOWEVER, YOU DO NOT HAVE THE RIGHT TO HARM ANOTHER WITHOUT THEIR SAY-SO.

IF HOWEVER THE ONE WHO IS BEING HARMED KNOWS WHAT IS GOING TO HAPPEN, AND HAS GIVEN SAY-SO, THEN SO BE IT.

THIS RUNS AGAINST THE PRINCIPLE OF UPSET THAT SAYS WHAT IS UPSETTING SHOULD BE STOPPED, BUT WHAT IS UPSETTING CAN BE ANYTHING, SO IT IS THEREFORE MOOT.

IT WOULD SEEM THAT JOHN STUART MILL HAS NOT TAKEN IN TO HIS FOLD THAT ALL LIFE CAN COME TO HARM.

## HAPPINESS BEGOTTEN FROM HARM

THERE ARE HOWEVER FOLK WHO MAY GAIN HAPPINESS FROM THE HARM BROUGHT UPON THEM, THEREFORE HARM WITHIN THIS BOOK IS TO BE SELFSAME WITH SUFFERING.

IF SUFFERING WAS GONE TOMORROW IT DOES NOT MEAN YOU WILL BE HAPPY IT MERELY MEANS YOU ARE FREE FROM SUFFERING OR AT THE LEAST YOU ARE IN THE MIDDLE AND ARE NEITHER HAPPY OR UNHAPPY OR AT THE MOST YOU ARE GLEEFUL.

THE HARM PRINCIPLE IS LOGICALLY SOUND AND SHOULD BE THE BENCHMARK BY WHICH ALL THINGS ARE LOOKED AT.

## THE LESSER AND GREATER HARM

WHEN THERE IS A CHOOSING AND IN THAT CHOOSING HARM WILL COME ABOUT EITHER WAY THEN YOU OUGHT PICK THE LESSER HARM OVER THE GREATER HARM.

## THE ASKING OF HARM

HARM CAN ONLY BE DONE IF HE WHO IS BEING HARMED HAS GIVEN THE GO AHEAD OR IF IT IS TO STOP SOMEONE FROM HARMING SOMEONE ELSE.

IF YOU HAVE KNOWLEDGE OF WHAT HARM IS AND THE HARMFUL ACT THAT IS TO BEFALL YOU THEN YOU CAN SAY YES TO IT.

IF YOU DO NOT THEN YOU CANNOT SAY YES TO IT.

## THE NITTY GRITTY OF HARM

| | |
|---|---|
| ONE | IF SOMETHING IS HARMFUL DO NOT DO IT UNLESS ASKED FOR |
| TWO | BEFORE ASKING SEE TO IT THAT THE ONE BEING HARMED CAN SAY YES |
| THREE | IF THEY CAN SAY YES AND HAVE SAID YES TO THE HARM THAT IS TO HAPPEN TO THEM THEN THEY CAN BE HARMED |
| FOUR | IF SOMETHING IS UPSETTING THEN GET AWAY FROM IT IF YOU CANNOT DO SO THEN IT THEN IT IS THE BURDEN OF THE UPSETTER TO GO OR STOP UPSETTING OTHERS |

## AN OUTLINE OF THE HARM PRINCIPLE

| | |
|---|---|
| ONE | DO NOT HARM ANOTHER WITHOUT ASKING FIRST |
| TWO | YOU HAVE NO RIGHT TO HARM ANOTHER FOR TO DO SO IS TO BREAK THE HARM PRINCIPLE |
| THREE | YOU HAVE THE RIGHT TO HARM BUT ONLY TO STOP A GREATER HARM FROM MAKING ITSELF KNOWN |

BEWARE SINCE THIS PRINCIPLE IS SELFSAME FOR ALL LIFE, FOR BOTH MAN AND THOSE UNDER HIM, SINCE ALL LIFE CAN SUFFER.

IF A WOMAN CANNOT HAVE A CHILD THEN A GOAT CANNOT HAVE GOATLINGS, A DOG CANNOT HAVE DOGLINGS, A CAT CANNOT HAVE CATLINGS AND SO ON AND SO FORTH.

## THE BEST WAY TO STOP HARM

THE BEST WAY TO STOP HARM IS NOT TO MAKE NEW BEINGS WHO CAN SUFFER IT MAY SEEM ODD TO SAY, BUT BY NOT HAVING CHILDREN YOU CAN STOP SUFFERING ALL TOGETHER.

THE UNBORN DO NOT NEED LIFE SO WHY MAKE NEW LIFE WHEN THEY NEED NOT SUFFER THEREFORE BIRTH IS AN UTTERLY UNNEEDED AND IS THE HIGHEST EVIL SINCE NOT ONLY HAS NEW LIFE BEEN MADE BUT IT WAS FOR THE HAPPINESS OF THE MOTHER AND FATHER AND NOT FOR THE CHILD.

NOW THAT CHILD WILL THOLE, NEEDLESSLY AND FOR NO OTHER MEANING THAN THE GLEE OF THOSE WHO BROUGHT HIM IN TO LIFE.

## THE NEXT BEST WAY TO STOP HARM

THE NEXT BEST WAY TO STOP HARM IS TO BE KIND TO OTHERS, IT MAY SOUND LIKE I AM FLOGGING A DEAD HORSE BUT SOMETIMES THAT IS WHAT YOU OUGHT DO TO MAKE OTHERS LISTEN.

DOING SMALL ACTS OF KINDNESS EVERY DAY CAN MAKE THIS WORLD A BETTER PLACE TO LIVE IN, IT IS BEST TO DO WHAT YOU CAN RATHER THAN TRY AND DO WHAT YOU CANNOT.

WE CAN ALL DO GOODNESS, THEREFORE WE SHOULD ALL DO GOODNESS, GOODNESS FOR GOODNESS SAKE.

DO NOT BOTHER WITH BIG GATHERINGS OR UPRISINGS, THE HIGH AND MIGHTY WILL NOT LISTEN, INSTEAD DO THE SMALL, LITTLE, THINGS EVERYDAY TO MAKE THE WORLD THAT LITTLE BIT BETTER.

IT IS BETTER TO DO SOMETHING SMALL AND HAVE SOME GOOD COME OF IT, THAN TO TRY AND DO SOMETHING BIG AND HAVE NOUGHT COME OF IT.

TAPE RUNS OUT

SHOULD THE WRETCHEDNESS OF THIS LIFE STILL OVERBURDEN MANKIND AND FOLK BECOME UNHEEDFUL OF MY WORDS, THEN ALL LIFE SHOULD BE SLAUGHTERED SO AS TO PUT AN END TO THE SUFFERING.

WE PUSH A ROCK UP A HILL ONLY FOR IT TO ROLL BACK DOWN, AGAIN AND AGAIN WITHOUT END.

FOR BOTH LIFE AND HARM ARE SICKENINGLY BOUND, TO KILL ONE IS TO KILL THE OTHER.

THIS WORLD IS NOUGHT MORE THAN A WRETCHED PIT WHERE FORGIVENESS IS SCANT AND SLAUGHTER IS WIDESPREAD.

IF MANKIND WAS ONE MAN I WOULD KILL HIM.

# ON OTHER LIFE

IT IS NOT ONLY MAN THAT SUFFERS, BUT OTHER BEINGS WITH WHOM WE SHARE THIS EARTH WITH DO TOO.

SO HERE I WILL SPEAK MORE ABOUT THE OTHER THINGS THAT I FEEL SHOULD BE SPOKEN ABOUT.

## ANTINATALISM

IT MUST FIRST BE UNDERSTOOD THAT THE UNBORN DO NOT NEED LIFE, FOR NOONE IS THERE TO HAVE THAT NEED.

IT IS SAID THAT LIFE IS A GIFT, BUT YOU WHERE NOT THERE TO BE GIVEN SUCH A GIFT, FOR LIFE IS BURDENED UPON YOU BY A WHIM OF CARNAL SELFISHNESS AND NOT FROM BENEDICTINE BENEVOLENCE.

THIS IS WHY I AM AN ANTINATALIST, I DO NOT WANT TO HAVE A CHILD AS YOU CANNOT HARM THE UNBORN, FOR HE WHO HAS NOT COME INTO BEING DOES NOT NEED LIFE.

THE UNBORN CHILD DOES NOT ASK FOR LIFE NOR DOES HE NEED LIFE, I FIND IT OUTLANDISH THAT OTHERS CANNOT SEE THIS FOR THERE IS NO NEED WHATSOEVER TO HAVE CHILDREN OTHER THAN TO STROKE YOUR SENSE OF SELF.

TO BRING A CHILD IN TO THIS WORLD IS THE GREATEST EXECRATION OF ALL, NOT ONLY IS HIS LIFE UNNEEDED BUT THAT CHILD YOU NOW BEAR HAS TO TRUDGE THROUGH LIFE.

HE WILL HAVE TO FEED HIMSELF, CLOTHE HIMSELF, WILL BE CURSED BY THE BITTER HATRED OF OTHERS AND WILL BE MARRED BY FIGHTING TO KEEP THE SCANT BELONGINGS HE DOES HAVE.

HE SUFFERS AND HE DOES SO AT YOUR BEHEST YOU WHERE THE ONE WHO HURLED HIM IN TO THIS LIVING SHITPIT INTO WHICH HE SHALL BE BESET ON ALL SIDES BY TURDS AND DRAWN EVER DEEPER INTO IT BY THOSE WHO WOULD DO HIM HARM.

THEREFORE TO BRING A CHILD IN TO THIS WORLD, KNOWING HE WOULD SUFFER, IS AN EVIL SO CURSED IT IS AN EXECRATION AMONG EXECRATIONS.

BUT YOU MUST ASK WHY IS MANKIND ALIVE AND WHAT ARE WE DOING.

TO THAT I SAY, WE LIVE SINCE WE FEAR DEATH AND WE HAVE CHILDREN SINCE WE FEAR DEATH, WELL IT IS HIGH TIME WE LOVE DEATH AS DEATH IS FREEDOM.

## THE FIGHT FOR RESOURCES

IN THIS LIFE WE FEEL HUNGRY, THIRSTY AND HAVE NEEDS FOR SHELTER AND MAYBE KINSHIP.

YET THE NEEDS FOR FOOD, WATER, SHELTER AND YES EVEN KINSHIP ARE ALL WITHIN US, SO WE FIGHT OVER THESE RESOURCES AND NEEDS.

THESE ENDLESS NEEDS BRING OUT THE WORST IN ALL OF US, WINNERS AND LOSERS, SADLY, KINDNESS DOES NOT WIN THE DAY AND BEING RUTHLESS, HEARTLESS AND UNCARING DOES.

THEREFORE THE GAME OF LIFE IS AN EVIL GAME, IT IS AKIN TO KING OF THE HILL, WHOMEVER HAS THE MOST FOOD, WATER AND GOOD STANDING WITH OTHER FOLK WILL BE GIVEN THE BEST MATE SO THEY CAN BREED.

THAT IS WHAT IT BOILS DOWN TO, FIGHT, KILL AND WOUND ALL THOSE AROUND YOU, SO YOU CAN BREED AND HAVE YOUR CHILDREN DO THE SAME.

WELL MANKIND IS TOP DOG, WE ARE KINGS AMONG THE KINGS AND WHAT DO WE DO, WE KILL EACH OTHER.

SOONER OR LATER THINGS WILL RUN OUT AND THERE WILL BE FIGHTING OVER WHAT FEW THINGS THERE ARE LEFT.

THE MORE FOLK WHO ARE BORN WITH AN ENDLESS HUNGER WILL MEAN THINGS ARE GONE FASTER, THIS WILL BRING ABOUT STRONGER WISHES FOR RESOURCES AND LOTS OF FIGHTING.

ONCE EVERYTHING IS GONE THEN WHAT DO WE DO? HOW DO YOU FEED THE HUNGRY WHEN THERE IS NO MORE FOOD?

WITH EACH NEW LIFE COMES A NEW MOUTH TO FEED, WHICH MEANS LESSER BEINGS WILL BE KILLED, WORTS WILL BE PICKED, TRESS WILL BE CUT DOWN AND WE WILL KEEP ON EATING, SWIVING AND KILLING UNTIL THERE IS NOTHING LEFT.

## SOMETHING MUST DIE FOR US TO LIVE

SADLY IN THIS LIFE SOMETHING MUST DIE FOR ME TO LIVE, BOTH LIVESTOCK AND WORTS ALIKE ARE SLAIN AND BROUGHT TO HARM SO THAT I MAY LIVE.

EVEN SOMETHING LIKE A SICKNESS OR BRUSHING YOUR TEETH SPELLS DEATH FOR OTHER LIFE.

IT IS SAD FOR I DO NOT WANT TO HARM ANYONE, OR ANYTHING, BUT ALAS LIFE IS UNFAIR AND SOMETHING MUST DIE FOR ME TO BE ALIVE.

SADLY, IT WOULD SEEM MOST FOLK DO NOT SEE THIS, SO WE GO ON TO MAKE NEW PLAYERS TO PLAY THE MEANINGLESS GAME OF LIFE.

## KINDNESS AND THE HEREAFTER

UPON DEATH ALL IS FORFEIT AND TO REDUCE HARM IS ALWAYS GOOD.

THEREFORE NOTHING IS LOST BE BEING KIND HARM CANNOT BE UNDONE BUT NEITHER CAN KINDNESS.

THIS WAY OF LIFE WILL MOST LIKELY LEAD TO YOU BEING TAKEN FOR A RIDE, BUT THAT IS THE WAY OF THE WORLD.

KNOW THAT IF EVERYONE WAS KIND THEN THE LAW OF MIGHT MAKES RIGHT WOULD BE NO MORE.

KNOW THAT YOU HAVE NOTHING TO LOSE BY BEING KIND AS ALL IS FORFEIT UPON DEATH.

THE THOLING YOU GO THROUGH WILL BE GONE AND IF THERE IS AN AFTERLIFE THEN YOU WILL BE HANDSOMELY GIFTED WITH WONDERFUL THINGS FOR YOUR GOOD DEEDS IN THIS LIFE.

## LAST WORDS

I WOULD LIKE TO TAKE THIS TIME TO THINK UPON OTHER THINGS.

I WANT TO LIVE IN A WORLD WHERE THERE IS NO FIGHTING OR DEATH OR HARM OF ANY KIND.

I WONDER IF A MAN CAN GO THROUGH LIFE WITHOUT HARMING ANYTHING OR ANYONE?

WHEN YOU MOW THE LAWN THE SMELL OF BUT GRASS IS, IN TRUTH, A WARNING AND EATING MEAT BRINGS ABOUT THE HARM OF LESSER LIFEFORMS, EVEN IN TRYING TO FEND SOMEONE OFF, YOU HARM THEM.

THERE SEEMS TO BE NO WAY AROUND IT, FOR TO LIVE IS TO BRING HARM TO ANOTHER.

BE YOU MAN OR BE YOU BEAST, TO BE ALIVE IS TO HARM OTHERS, THEREFORE THIS PRINCIPLE OF HARM SPARES NOONE, SINCE ALL LIFE CAN BE BOTH A BRINGER OF HARM AND A BEARER OF HARM.

BEINGS WHO ARE HAPPY IN HARMING OTHERS SHOULD BE ASKED TO STOP, IF THEY CANNOT BE TALKED TO THEN THEY SHOULD BE SLAIN, FOR IF THEY ARE NOT KILLED THEN THEY WILL KEEP ON HARMING OTHERS.

WE RUN FROM DEATH NOT KNOWING THAT ALL THAT WE DO AND ALL WE SHALL EVER DO WILL COME TO NOUGHT, FROM THE DARKNESS WE COME TO THE DARKNESS WE GO.

ALL THAT IS ALIVE SHALL ONE DAY DIE AND ALL THAT IS MADE SHALL ONE DAY ROT.

## THE ANSWER

I AM NOT A WISE MAN BUT I WILL GIVE MY ANSWER AND THE ANSWER IS RATHER STRAIGHTFORWARD, BE KIND TO ALL AND SUNDRY.

I KNOW IT SEEMS SILLY, BUT BY DOING SO YOU WILL MAKE THIS WORLD A BETTER WORLD FOR ALL, THOSE WRETCHED SOULS WHO DWELL WITHIN.

TAKE GLEE IN THE LIFE YOU HAVE, BUT, DO NOT BRING ABOUT NEW LIFE, TO SLAUGHTER YOURSELF AND TO THEREBY END YOUR LIFE AND TO BEGET CHILDREN AND THEREBY BEGIN NEW LIFE ARE NOT SELFSAME.

ONE IS A LIFE YOU HAVE OWNERSHIP OF AND THE OTHER IS A LIFE THAT NEED NOT BE.

WITH THE FOLLOWING WORDS NOW SPOKEN I HEREBY SET FORTH TWO MORE ANSWERS BELOW.

| EUGENICS | OMNICIDE |
|---|---|
| ONLY THOSE WHO ARE KIND AND CLEVER SHOULD BE THE ONES TO BEAR CHILDREN SO THAT KINDNESS AND CLEVERNESS ARE SOWN INTO MANKIND AND AS SUCH OUR CHILDREN WILL BE GIVEN A BETTER WORLD THAN THE ONES THAT CAME BEFORE THEM<br><br>AS TIME GOES ON THEN FOLK WILL BE KIND TO ONE ANOTHER AND THEY WILL BE OVERSEEN BY THE WISEST AND KINDEST AMONG THEM<br><br>THE ONES BORN TOMORROW SHALL BE UNLIKE THEIR MOTHERS AND FATHERS WHO ARE MARRED BY BITTER FEELINGS TOWARDS THEIR FELLOW MAN.<br><br>THESE ONES SHALL BE KIND AND THE CHILDREN THAT FOLLOW THEREAFTER SHALL BE KINDER.<br><br>THIS LAW MOREOVER GOES TO WIGHTS FOR THEY TOO FEEL HARM WIGHTS THAT EAT OTHER WIGHTS SHOULD BE SLAIN FOR THEY BRING HARM TO OTHER BEINGS | IF MY WORDS OF KINDNESS AND WISDOM GO UNHEEDED THEN MANKIND AND ALL LIFE SHOULD BE SLAIN SO AS TO PUT AN END TO THIS WORLD OF HARDSHIP AND DEATH<br><br>THE DEAD DO NOT SUFFER, ONLY THE LIVING SUFFER AND AS SUCH DEATH IS FREEDOM<br><br>FOR MANKIND WILL BE OVERSEEN BY THE HEARTLESS DRIVEN BY THE HALFWITS AND WE SHALL BE FORSAKEN<br><br>AND THE SLAUGHTER OF LIFE WILL NEVER END LEST WE END IT, THIS HARMFUL GAME OF KILL OR BE KILLED SHOULD BE PUT TO A SWIFT END |

## THE OVERMAN

LURKING WITHIN EACH MAN IS A CHEST BEATING APE AND DWELLING WITHIN EACH DOG IS AN EVER HUNGRY WOLF, IF THE WOLF CAN BECOME THE DOG THEN THE HOMO SAPIEN CAN BECOME THE OVERMAN.

I SAY THESE WORDS FOR LIFE IS A CURSE THAT HAS MARRED EACH AND EVERY ONE OF US, WHETHER WE BE MAN OR ONE OF THE LESSER BEINGS.

BUT, THROUGH GOOD BREEDING THE APE WITHIN US ALL SHALL DIE AND FROM THIS DEATH SHALL COME THE PALINGENESIS OF A NEW KIND OF MAN, THE OVERMAN WHO SHALL OVERWRITE AND CLEANSE THE EARTH OF THE WISE MAN.

HE SHALL BE BLESSED WITH KINDNESS IN HIS HEART, CLEVERNESS IN HIS MIND, TALLNESS IN HIS HEIGHT AND FAIRNESS IN HIS FACE, FOR HE IS THE OVERMAN AND IS BEYOND THE APES THAT CAME AFORE HIM.

## THE LESSER BEINGS

THIS LAW IS NOT ONLY FOR MAN BUT IS FOR ALL LIFE SINCE ALL LIFE IS BEHOLDEN TO WOE.

LESSER BEINGS SHALL BE SET FROM BEST TO WORST, AT THE BOTTOM ARE THOSE WIGHTS WHO LIVE ONLY OFF THE SLAUGHTER OTHER WIGHTS, THE TRUE MEAT EATERS, THEIR BIRTH IN TO THIS WORLD IS A CURSE TO THE WIGHTS ON WHOM THEY FEED.

SINCE THEY CANNOT BE TALKED TO AND THEREBY HALTED, THEY ARE TO BE KILLED.

THESE BEINGS OF WICKEDNESS LIVE ONLY TO KILL AND AS SUCH THEY ARE TO BE KILLED IN GREAT THRONGS SO AS TO CLEANSE THEM FROM THIS WORLD.

AT THE TOP ARE THOSE BEINGS WHO DO NOT KILL OTHER BEINGS AND DO NOT HARM OTHER LIFE, THESE KINDHEARTED FRIENDS ARE TO BE SPARED FROM THE CLEANSING THAT IS TO COME.

THE WIGHTS WHO HAVE BEEN SPARED SHALL BE HERDED INTO DWELLINGS AND THEIR BREEDING IS TO BE OVERSEEN BY MANKIND SO AS TO STOP AN OVERGROWTH OF THEIR KIND.

OVER TIME THESE BEINGS OF KINDNESS ARE TO BE MADE EVER FRIENDLIER THROUGH GOOD BREEDING UNTIL THEY ARE DEEMED FIT ENOUGH TO LIVE ALONGSIDE MANKIND.

# BACK TO OUR ROOTS

EQUIPMENT AND A LACK OF SKILLS GO HAND IN HAND, AS SOON AS MANKIND LEARNT HOW TO FARM, WAS WHEN ONE MAN COULD STARVE ANOTHER.

FOR THE MAN THAT COULD FARM COULD BETHRALL THE OTHER MAN THAT COULD NOT FARM.

NEWFANGLED EQUIPMENT COULD BE USED FOR EVIL AND THEREFORE NEEDS TO BE OVERSEEN, FOR IF IT IS NOT, THEN IT MEANS THE FEW CAN BEAR DOWN ON THE MANY.

IF THOSE WHO RUN THE WORLD CANNOT BE TRUSTED WITH THE EQUIPMENT THEY WIELD, THEN THEY SHOULD BE OVERTHROWN, LEST TIME GO ON AND THINGS GET WORSE.

THAT IS TO SAY, IF A MAN WATCHES OVER YOU, HE MUST BE TRUSTED TO DO SO RIGHTLY AND NOT TO OVERBEAR ON YOU, YET NO MAN IS FLAWLESS, AND HE MAY WELL HARM YOU, BEAT YOU, AND STAMP DOWN ON YOU.

WHAT THEREFORE ARE LEADERS IF NOT WATCHMEN OF THE FOLK.

THEREFORE A LEADER SHOULD BOTH BE WISE TO SHOW FOLK THE ARIGHT LIFE AND KINDHEARTED SO AS TO NOT HARM THOSE HE OVERSEES.

AN EVIL KING WHO OVERBEARS ON A SMALL KINGDOM IS NOT AS BAD AS AN EVIL KING WHO OVERBEARS ON THE WORLD.

AN EVIL KING WILL ONE DAY ARISE, THEREFORE MAN CANNOT BE TRUSTED TO OVERSEE MAN, FOR HE WILL ONE DAY HARM THEM.

KNOW THAT SUCH A LORD SHALL BE A MAN MARRED WITH A DARK HEART AND SOULLESS EYES AND HE SHALL PUMMEL THE DOWNTRODDEN WITH AN IRON FIST FROM WHICH HE WIELDS AN UNEARTHLY MIGHT.

IF YOU OVEREAT WHAT YOU HAVE THEN IT WILL RUN OUT, IF WHAT YOU HAVE RUNS OUT, THEN YOU ARE FUCKED.

MANKIND SHOULD GO BACK TO WHAT THEY ALWAYS WHERE, WANDERERS.

IT WOULD BE WISE TO KNOW HOW TO LIVE WITH NO ELECTRONICS, LEARN TO MAKE WATER CLEAN, HOW TO SEEK FOOD, HOW TO MAKE YOUR OWN CLOTHING AND OUTLIVE THAT WHICH IS YET TO COME.

SKILLS SUCH AS THESE HAVE BEEN LOST SINCE EQUIPMENT HAS DONE THE WORK FOR US, AND WHEN THE DAY OF THE GREAT FALL HAPPENS IS WHEN THE DAY THESE SKILLS WILL BE SOUGHT AFTER.

LIVING OFF THE LAND IT MAY NOT BE WONDERFUL BUT YOU WILL BE BETTER FOR IT.

## A NEW PATH FOR THE OVERMAN

THERE IS HOWEVER ANOTHER WAY, A KIND LEADER, A WISE LEADER, SOMEONE WHO OVERSEES OTHERS FOR THE GOOD OF ALL.

SHOULD SUCH AN EMPYREAN LEADER ARISE THEN HE SHOULD BE EXALTED AS A WATCHMAN AND CARETAKER OF THE PEOPLE.

THIS HEAVEN BORN LEADER IS AKIN TO THE NORTH STAR, UNTO WHICH ALL OTHER STARS SET AND ALIGN THEMSELVES TOWARD.

THOSE WHO HARM OTHERS OR THE STATE SHOULD BE ABASED AND WATCHED MORE, WHILE THOSE WHO ARE KIND TOWARDS OTHERS AND THE STATE SHOULD BE WATCHED LESS.

THEY SHOULD BECOME A TEACHER, SO TO TEACH OTHERS AND THEREBY BRING ABOUT THE EXALTATION OF THE LOWLY MAN TO THE LEVEL OF THE HEAVENLY MAN.

FOR THOSE WHO DO THE VILEST OF ALL THINGS, ID EST, GAINING GRATIFICATION FROM THE HEARTACHE OF OTHERS, SUCH A MAN SHOULD BE EXECRATED AS PESTILENCE INCARNATE AND MADE SEEDLESS.

KNOW THAT SUCH A MAN IS MARRED BY A SICKNESS OF THE MIND FROM WHICH HE CAN BESTOW UNTO HIS CHILDREN, THEREFORE LET IT BE KNOWN THAT SUCH MEN AND SUCH CHILDREN OF MEN ARE HENCEFORTH UNFIT FOR PROCREATION AND AS SUCH AS TO BE MADE SEEDLESS.

# THE ÆNGLISH RIKE

# THE ÆNGLISH RIKE OF THE OVERMAN

ALL THAT I HAVE SAID UP UNTIL NOW HAS BEEN LEADING UP TO THIS, AN ÆNGLISH RIKE FOR THE OVERMAN.

IT IS HERE THAT I SHALL LAY DOWN THE BEDROCK FOR THE ÆNGLISH RIKE TO STAND ON, IT IS WITHIN THESE LEAVES THAT THE KING OF THE RIKE, IN ALL HIS WISDOM AND GOODNESS, SHALL READ FROM.

IT MUST BE FIRST UNDERSTOOD THAT THE LEADER OF THE ÆNGLISH RIKE SHOULD BE THE KINDEST AND WISEST AMONG YOU, BUT, THE THRONGS THAT STAND BEFORE YOU MUST BE WASHED LIKE HOW WHEAT MUST BE WINNOWED, AND, FROM THIS, ONLY GOOD MEN AND GOOD WOMEN ARE LEFT BEHIND.

FROM GOOD STOCK SHALL COME GOOD FOLK AND LIKEWISE FROM BAD STOCK SHALL COME BAD FOLK, THEREFORE, LET GOOD MEN AND GOOD WOMEN BREED SO AS TO BRING FORTH GOOD CHILDREN.

BUT, LET IT BE MADE KNOWN THAT INBREEDING SHOULD BE FORBIDDEN SO AS TO KEEP THE OVERMAN HEALTHY AND LONG LIVED, INBRED CHILDREN MAKE FOR UNFIT AND FEEBLE CHILDREN, THEREFORE, INBREEDING SHOULD NOT HAPPEN WITHIN ÆNGLISH RIKE.

THINK OF THE ÆNGLISH RIKE LIKE A FARM, WITHIN THE FARM THERE IS THE HERDSMAN AND THERE ARE LIVESTOCK AND THE HERDSMEN ARE THERE TO WARD THE LIVESTOCK FROM ANY AND ALL THREATS BE THEY FROM WITHIN THE HERD OR OUTSIDE OF THE FARM ITSELF.

| LIVING WITHIN THE ÆNGLISH RIKE | |
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| DWELLINGS AND FARMLANDS WITHIN THE ÆNGLISH RIKE | DWELLINGS ARE TO BE FAR FROM EACH OTHER SO AS TO HALT THE SPREAD OF ILLNESS BETWEEN THE FOLK AND UNSIGHTLINESS WITHIN THE LAND.<br><br>LIVING IN SUCH A LAND OF OPEN FIELDS AND FURROWED EARTH WILL MAKE EVERYONE WITHIN THE ÆNGLISH RIKE HAPPIER AND THEREBY UPLIFT THEIR OVERALL HEALTH.<br><br>FARMS ARE TO BE WIDESPREAD SO AS TO GROW FOOD AND CROPS FOR THE ÆNGLISH RIKE, THE FOODSTUFF IS TO BE SPREAD AMONGST THE FOLK BY THE OVERSEERS. |
| FOOD AND TRADE WITHIN THE ÆNGLISH RIKE | THE FOOD IS FOR EVERYONE AS EVERYONE NEEDS TO EAT, SO TOO IS HEALTHCARE AND DWELLINGS, THESE ARE THINGS THAT ARE NEEDED TO LIVE AND AS SUCH SHOULD NOT BE BOUGHT OR SOLD.<br><br>THERE IS TO BE NO BUYING OR SELLING OR TRADING OF ANY KIND WITHIN THE ÆNGLISH RIKE AS EVERYTHING THAT IS MADE IS TO BE SHARED FREELY AND SPREAD EVENLY BETWEEN THE FOLK.<br><br>MEN AND WOMEN WITHIN THE ÆNGLISH RIKE MAY HAVE BELONGINGS HOWEVER THEY MAY WISH TO SHARE THESE AMONGST THEIR KINFOLK.<br><br>IF THAT BE THEIR WISH THEN OWNERSHIP IS TO BE GIVEN TO THE FOLK OF THE ÆNGLISH RIKE AND IS THUS TO TO BE SHARED AMONGST THEM. |
| JOBS AND LIVELIHOOD WITHIN THE ÆNGLISH RIKE | JOBS WITHIN THE ÆNGLISH RIKE SHALL NOT BE FOR GELT BUT SHALL BE FOR THE GREATER GOOD OF THE ÆNGLISH RIKE.<br><br>EACH MAN AND WOMAN HAS THEIR CALLING IN LIFE, SOMETHING HE LIKES TO DO, THIS SHALL BE HIS JOB WITHIN THE ÆNGLISH RIKE. |

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| | THOSE WHO LIKE TO SEW WILL MAKE CLOTHES FOR THE FOLK, THOSE WHO LIKE TO TEACH SHALL TEACH CHILDREN, THOSE WHO LIKE TO READ WILL WORK IN A BOOKHOUSE AND HARVEST KNOWLEDGE FOR A LIVING.<br><br>YOUR TRUE CALLING IN THIS LIFE SHALL BE YOUR LIVELIHOOD AND SHALL BE FOR THE OVERALL GOOD OF THE ÆNGLISH RIKE. |

THIS IS HOW THE FOLK OF THE ÆNGLISH RIKE SHALL LIVE.

| THE STANDING OF THE FOLK WITHIN THE ÆNGLISH RIKE | |
|---|---|
| THE KING OF THE ÆNGLISH RIKE | THE KING SHALL BE THE KINDEST AND WISEST MAN OR WOMAN FROM WITHIN THE ÆNGLISH RIKE.<br><br>HE SHALL LOOK UPON THE MANIFOLD FOLK OF THE ÆNGLISH RIKE AS HIS OWN CHILDREN AND ONLY WISH THE BEST FOR THEM.<br><br>LIKE A SHEPHERD TENDING TO HIS FLOCK, THE KING SHOULD KEEP HIS FLOCK, THE FOLK OF THE ÆNGLISH RIKE, HEALTHY AND OF GOOD STOCK.<br><br>GELT IS TO BE SPREAD AMONGST THE FOLK SO THAT THE KING IS NOT OVERCOME WITH THE SICKNESS OF GREED.<br><br>LIKEWISE THE FOLK OF THE RIKE SHOULD LOOK UPON THE KING AS A HEAVENLY BEING TO FOLLOW AND LEAD THEM TOWARDS AN EVER MORE GLEEFUL LIFE ABOUND WITH MIRTH. |
| THE OVERSEERS OF THE ÆNGLISH RIKE | THE OVERSEERS OF THE RIKE ARE TO BE GIFTED WITH HELPING THE KING WITH STEERING THE FOLK OF THE RIKE TOWARDS GOODNESS AND WISDOM.<br><br>THESE OVERSEERS SHALL BE HANDPICKED BY THE KING, THEY TOO, LIKE THE KING ARE TO HAVE HEARTS OF GOLD.<br><br>IF THE KING HAS NO CHILD WITH WHICH TO BE AN AFTERCOMER, THEN, ONE OF THE OVERSEERS IS TO BECOME THE NEXT KING. |
| THE FOLK OF THE ÆNGLISH RIKE | THESE ARE THE GOOD MEN AND WOMEN OF THE RIKE, WHO ARE KINDHEARTED AND SHARP OF MIND BOTH THROUGH GOOD BREEDING AND CAREFUL UPBRINGING.<br><br>THE KINDER YOU ARE THE HIGHER YOU SHALL BE UPLIFTED WITHIN THE RIKE, ON THE OTHER HAND, THE MORE UNCOUTH YOU ARE THE LOWER YOU SHALL BE DOWNCAST WITHIN THE RIKE.<br><br>THE SEED OF THE FOLK SHALL BE MADE GREATER THROUGH GOOD BREEDING, ONLY THOSE WHO ARE CLEVER AND KIND SHALL BE GIVEN THE RIGHT TO SOW THEIR SEED.<br><br>WHILE THOSE WHO ARE OUTRIGHT EVIL, UNWISE OR UNFIT SHALL BE EITHER PUT TO DEATH OR MADE SEEDLESS AND HENCEFORTH UNABLE TO BEAR CHILDREN.<br><br>THE FOLK OF THE ÆNGLISH RIKE SHOULD WORK TO UPHOLD THE RIKE THROUGH WORK, THEY ARE TO TILL THE LAND, MAKING FOOD AND FOLLOWING THEIR CALLING IN LIFE.<br><br>THOSE WHO LIKE TO MAKE CLOTHES SHALL MAKE CLOTHES, THOSE WHO LIKE TO BAKE BREAD SHALL BAKE |

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|---|---|
| | BREAD, EACH MAN HAS HIS JOB TO PLAY WITHIN THE ÆNGLISH RIKE. |
| THE WARDENS OF THE ÆNGLISH RIKE | THE WARDENS ARE THERE TO SHIELD THE FOLK FROM ANY THREATS AND THOSE DEEMED EVIL OR UNFIT, THE GOODNESS OF THE HERD IS NOT TO BE BLACKENED BY THE SEED OF EVILDOERS.<br><br>FOR SOMEONE TO SETTLE, DWELL AND LIVE WITHIN THE LANDS OF THE ÆNGLISH RIKE HE MUST SHOW GOODNESS AND CLEVERNESS, IF HE IS KIND YET FEEBLE OF MIND HE IS TO BE MADE SEEDLESS.<br><br>BUT, IF HE IS EVIL, UNCOUTH AND WISHES HARM UPON OTHERS, HE IS TO BE KILLED THERE AND THEN. |

AS TIME GOES ON THE FOLK OF THE ÆNGLISH RIKE WILL BECOME EVER KINDER, EVER SMARTER AND EVER MORE HEAVENLY UNTIL THE WHOLE OF MANKIND BECOMES ONE GREAT, BIG, HERD OF OVERMEN WHO ARE ALL LEAD BY A SHEPHERD WHO CARES DEARLY FOR THEM.

## THE GREAT CLEANSING

ONCE THE OVERMAN HAS BEEN BIRTHED INTO THIS WORLD THEN THE WORLD SHOULD BE CLEANSED, AS THE APEMAN ACCURSEDLY WALLOWS ABOUT IN A GRAVE OF HIS OWN MAKING, THE OVERMAN SHALL STEEL HIMSELF FOR THE GREAT UNDERTAKING AHEAD AND THE CRAFTING OF THE NEW WORLD.

AS THE RIKE SWELLS, MAKING INROADS INTO NEW LANDS, THOSE WHO ARE BROUGHT INTO ITS FOLD ARE TO BE SIFTED THROUGH AND THOSE SEEN AS GOOD ARE TO BE SPARED, WHILE THOSE SEEN AS EVIL ARE TO MURDERED IN DROVES BY THE WARDENS OF THE ÆNGLISH RIKE.

ONCE THE ÆNGLISH RIKE HAS SPREAD ITSELF WORLDWIDE, THEN THE WORLD IS TO BE BUILT ANEW, THIS IS TO BE DONE UNDER THE CAREFUL WATCH OF THE WISE KING AND HIS OVERSEERS, THUS, IT SHALL BE A WORLD BEREFT OF THOLING SINCE ALL MEN AND ALL WIGHTS SHALL BE GOOD AND THEREFORE DO GOOD.

# THE SELFSLAIN HANDBOOK

# EXPOSITION

THIS WORLD IS AWASH WITH SUFFERING, SHOULD YOU WISH TO FORSAKE THIS LIFE THEN I WILL NOT STOP YOU FROM DOING SO.

THERE IS NO OATH TO LIVE, FOR WE DID NOT ASK OR FORSWEAR TO THIS LIFE, THEREFORE WE MAY DIE WHEN AND WHERE WE WISH.

RATHER THAN MAKE A WALKTHROUGH ON THE ENDLESS WAYS OF SELFSLAUGHTER, I WILL TALK ABOUT HOW TO GO UNSEEN, SO YOU MAY DIE WITHOUT OTHERS KNOWING.

IT IS LESS ABOUT THE KNOWLEDGE OF A MEANS OF SELFSLAUGHTER BUT MORE ABOUT MAKING A MEANS FROM THAT WHICH YOU HAVE AROUND YOU, THEREFORE YOU OUGHT MAKE USE OF THAT WHICH YOU HAVE AROUND YOU.

NOW WITH THAT DONE, I WILL GO ON TO TALK ABOUT THE NUMEROUS HALLMARKS OF SELFSLAUGHTER AND HOW TO CONCEAL SUCH SYMPTOMS.

| OBFUSCATION OF SUICIDAL IDEATION | |
|---|---|
| SYMPTOMS OF BEING SUICIDAL | COUNTERMEASURES TO BE UNDERTAKEN |
| TALKING ABOUT SELFSLAUGHTER, HINTING THAT YOU ARE NO LONGER AROUND OR TALKING ABOUT DEATHLY THINGS | WRITE ALL OF YOUR THOUGHTS ON LEAF AND THEN UNMAKE SAID PAGE.<br><br>IF YOU KEEP THOUGHTS OF SELFSLAUGHTER TO YOURSELF FOR TOO LONG, SOONER OR LATER IT WILL SLIP OUT.<br><br>IT IS THERE BETTER TO WRITE YOUR THOUGHTS DOWN, AWAY FROM PRYING EYES, THAN FOR YOU TO ACCIDENTALITY MENTION SUICIDE WHILE TALKING TO OTHERS. |
| BECOMING BORED WITH WHAT YOU DO | KEEP ON DOING WHAT YOU ONCE DID AND PUT ON A FACADE HAPPINESS OR TRY SOMETHING NEW.<br><br>YOU SHOULD LEARN TO PUT ON A SHOW HAPPINESS OR GLEE, AN UNTRUE SMILE OR A LAUGH, THIS SHOULD MAKE MOST FOLK BELIEVE YOU DO NOT SEEK DEATH. |
| STAYING AWAY FROM FRIENDS AND YOUR FAMILY | BE WITH THEM TO KEEP THEIR MISTRUST AT BAY OR HAVE A GOOD LIE READY.<br><br>SUCH AS, BEING BUSY WITH OTHER THINGS OR HOUSEWORK.<br><br>IT WOULD BE BEST SAYING THAT YOU ARE DOING SOMETHING WORTHWHILE, SUCH AS WORKING OUT OR TALKING TO OTHERS.<br><br>THEREFORE WHOMEVER IS WATCHING YOU IS HOODWINKED IN TO BELIEVING YOU ARE GETTING BETTER. |
| GIVING AWAY YOUR BELONGINGS TO OTHERS | DO NOT DO THIS, AS THESE BELONGINGS CAN BE SOLD FOR MONEY, IF YOU MUST GET RID OF ANY BELONGINGS, THEN BREAK THEM WITHOUT OTHERS KNOWING. |

| | |
|---|---|
| | IT IS ADVISED THAT YOU DO NOT SELL OR BREAK YOUR BELONGINGS ALL AT ONCE AS THIS WILL RAISE SUSPICION, INSTEAD DO IT EVERY NOW AND AGAIN, TELL A LIE IF NEED BE.<br><br>YOU CAN NEVER BE TOO CAREFUL. |

YOU CAN STILL SEEK DEATH WHILE SHOWING HAPPINESS OR BY BEING HAPPY, YOU DO NOT NEED BE TRULY SAD, ALL YOU NEED IS FORETHOUGHT AND A WISH TO DIE.

## THE BASICS OF DISSIMULATION

I WILL WRAP THIS UP BY SAYING THAT YOU SHOULD NOT SEEM UNTRUSTWORTHY, MEANING BE PUT UP A FRONT OF HEALTHINESS SO AS TO GAIN THE TRUST OF OTHERS.

THIS IS CALLED DISSIMULATION FOR MORE KNOWLEDGE ON HOW TO LIE TO THOSE AROUND YOU READ "THE SIXFOLD LAWS OF WILINESS".

THE STRENGTH TO LIE TO OTHERS IS YOUR GREATEST WEAPON THEREFORE YOU SHOULD ALWAYS BE READY TO TELL A LIE.

## THE DISPOSAL OF LETTERS

PAGES AND PAPER CAN BE BROKEN IN MANY WAYS BUT I WILL TALK ABOUT THE MOST WIDESPREAD METHODS, THESE ARE BURNING AND SOAKING IN WATER.

| METHOD | DESCRIPTION OF METHOD |
|---|---|
| BURNING | BURNING PAPER HAS IT'S ADVANTAGES, GIVEN THAT MOST PAPER TODAY IS BEGOT FROM WOOD PULP IT THEREFORE BURNS READILY AND WITH EASE, ONCE THIS IS DONE THE ASH THAT REMAINS SHOULD BE MIXED WITH WATER SO AS TO RENDER IT UNRECOVERABLE.<br><br>IF DONE INDOORS BE WARY OF SMOKE BUILD UP AND THE SMELL OF FIRE, OPEN A WINDOW IF NEED BE AND KEEP THE DOORS SHUT, THE SMELL OF BURNING FIRE COULD AWAKEN OTHERS AND WILL ASSUREDLY AROUSE SUSPICION. |
| WATER | USING WATER TO BREAK UP LETTERS CALLS ON MORE FOR ME TO SAY, NEVERTHELESS IT IS SIMPLE TO DO.<br><br>FIRSTLY DRENCH THE PAGES IN WATER, THIS CAN BE DONE IN ANYTHING THAT CAN HOLD WATER, A SINK OR BATH IS BEST.<br><br>WARM WATER IS BEST FOR GETTING RID OF PAPER, FOR IT WILL HELP IN COMPACTING THE PAPER TOGETHER.<br><br>NEXT LIFT THE WATER LOGGED PAPER OUT OF THE WATER AND SQUEEZE THE BITS TOGETHER, DO THIS TIGHTLY UNTIL THE WATER IS ALL BUT GONE FROM THE NEWLY MADE BLOCK OF PAPER.<br><br>DO THIS AGAIN AND AGAIN WITH MORE PAPER, KEEP ON COMPACTING IT UNTIL IT IS ONE LARGE BLOCK OF PAPER.<br><br>AFTER THIS IS FLUSH THE PAPER BRICKS DOWN THE TOILET.<br><br>WATER HAS THE ADVANTAGE OF BREAKING UP THE PAPER IN TO FRAGMENTS THEREBY MAKING THE WORDS ON THE PAPER DIFFICULT TO READ. |

## MEDICINE AND NEEDLEWORK

HERE I WILL GIVE YOU AN OVERVIEW OF WHERE A DOCTOR'S NEEDLE CAN GO, HOW MUCH OF SOMETHING IS TRANSFERRED IN TO THE BLOODSTREAM AND LASTLY OF A GENERAL IDEA OF WHEN THINGS START TO TAKE EFFECT.

THE LIST I SHOW YOU IS NOT FINITE, THERE IS MORE TO BE FOUND IF YOU DELVE IN TO THE TOPIC OF MEDICINE AND TOXICOLOGY YOURSELF.

| WHERE TO PUT THE SYRINGE IN | |
|---|---|
| KIND OF INJECTION | STEEPNESS OF THE INJECTION |
| INJECTING INTO YOUR MUSCLES (INTERMUSCULAR INJECTION) | STRAIGHT DOWN, ABOUT HALF WAY IN |
| INJECTING BETWEEN THE SKIN AND THE MUSCLE (SUBCUTANEOUS INJECTION) | PRESS THE NEEDLE IN BETWEEN THE MUSCLE AND THE SKIN AT HALF A RIGHT ANGLE |
| PUTTING IT IN YOUR ARTERIES (ARTERIAL INJECTION) | HOLD THE SYRINGE AT AN ACUTE ANGLE, YET PUSH THE NEEDLE IN DEEPLY SINCE ARTERIES ARE BURIED DEEP WITHIN THE BODY |
| PUTTING IT IN YOUR SKIN (TOPICAL INJECTION) | HOLD THE NEEDLE STRAIGHT ALONG THE SKIN, THE SKIN SHOULD DEPRESS, ONCE THE TIP OF THE SYRINGE GOES IN TO THE SKIN, CAREFULLY PUSH IT INWARDS AND SLOWLY COMPRESS THE PLUNGER SO AS NOT TO BREAK THE EPIDERMIS |

| RESPIRATION | |
|---|---|
| INTAKE | 100.00% |
| ONSET | ABOUT FIVE TO TEN SECONDS |
| HOW IT WORKS | THAT WHICH IS BREATHED IN IS TAKEN INTO THE BODY, SENT TO THE HEART AND THEN PUMPED THROUGHOUT THE BODY.<br><br>TO HAVE THE BEST SUCCESS, EXHALE, HOLD YOUR BREATH AND THEN TAKE IN A GOOD LUNGFUL OF WHATEVER YOU WANT TO INHALE. |

| SYRINGE INJECTION | |
|---|---|
| ABSORPTION | ALL OF IT |
| ONSET | INSTANTLY |
| HOW IT WORKS | SOMETHING IS INJECTED IN TO EITHER IN THE ARTERIES OF FOREARM OR THIGH USING A NEEDLE, THE SYRINGE SHOULD BE POINTED TOWARDS THE BODY AT A SLIGHT INCLINE SO AS NOT TO MISS THE ARTERY.<br><br>LIQUIDS INJECTED DIRECTLY IN TO THE ARTERY IS SWIFTLY CIRCULATED AROUND THE BODY DUE TO PUMPING FROM THE HEART. |

| ENGORGING |
|---|

| | |
|---|---|
| INTAKE | GIVE OR TAKE 50% |
| ONSET | HALF AN HOUR |
| DESCRIPTION | FOOD AND WATER IS SWALLOWED IN TO THE DIGESTIVE SYSTEM, ONCE THERE IT IS SLOWLY BROKEN DOWN BY GASTRIC ACID, ABSORBED IN THE SMALL INTESTINE BEFORE TRAVELLING TO THE LARGE INTESTINE.<br><br>UPON GOING TO THE LARGE INTESTINE, WATER AND OTHER LIQUIDS ARE FURTHER ABSORBED AND RECONSTITUTED BY THE BODY AND THE STOOL STARTS TO TAKE SHAPE, THAT WHICH IS UNWANTED IS SHAT OUT THE BUTTOCKS IN THE FORMATION OF A STOOL. |
| NOTICE | |
| LIQUIDS ARE TAKEN IN TO THE BODY FASTER THAN FOOD, BECAUSE FOOD NEEDS TO BE DIGESTED FULLY BEFORE BEING ABSORBED BY THE BODY. | |

| NASAL INSUFFLATION | |
|---|---|
| INTAKE | GIVE OR TAKE ALL OF IT |
| ONSET | ABOUT THIRTY SECONDS |
| HOW IT WORKS | SOMETHING IS SNORTED UP NOSE AND ADHERES TO THE ROOF OF THE NOSE IT IS THEN GOES STRAIGHT TO THE BRAIN AS IT GOES INTO THE BLOODSTREAM.<br><br>ANYTHING THAT DOES NOT STICK TO THE TOP OF THE NASAL CAVITY TRAVELS TO THE LUNGS TO BE LATER TRANSFERRED TO THE BLOOD VESSELS. |
| TAKE HEED | |
| I WOULD SAY THAT SNORTING POWDER AND THE SEEDS OF FLOWERS ARE BETTER WAY OF SUICIDE THAN EATING FOOD, FOOD IS EASY TO GET OUT BY STOMACH PUMPING AND EMETICS, TAKING SOMETHING OUT OF THE RESPIRATORY SYSTEM IS FAR HARDER IF NOT OUTRIGHT IMPOSSIBLE.<br><br>HOWEVER ANYTHING THAT IS IN THE LUNGS IS HARDER TO GET RID OF AS SNORTING IS NOT AS WIDESPREAD AS EATING<br><br>ANY DEBRIS WITHIN THE LUNGS CAN RESULT IN PNEUMONIA WHICH IS A BUILD UP OF FLUID IN THE LUNGS, ALSO, THIS MAY WELL RESULT IN PULMONARY FIBROSIS, SILICOSIS, WHICH IS A SCARING OF THE ALVEOLI, THE AIR SACKS THEREBY BRINGING ABOUT A DEATH WITHOUT ANGUISH.<br><br>THE BURNING YOU FEEL COMES FROM A BUILD UP OF CARBON DIOXIDE, AGAINST THE OPINION OF THE COMMON FOLK, THE AGONY OF SUFFOCATION COMES FROM AN INCREASE OF CARBON DIOXIDE NOT FROM A BEREAVEMENT OF OXYGEN. | |

| ANAL ENEMA | |
|---|---|
| INTAKE | SLIGHTLY OVER HALF |
| ONSET | THIRTY MINUTES TO TWO HOURS |
| HOW IT WORKS | WATER OR DUST IS INJECTED IN THE ARSEHOLE, WHERE IS RESIDES IN THE RECTUM, AFTER WHICH IT IS SLOWLY TAKEN IN BY THE INNER WALLS OF THE LARGE INTESTINES. |

| | |
|---|---|
| | ONCE THIS PROCESS HAS COME TO A HEAD, THE SUBSTANCE IS CIRCULATED AROUND THE BODY THROUGH THE BLOODSTREAM AND SOON ENOUGH THE EFFECTS BEGIN TO MANIFEST THEMSELVES. |

## LOCATION, LOCATION, LOCATION

YOU SHOULD TRY TO KILL YOURSELF AWAY FROM ANY SORT OF HOSPITAL, DOCTOR OR ANYTHING THAT CAN REVITALISE YOU.

IT WOULD BE BEST TO DIE SOMEWHERE WHERE HOSPITALS ARE SCANT SUCH AS IN THE COUNTRYSIDE OR NEAR A HAMLET.

EVEN IF YOU ARE DISCOVERED, YOU DEMISE HAS A GREATER CHANCE TO HAPPEN THE FURTHER AWAY YOU ARE FROM A HOSPITAL, ALSO BE AWARE OF ANY KIND OF DEFIBRILLATOR AS THAT TOO CAN UNDO CARDIAC ARREST.

## AFTERTHOUGHT

ALL OF THESE THINGS SHOULD BE TAKEN TO HEART AND THOUGHT UPON BEFORE YOU TRY TO KILL YOURSELF, SO, RUMINATE AND MULL IT OVER FOR WHILE AS IF YOU ARE EVER SUSPECTED OF HARBOURING SUICIDAL THOUGHTS THEN IT IS UNLIKELY YOU WILL GET TO TRY A SECOND TIME.

MOST PEOPLE DO NOT USE THEIR SKILLS OF COGNITION TO PREDICT ABOUT HOW SOMETHING IS TAKEN IN TO THE BODY, IF YOU INJECT, INSUFFLATE, IMBIBE OR INGEST SOMETHING IN TO THE BODY THEN YOU BETTER MAKE SURE IT IS HARD TO REMOVE, OTHERWISE YOUR SUICIDE SHALL BE FOR NOTHING.

AGAIN ALL OF THESE DIRE WARNINGS ARE NEEDED SINCE IT IS VERY LIKELY YOU ONLY HAVE ONE SHOT.

## FURTIVE SELFMURDER

THE BEST KIND OF SUICIDE ARE THE ONES WHERE IT DOES NOT LOOK LIKE A SUICIDE, BUT A DEADLY MISADVENTURE ON YOUR PART, THIS IS BECAUSE THOSE WHOM ARE LEFT BEHIND WILL MOURN LESS.

WHAT SOUNDS BETTER, DEATH BY A FATAL MISTAKE OR DEATH FROM SUICIDE, I WOULD THINK THE FORMER IS EASIER TO STOMACH THAN THE LATTER.

SO FEEL FREE TO LET YOUR THOUGHTS RUN WILD, BUT BE EVER CRYPTIC AND MAKE IT SO YOUR DEATH SEEMS UNFORESEEN, IT WILL DAMPEN THE HEARTACHE OF THOSE WHOM YOU LEAVE BEHIND.

GIVEN THAT YOUR DEATH WILL LOOK LIKE A TRAGIC AND UNTIMELY ACCIDENT, THOSE LOVED ONES WHO MOURN WILL DO SO BETTER THAN IF YOUR DEATH WAS A SUICIDE, IT IS EASIER THAT WAY.

SHOULD SUCH A DEATH BE WARRANTED BY YOU THEN I RECOMMEND A FEW THINGS, FIRSTLY, DO NOT WRITE ANY KIND OF SUICIDE LETTER, KEEP ALL PLANS A SECRET AND INCINERATE THEM BEFORE YOUR DEATH, AND, LASTLY, DO NOT AROUSE ANY KIND OF SUSPICION.

IF YOU EARNESTLY LOVE THOSE AROUND YOU, THEN THIS TYPE OF SELFSLAUGHTER SHOULD BE DONE.

## DEATH MASKING AS ILLNESS

ONE WAY OF KEEPING YOUR DEATH HIDDEN IS BY MAKING IT LOOK LIKE SOMETHING ELSE.

YOU MAY DRINK SOMETHING THAT BRINGS FORTH TORPIDITY, HOWEVER WHEN OTHERS ASK "WHY ARE STRICKEN WITH SUCH FATIGUE" YOU MAY SAY "I HAVE HAD LITTLE SLEEP".

THEY SHALL BE NONE THE WISER, SINCE BEING TIRED IS A COMMON OCCURRENCE AND INSOMNIA SEEMS PLAUSIBLE, IT DOES NOT SEEM WHIMSICAL.

THIS IS THE HIGHEST KIND OF WILINESS THERE IS, KEEPING YOUR TRUE FEELING HIDDEN UNDER HALF TRUTHS.

FOR IF ONLY HALF A TRUTH HAS BEEN GIVEN THOSE TO WHOM YOU LIE TO, THEY WILL COME TO THEIR OWN JUDGEMENTS AND HENCEFORTH BELIEVE THEIR OWN LIES.

A HALF TRUTH IS A WHOLE LIE, IN THAT KNOWLEDGE IS HAND PICKED AND THEN WOVEN TOGETHER IN SUCH A WAY SO AS TO MAKE IT SEEM EVERYTHING IS ARIGHT.

HOW THIS IS DONE IS SIMPLE, YOU GIVE KNOWLEDGE SO THAT THE ONE WHO HEARS IT FILLS IN THE BLANKS THEMSELVES, YOU LIE BY OMISSION, THEREBY CONJURING UP THEIR OWN STORY WITH THE KNOWLEDGE YOU HAVE BESTOWED UPON THEM.

YOU ONLY NEED GIVE HALF A STORY FOR THEY WILL WRITE THE REST.

| KNOWN SELFSLAUGHTER AND UNKNOWN SELFSLAUGHTER | |
|---|---|
| HANGING WILL BE SEEN AS A KNOWN SELFSLAUGHTER FOR UPON FINDING YOUR BODY IT WILL BE SELF-EVIDENT THAT YOU HAVE KILLED YOURSELF. | HOW MANY FOLK DIE FROM HANGING AROUND THE WORLD?<br><br>NOT MANY.<br><br>THEREFORE WHOMEVER GAZES UPON YOUR HANGED CORPSE WILL KNOW YOU HAVE SUCCUMBED TO SELF-MURDER.<br><br>THIS WILL BE EVEN MORE TRUE IF YOU HAVE BEEN DISPLAYING SIGNS OF A SUICIDAL DESIRE.<br><br>IF YOU WISH TO DIE SECRETLY THEN GO FOR MORE ODD WAYS OF SELFSLAUGHTER, SUCH AS EATING STRANGE PLANTS OR WALKING HAPLESSLY OVER A ROAD. |
| LEAVING LETTERS OF SUICIDE FOR OTHERS TO FIND IS AN OUTRIGHT WAY OF SAYING YOU WANTED TO DIE. | LEAVING BEHIND WORDS OF SELFSLAUGHTER WILL TELL OTHERS YOU WANTED TO DIE.<br><br>NEED I SAY MORE, OTHER THAN NOT WRITE SUCH A THING IF YOU WISH TO DIE COVERTLY. |

SPEAKING MORE UPON A STYGIAN SUICIDE

THE MEANING OF A STEALTHY SELFSLAUGHTER IS ONE THAT CAN BE DISGUISED AS SOMETHING ELSE.

THAT IS TO SAY, IF YOU ARE THROWING UP SINCE YOU HAVE EATEN SOMETHING DEADLY, IT CAN BE MADE TO LOOK LIKE SOMETHING ELSE.

IF IT IS WINTER, THEN IT CAN BE MAKE TO LOOK AS IF YOU ARE SICK FROM A BOUT OF INFLUENZA AND NOT FROM A POISON YOU HAVE INGESTED.

IF YOU ARE OBESE THEN HAVING YOUR HEART STOP MAY BE SEEN AS A OUTCOME OF YOUR WEIGHT RATHER THAN OF SOMETHING DEADLY.

THERE ARE MANY WAYS TO DIE COVERTLY, ALL YOU NEED ASH YOURSELF IS THIS "HOW WILL MY DEATH LOOK TO OTHERS?".

HIDING SOMETHING WITHIN OR BEHIND SOMETHING ELSE BRINGS ABOUT SUSPICION AND MISTRUST, WHILE HIDING SOMETHING IN THE OPEN AND MAKING IT SEEM THAT IT IS OF LITTLE WORTH DOES NOT.

FOR THAT WHICH IS HIDDEN IN THE OPEN WILL NOT BE SEEN, THEREFORE YOU WILL BE TRUSTED.

AS I HAVE SAID BEFORE, BEING TRUSTED IS BETTER THAN HIDING SOMETHING.

YOU ONLY NEED TO HIDE SOMETHING IF SOMEONE IS LOOKING AND IS TRYING TO FIND THAT WHICH IS HIDDEN.

MISTRUST IS THE FORERUNNER TO SEEKING, HE WHO DOES NOT TRUST YOU WILL LOOK FOR YOU, WHILE HE WHO TRUSTS YOU WILL NOT LOOK FOR YOU.

BY BEING TRUSTED YOU WILL NOT BE LOOKED DOWN UPON, IF YOU ARE NOT LOOKED DOWN UPON THEN YOU CAN WORK RIGHT UNDER THE NOSES OF THOSE WHO ARE WATCHING YOU.

FOR YOU HAVE THEIR TRUST AND TRUST IS THE GREATEST SHIELD.

## FAECES IN THE ARTERIES

I WILL SPEAK OF ONE WAY OF DEATH WE CAN ALL DO, IT IS WHERE THE BODY SHUTS DOWN AND THE BLOOD IS UNCLEAN.

TO MAKE THE BLOOD UNCLEAN, YOU SHOULD SHIT IN TO A BOX AND PUT WATER IN TO THE BOX, THEN LET IT STAND FOR SEVERAL DAYS.

ONCE DONE, THE WATER WILL BE AWASH WITH SICKNESS, PUT THIS SEPTIC CONCOCTION IN TO A SYRINGE AND THEN INJECT IT IN TO YOUR ARTERIES.

THE BLOOD WILL BE UNCLEAN AND AS TIME GOES ON, THE BODY WILL BEGIN TO SHUT DOWN, YOUR DEATH WILL BE BOTH A SECRET AND UNFORESEEN.

# HOW DOES DEATH HAPPEN

DEATH CAN COME ABOUT IN MANY WAYS, BUT HERE I WILL TALK THE MOST ABUNDANT WAYS IN WHICH PEOPLE DIE, AND THE TRAUMA OF EACH MANNER OF DEATH.

## CEREBRAL HYPOXIA

CEREBRAL HYPOXIA IS WHEN THERE IS NO OXYGEN GOING TO YOUR BRAIN, WHEN THIS HAPPENS YOU WILL BECOME FATIGUED, UNBALANCED AND EVENTUALLY BE STRICKEN BY TORPIDITY DUE TO A LACK OF OXYGEN.

IF YOU ARE SWIFTLY ROUSED FROM BRAIN DEATH YOU WILL BE ALRIGHT, BUT, AS TIME GOES ON YOU WILL BECOME BACKWARD AS MORE OF THE BRAIN DIES.

ONCE YOUR BRAIN GOES BACKWARDS, IT STAYS BACKWARDS AND CANNOT BE UNDONE.

ON AN UPLIFTING NOTE HOWEVER, IN SIX MINUTES YOU SHOULD BE UTTERLY BRAIN DEAD, THIS HAPPENS FASTER IF YOUR BODY IS WARM AND AND NOT COLD, SO, MAKE SURE YOU ARE MINDFUL OF THE TEMPERATURE.

## CARDIAC ARREST

CARDIAC ARREST IS NOT THE SAME AS HEART ATTACK, A HEART ATTACK IS WHERE OXYGEN CANNOT GET TO THE HEART, WHILE CARDIAC ARREST IS WHERE THE HEART SUDDENLY AND ABRUPTLY STOPS.

THOSE WHO HAVE A CARDIAC ARREST HAVE IT WITHOUT WARNING, THIS IS GOOD FOR SELFSLAUGHTER.

HOWEVER FOR THOSE WHO HAVE OUTLIVED A CARDIAC ARREST, HAVE SAID THE EXPERIENCE TO HAVE BEEN ONE WITHOUT ANGUISH WHEREIN THEY LOSE CONSCIOUSNESS, UNTIL SUCH AS TIME AS THEY ARE BROUGHT BACK ROUND TO WAKEFULNESS.

THEY BLACK OUT AND IF THEY ARE NOT BROUGHT BACK TO LIFE, THEN BRAIN DEATH WOULD BE THE FORERUNNER TO THEIR TRUE DEATH.

IT IS BEST TO LOOK INTO THE WAY IN WHICH A MEANS OF SELFSLAUGHTER BRINGS ABOUT DEATH.

HANGING BRINGS ABOUT CEREBRAL HYPOXIA WHILE FOXGLOVE BRINGS ABOUT CARDIAC ARREST.

ONCE THAT IS DONE, THEN LOOK IN TO HOW THOSE WHO OUTLIVED THESE WAYS OF DYING FELT.

## THE BEHAPPENING OF DEATH

IF YOU FEEL COLD THEN BRAIN DEATH WILL HAPPENS SLOWER, IF YOU FEEL HOT THEN BRAIN DEATH WILL HAPPEN FASTER, IF YOU FEEL NEITHER HOT NOR COLD THEN BRAIN DEATH WILL HAPPEN IN SIX MINUTES.

BRAIN DEATH SPEEDS UP WHEN YOU ARE HOT AND SLOWS DOWN WHEN YOU ARE COLD.

| TIME | OCCURRENCE |
|---|---|
| FIVE TO TEN SECONDS | LOSS OF CONSCIOUSNESS |
| FIFTEEN TO TWENTY SECONDS | CONVULSIONS |

| | |
|---|---|
| TWENTY SECONDS TO ONE MINUTE AND TEN SECONDS | STIFFNESS OF THE BODY |
| ONE MINUTE AND THIRTY SECONDS TO ONE MINUTE AND FORTY SECONDS | SPEWING, SHITTING AND WEEING |
| FOUR MINUTES AND TEN SECONDS TO FOUR MINUTES AND THIRTY SECONDS | LAST TWITCHES |
| FIVE MINUTES TO SIX MINUTES | FULL ON BRAIN DEATH AND HEART STOP |

| AFTER DEATH | |
|---|---|
| TIME AFTER DEATH | WHAT HAPPENS |
| FIFTEEN TO TWENTY FIVE MINUTES | ASHEN DEATH |
| ONE TO SIX HOURS | COLD DEATH |
| THREE TO TWELVE HOURS | STIFF DEATH |
| SIX TO TWELVE HOURS | BRUISED DEATH |
| ONE TO THREE DAYS | DECAY |

## ASHEN DEATH

AFTER YOU ARE DEAD THEN ASHEN DEATH WILL SOON FOLLOW AFTER ABOUT HALF AM HOUR.

BLOOD WILL SINK TO THE LOWEST PARTS OF THE BODY FOR IT WILL NO LONGER BE PUMPED BY THE HEART.

THE SKIN WILL SWIFTLY BECOME WHITE AFTER DEATH, THEREFORE IT CANNOT GIVE THE TIME OF DEATH, ONLY THAT YOU DIED IN ABOUT HALF AN HOUR.

ASHEN DEATH WILL LEND WAY TO COLD DEATH, WHICH WILL LEND WAY TO BRUISED DEATH.

## COLD DEATH

COLD DEATH COMES ABOUT AFTER ONE TO SIX HOURS AFTER DEATH, THE SKIN BECOMES COLDER FOR BLOOD FLOW IS NO LONGER THERE, HENCE, THE SKIN IS COLD TO THE TOUCH.

THERE ARE HOWEVER THINGS WHICH MAY BAULK THE BEHAPPENINGS OF A COLD DEATH, A HOT ROOM MAY HASTEN BRAIN DEATH BUT SUCH HEAT WILL MAKE IT SO THE BODY DOES NOT BECOME COLD.

## STIFF DEATH

STIFF DEATH IS A STIFFENING OF WHERE THE BONES OF THE BODY MEET, THIS HAPPENS THREE HOURS TO FOUR HOURS AFTER DEATH AND COMES TO A PEAK AT TWELVE HOURS.

STIFF DEATH BEGINS TO WANE AFTER TWENTY FOUR HOURS.

STIFF DEATH COMES FROM THE INTAKE OF OXYGEN BY CELLS IN YOUR BODY.

THE SINEW OF THE BODY BECOMES TIGHTENED AFTER DEATH AND WILL LOOSEN UP WHEN YOUR BODY STARTS TO ROT.

## BRUISED DEATH

BRUISED DEATH IS WHEN THE BLOOD SETTLES AT THE LOWEST TIPS OF THE BODY, IF THE CADAVER IS ON THEIR BACK THEN BLOOD WILL POOL AT THE BACK, IF THE CADAVER IS HANGED BY THE NECK THE BLOOD WILL POOL AT THEIR FEET.

THIS POOLING OF THE BLOOD MAKES THE SKIN LOOSE, IT STARTS TO TAKE ON A DARK REDDISH HUE, FOR THE ARTERY BECOMES EVER TIGHTER AFTER DEATH.

IF HOWEVER THE ARTERIES ARE NOT TIGHT, THEN THE SKIN WILL NOT LOSE ITS HUE.

BRUISED DEATH STARTS TO SHOW AFTER AS LITTLE AS TWENTY MINUTES TO THREE HOURS AFTER DEATH.

AS TIME GOES ON BLOOD WILL POOL IN THE GUT AND WILL THEN BEGIN TO LEAK THROUGH THE WALLS OF THE ARTERY, THEREBY POOLING THE BLOOD UNDER THE SKIN AND MAKING BRUISES.

## DECOMPOSITION

LASTLY WE HAVE ROTTING OF THE LICH, ROTTING BEGINS AFTER YOU DIE, I WILL SPEAK ABOUT IT MORE BELOW.

### ONE - NEWNESS

THE FIRST STEP OF ROTTING IS KNOWN AS THE NEWNESS, THIS HAPPENS RIGHT AFTER DEATH.

THE SKIN BECOMES ASHEN THE BODY BECOMES STIFF AS THE HEAT WITHIN THE BODY TAKES FLIGHT.

HOWEVER THERE ARE THINGS THAT WILL HAPPEN WITHIN THE BODY WILL MAKE CELLS LOSE THEIR BUILD.

AS SOON AS ONE CELL DIES IT WILL START TO BREAK DOWN OTHER CELLS AND THIS WILL SPELL THE START OF THE BODY'S ROT.

AFTER THIS BACTERIA WITHIN THE GUT WILL BECOME HYDROGEN AND HELIUM, AND THIS WILL LEAD WAY TO A BLOATING OF THE CADAVER.

### TWO - BLOAT

THE BECOMING OF BACTERIA IN TO HELIUM AND HYDROGEN LEADS TO A BUILD UP OF GASES WITHIN THE BODY AND MAKES THE CORPSE LOOK FAT.

THESE GASES THEN GET OUT THROUGH THE HOLES IN THE BODY, THE MOUTH, NOSE, EARS, ARSE AND ANY OTHER OPENING OF THE BODY SUCH AS THE EYES.

THE BUILD UP OF GAS UNDER THE SKIN MAY BRING ABOUT A BURSTING OF THE BODY IF IN THE EVENT HOUSEFLIES WHERE TO ENTER INSIDE THE BODY THEIR CHILDREN WILL GO ON TO EAT BOTH THE INNER AND OUTER FLASH OF THE BODY.

ALL OF THIS COMES TO MAKE A PUNGENT MIASMA THAT IS BOTH TELLTALE OF A ROTTING BODY AND OF DEATH.

### THREE – ACTIVE DECAY

ONGOING ROT BRINGS ABOUT GREAT WEIGHT LOSS IN THE LICH AS WELL AS WATERINESS.

LIKEWISE CELLS BEGIN TO BECOME WATERY AS THEY ARE EATEN BY MAGGOTS AND ARE CLEANSED FROM THE BODY BY BACTERIA.

THERE WILL STILL BE A DEATHLY SMELL AS THE BODY KEEPS ON ROTTING.

THE BUILD UP OF WATER IN THE CORPSE WILL SEEP OUT IN WHAT IS KNOWN AS A CADAVER DECOMPOSITION ISLAND.

IN THE END THE MAGGOTS GROW IN TO HOUSEFLIES AND FLY AWAY FROM THE LICH.

## FOUR - FURTHER DECAY

THIS IS A FURTHER ROTTING OF THE BODY HOWEVER, MOST OF THE BODY HAS ALREADY BROKEN DOWN AT THIS POINT AND THERE IS LITTLE LEFT TO ROT.

MADDOCKS AND OTHER BUGS ARE ALL BUT GONE AT THIS TIME, AND IF THE LICH IS ON SOIL THEN THE GROUND WILL SHOW SIGNS OF ROT, FOR THERE IS A CADAVER DECOMPOSITION ISLAND.

SOONER OR LATER THE CADAVER DECOMPOSITION ISLAND WILL BRING ABOUT AN INCREASE AND GROWTH OF CHLORINE IN THE SOIL STEMMING FROM THE ROT.

## FIVE – SKELETONISATION

THE LAST AND FINAL CONCLUSION OF ROT IS THAT OF SKELETONISATION, THE GROUND THE CADAVER RESTS ON MAY WELL BECOME A HOME TO A WHOLE HOST OF PLANTS.

SHOULD THIS HAPPEN THEN TAKE IT AS A TOKEN THAT THE CHLORINE IS STILL WITHIN THE SOIL.

ALL THAT IS OF THE CADAVER NOW, IS DRY SKIN, GRISTLE AND BONES, THE LICH WILL BECOME BLEACHED IF LEFT UNSHIELDED FROM THE SUN.

IF ALL SKIN IS GONE AND ALL BONES ARE SEEN, THEN IT IS CALLED TOTAL SKELETONISATION, OVER TIME THE BONES WILL SINK IN TO THE EARTH TO BECOME BURIED AND FOREVER FORGOTTEN.

# A STEP BY STEP WALKTHROUGH FOR GOING MISSING

# INTRODUCTION

THIS IS A STEP BY STEP WALKTHROUGH AND A HANDBOOK FOR GOING MISSING AS THE HEADING SAYS, BUT RATHER THAN GIVE TIPS ON FLEEING I WILL INSTEAD GIVE A WALKTHROUGH THAT IS TO BE FOLLOWED STEP BY STEP SO AS TO BECOME MISSING.

I STRONGLY ADVISE YOU READ THE WHOLE HANDBOOK BEFORE YOU GO MISSING

OTHER SUGGESTED HANDBOOKS ARE

LAWS OF FIGHTING

AND

THE SELFSLAIN HANDBOOK

YOU HAVE ALL THE TIME IN THE WORLD TO MAKE YOURSELF READY

THE KEY TO GOING MISSING IS NOT WHAT YOU KEEP HIDDEN BUT WHAT YOU MAKE KNOWN TO OTHERS, YOU MUST HAVE FEW BELONGINGS SO AS TO FLEE WELL.

HAVE A FEW BELONGINGS BE THE GREY MAN AND YOU WILL GO UNSEEN.

I WILL SPEAK OF THIS AND MORE IN THE UPCOMING LEAFS.

# A STEP BY STEP WALKTHROUGH FOR GOING MISSING

WHAT YOU DO BEFORE YOUR SLIP AWAY IS KEY, YOU COULD SAY THAT WHAT YOU DO NOW HOLDS GREATER WEIGHT THAT WHAT YOU DO WHEN YOU ARE GONE.

SO KEEP YOUR EYES AND EARS OPEN AS YOU READ THIS STEP BY STEP WALKTHROUGH.

THOSE WHO ARE AFTER YOU WILL FIRST SEEK KNOWLEDGE ABOUT YOU, THE LESS THEY KNOW OF YOU THE BETTER OFF YOU WILL BE.

YOU SHOULD READ THIS WITH A KEEN EYE AND BE EVER READY TO GO MISSING.

TO GO MISSING RIGHTLY YOU OUGHT HAVE THREE THINGS.

FIRSTLY BE AN UNKNOWN UNKNOWN, TWOTHLY TO BE EVER READY AND THIRDLY TO KEEP AWAY FROM OTHER PEOPLE.

## KNOWN KNOWNS, UNKNOWN KNOWNS AND UNKNOWN UNKNOWNS

| KIND OF KNOWN | | EXAMPLE | WHAT HAPPENS IN THE MIND | |
|---|---|---|---|---|
| KNOWN KNOWNS | BEING AWARE OF SOMETHING AND KNOWING WHAT IT CAN DO | A ROOM WITH ITS DOOR UNLOCKED AND OPEN | WELLNESS AND SAFETY | KNOWING WHAT IS AROUND YOU PUTS THE MIND AT REST |
| | | SOMEONE WITH THEIR FACE SHOWING | | |
| KNOWN UNKNOWNS | BEING AWARE OF SOMETHING AND NOT KNOWING WHAT IT CAN DO | A ROOM WITH A LOCKED DOOR YOU DO NOT KNOW WHAT IS IN THERE | MISTRUST AND FEAR | NOT KNOWING WHAT SOMETHING IS MAKES YOU FEEL THREATENED OR THAT SOMEONE HAS SOMETHING TO HIDE |
| | | SOMEONE WEARING A MASK | | |
| UNKNOWN UNKNOWNS | NOT BEING AWARE OF SOMETHING AND NOT KNOWING WHAT IT CAN DO | A ROOM WITH A LOCKED DOOR YET THE DOOR BLENDS IN TO THE WALL THEREBY MAKING IT UNSEEN | NOTHING | YOU CANNOT KNOW THAT WHICH IS UNSEEN |
| | | THE GREY MAN | | |

IT IS BEST IF YOU BECOME AN UNKNOWN UNKNOWN, THAT IS TO SAY, YOU ARE UTTERLY HIDDEN, NOONE KNOWS YOU ARE THERE.

AND IF YOU ARE NOT THERE THEN YOU CANNOT BE HARMED.

NEXT I WILL TALK ABOUT THE BACKING UP OF DATA ON TO HARD DRIVES AND OF BEING THE GREY MAN.

## THE THREE GREAT LAWS

THERE ARE THREE GREAT LAWS TO TO EVERYTHING, MAINLY TO FIGHTING, BUT ARE NOT BOUND TO IT, THEY MAY BECOME HANDY SOME OTHER TIME.

| | |
|---|---|
| KNOWLEDGE | THE FIRST LAW IS KNOWLEDGE, AS I HAVE SAID BEFORE KNOWLEDGE IS KING, AND KNOWING MORE ABOUT YOUR FOE THAN YOUR FOE KNOWS OF YOU SHOULD BE FOREMOST |
| TRUST | THE TWOTH LAW IS TRUST, THE BEST WAY TO GAIN TRUST IS BY BECOMING THE GREY MAN, BE IN THE BACKGROUND, WORM YOUR WAY |

| | |
|---|---|
| | IN AND THEN HARVEST KNOWLEDGE ON YOUR ADVERSARY |
| RESOURCES | THE THIRD LAW IS RESOURCES, HAVING THE RIGHT STUFF AT THE RIGHT TIME IS THE GROUNDWORK FOR EVERYTHING ELSE, KEEP WHAT YOU HAVE HIDDEN AND UNKNOWN TO YOUR ENEMY |

THE GREAT LAW - KNOWLEDGE IS BEST WEAPON

THE BEST WEAPON IS KNOWLEDGE FOR WITH KNOWLEDGE YOU WILL WIN EVERY TIME.

GAIN KNOWLEDGE OF YOUR ADVERSARY AND FEED HIM NOTHING BUT LIES, GIVE HIM A LIE YET KEEP IT HAZY AND OPEN TO THOUGHT.

WITH EACH NEW LIE YOU GIVE HIM, HE WILL PUT TWO AND TWO TOGETHER ONLY TO COME TO AN OUTCOME MADE OF LIES, AN OUTCOME HE HAS BUILT FOR HIMSELF.

IN THE END HE WILL TIE HIMSELF IN KNOTS FOR THE BEST WAY TO WIN IS TO GIVE ERRONEOUS KNOWLEDGE AND THEN WATCH AS YOUR OPPONENT KILLS HIMSELF.

WINNING IS KNOWING MORE ABOUT THEM THAN THEY KNOW OF YOU.

THE GREAT LAW - TRUST IS THE GREATEST SHIELD

THE BEST SHIELD IS TRUST, FOR WITH TRUST YOU WILL NEVER COME TO HARM.

HIDE YOUR THOUGHTS, BE THE GREY MAN, BLEND IN AND WORK WITH YOUR FOE.

AS YOU WORK WITH HIM, HE WILL SEE YOU AS LESS OF A THREAT, HIS MIND WILL WANDER TO OTHER THINGS AND YOU WILL SOON BE FORGOTTEN ABOUT.

YET YOU ARE MERELY SLEEPING.

WITH YOUR THOUGHTS HIDDEN YOU WILL SOON BE A SHADOW AMONGST THE LIVING, THIS WILL BE THE BEST TIME TO STRIKE AND SINCE YOU HAVE THE TRUST OF OTHERS YOU WILL NOT COME TO HARM.

MOREOVER WINNING IS BEING TRUSTED BY YOUR FOE

KNOWLEDGE IS THE GREATEST WEAPON, TRUST IS THE GREATEST SHIELD

AS FOR STEALTH STEALTH SHOULD BE USED INSTEAD OF FIGHTING, IT IS BEST TO WIN WITHOUT FIGHTING.

STEALTH ABOVE ALL ELSE

# FINDING A HIDEOUT

WHEN LOOKING FOR A HIDE OUT DO NOT TAKE ANY ELECTRONICS AS THIS CAN BE FOLLOWED, KEEP ANYTHING LIKE THAT AT HOME.

I WOULD SAY YOU SHOULD FIND SOMEWHERE TO HIDE OUT RATHER THAN BUILD A HIDEOUT, SINCE BUILDING A HIDEOUT WILL RAISE A FEW EYEBROWS AND WILL ALSO MAKE A LOG FOR WHEN YOU BOUGHT THE THINGS NEEDED TO BUILD SUCH A HIDEOUT.

IF YOU ARE LUCKY AN OLD FRIEND MAY BE WILLING TO SHELTER YOU, THIS WILL BE KNOWN AS YOUR MAN OF TRUST.

<table>
<tr><th colspan="3">MAN OF TRUST</th></tr>
<tr><td rowspan="5">YOUR MAN OF TRUST SHOULD NOT BE A FRIEND OR SOMEONE YOU KNOW AS THESE FOLK WILL HASTILY BE LOOKED UPON BY THE WATCH FOR ANSWERS AS TO YOUR WHEREABOUTS<br><br>IT IS BEST TO HAVE AN OLD, LONG LOST FRIEND, TO BE YOUR MAN OF TRUST, MEET WITH HIM FACE TO FACE AND DO NOT TALK TO HIM ONLINE AS IT WILL BE LOGGED ON YOUR COMPUTER<br><br>ALL DEALINGS AND ALL BUSINESS SHOULD BE DONE MAN TO MAN</td><td colspan="2">SPEAK TO YOUR MAN OF TRUST AND SET OUT THE DATE OF WHEN YOU WILL GO MISSING BEFOREHAND<br><br>TALK TO HIM AND PICK A ROOM FOR YOU TO LIVE IN FOR WHEN YOU GO MISSING<br><br>MAKE READY AND BUILD AN UNDERGROUND ROOM FOR YOUR NEW LIFE IF YOU WISH</td></tr>
<tr><td colspan="2">I WISH TO TALK MORE ABOUT THE UNDERGROUND ROOM, IT WILL BE HARD TO OUTFIT IT WITH ALL THE BEDECKINGS OF A HOUSE, BUT, THIS ROOM IS MADE TO KEEP YOU ALIVE WHEN OTHERS ARE LOOKING FOR YOU<br><br>I WOULD MAKE A SMALL BED FROM FELT AND STRAW, ALSO, SHOULD YOU NEED SOMEWHERE TO PUT THINGS, THEN HOLLOW OUT THE FLOOR AND THE WALLS SO AS TO MAKE SMALL HIDING HOLES<br><br>THERE YOU CAN PUT THINGS AWAY IT, CAN BE BOOKS, A SEWING KIT, FOOD, KNOW THAT WHATEVER YOU PUT IN THERE WILL BE UNKNOWN TO EVERYONE BUT YOURSELF<br><br>IF HOWEVER YOU CANNOT GO ABOUT MAKING SUCH HIDING SPOTS, THEN I WOULD SAY YOU SHOULD KEEP YOUR BELONGINGS IN A BAG AND FIND SOMEWHERE TO HIDE IT</td></tr>
<tr><td colspan="2">LASTLY, I WISH TO SPEAK ABOUT A FEW THINGS WHILE IN THE ROOM</td></tr>
<tr><td>LIGHT</td><td>DO NOT USE A LIGHTBULB, FOR DOING SO MAY RAISE RED FLAGS<br><br>HAVE A FLASHLIGHT OR SOMETHING THAT USES BATTERIES<br><br>BE AWARE THAT LIGHT CAN BE SEEN FROM AFAR</td></tr>
<tr><td>ELECTRONICS</td><td>DO NOT WIRE THE UNDERGROUND ROOM TO THE MAINS OF THE HOUSE, RATHER, USE BATTERIES SO AS TO NOT RAISE SUSPICION</td></tr>
</table>

AFTER THIS, GO BACK TO YOUR OWN HOME AS THERE IS WORK TO BE DONE.

WHILE IN THE MIDDLE OF WRITING, A THOUGHT FLASHED IN MY MIND FOR ANOTHER WAY OF HIDING, IT IS SILLY AND THAT IS WHAT MAKES IT WORK.

| THE SKULKING CART | |
|---|---|
| BUILDING THE CART | THE CART IS A WOODEN BOX WITH TWO DOORS ON TOP, THIS BOX SHOULD BE BIG ENOUGH FOR A MAN TO LIE INSIDE<br><br>THE MAIN BODY OF THE CART SHOULD HAVE FOUR WHEELS, THESE SHOULD BE FITTED WITH TWO ON EITHER SIDE, SO THAT THE CART CAN GO FORWARDS AND BACKWARDS<br><br>NOW COME THE BEAMS OF THE CART, THERE SHOULD BE TWO BEAMS POKING OUT AT THE FRONT OF THE CART, NAIL THEM ON IF NEED BE<br><br>LASTLY, MAKE YOURSELF A BRIDLE SO YOU CAN TETHER THE CART TO A GOAT, AND, THEN LASH THE REST OF THE BRIDLE AROUND THE TWO WOODEN BEAMS AT THE FRONT OF THE CART |
| INSIDE THE CART | THE TWO DOORS OF THE CART SHOULD BE LOCKED, MAKE A HOLE IN BOTH DOORS AND THREAD FELT THROUGH IT<br><br>THE FELT CAN BE TIED ON THE INSIDE OF THE CART SO AS TO KEEP DOORS LOCKED |
| | SHOULD YOU WISH TO TAKE THINGS WITH YOU, THEN PUT THEM IN A BAG AND HOLD THE BAG TIGHTLY AGAINST YOUR CHEST |
| HOW IT WORKS | FIRSTLY, YOU LAY INSIDE THE CART AND BEFORE YOU SHUT THE DOORS MAKE THE GOAT GO FORWARDS<br><br>ONCE THE WHEELS OF THE CART BEGIN TO ROLL, LAY INSIDE IT AND LOCK THE DOORS, THE GOAT WILL PULL THE CART AND WHEREVER HE GOES THE CART WILL ALSO GO |

TO SEE A GOAT PULLING A CART IS AN ODD SIGHT INDEED AND THAT IS WHY IF YOU ARE TRYING TO RUN AWAY, THEN A SKULKING CART IS BEST.

THE LAST THING ANYONE WOULD THINK OF IS A GOAT PULLING AROUND A CART.

BESIDES THINK OF ALL THE THINGS YOU CAN DO WITH A CART, YOU CAN SLEEP IN YOUR CART, YOU CAN HIDE IN YOUR CART, YOU CAN CARRY THINGS IN YOUR CART INDEED THERE SEEMS TO BE NO END TO WHAT YOU CAN DO WITH YOUR CART.

IF THE WORLD IS ABOUT TO END, THEN HIDE IN YOUR CART WITH YOUR PET GOAT AND HOPE THAT YOU BOTH OUTLIVE IT.

# GETTING OFF THE NETWORK

NOW THAT YOU HAVE FOUND SOMEWHERE TO HIDE AFTER YOU GO MISSING, IT IS TIME TO GET OFF THE NETWORK.

FIRST THING IS FIRST, YOU SHOULD TO BUY A SINGLE BOARD COMPUTER THIS DOES NOT NEED TO BE COSTLY EITHER.

| TRUE COMPUTER |
|---|
| ONCE YOU HAVE THIS YOU NEED TO GO INSIDE THE SINGLE BOARD COMPUTER AND SHUT OFF ALL THE WIRELESS BITS AND NEVER EVER HARDWIRE IT TO THE NETWORK<br><br>THIS SINGLE BOARD COMPUTER IS NOW YOUR TRUE COMPUTER AND CANNOT BE FOUND |

ALRIGHT, NEXT YOU WILL NEED TO BRING OVER ANYTHING YOU NEED FROM YOUR EVERYDAY COMPUTER TO YOUR TRUE COMPUTER.

NEVER HOOK UP THESE COMPUTERS TO THE NETWORK OTHERWISE THEY CAN BE FOUND, THEY NEED TO BE UTTERLY HIDDEN AND UNKNOWN UNKNOWN.

## BUG OUT BAG

THE MAKING OF A BUG OUT BAG SHOULD BE YOUR NEXT STEP.

YOU BUG OUT BAG SHOULD BE RATHER BIG IT MUST HOUSE YOUR TRUE COMPUTER AND LASTLY THE TRUE CLOTHING YOU HAVE MADE.

## A DAYBOOK

IT IS SUGGESTED THAT YOU HAVE AND KEEP A DAYBOOK UPON YOUR TRUE COMPUTER AS THIS IS FOR THE FOLLOWING.

| | | |
|---|---|---|
| ONE | PLANNING | SO YOU MAY KEEP AN EYE ON WHAT YOU ARE THINKING AND NOT MAKE ANY MISTAKES WHEN LYING TO OTHERS |
| TWO | KEEPING YOUR HEAD RIGHT | A DAYBOOK MAY BE USED TO KEEP YOUR TRUE SELF AMID ALL OF YOUR UNTRUE SELVES |

## TRUE CLOTHING

IN ORDER TO BE SNEAKY YOU SHOULD MAKE YOUR CLOTHING FROM FELT.

FELT IS MADE FROM WOOL AND IS THE OLDEST KIND OF CLOTH IN THE WORLD, IT MADE BY MATTING THE WOOL AND LOCKING THE HAIRS TOGETHER.

FELT IS ALSO BETTER THAN WOVEN CLOTH IN THAT IT DOES NOT TATTER OR LEAVE BEHIND ANY LOOSE STRANDS OF THREAD.

ANYWAY, THIS OUTFIT COMES IN THREE BITS, THE SHIRT, THE SKIRT, THE SHOES, THE HOOD AND THE GLOVES.

THE GOAL IS TWOFOLD, THAT IS TO SAY, TO BE BLEND IN TO FOLK AROUND YOU AND TO NOT LOOK ODD OR UP TO SOMETHING BAD.

THEREFORE WEAR BORING CLOTHING AT DAY AND WEAR THESE CLOTHES AT NIGHT, IF ANYONE ASKS WHAT YOU ARE WEARING YOU COULD SAY THAT THESE CLOTHES ARE NIGHTWEAR.

THIS CLOTHING SHOULD BE OF DARK GREY IN ITS HUE, WEARING BLACK MAKES YOU STAND OUT, WEARING DARK GREY LETS YOU BECOME A LIVING SHADOW.

| | |
|---|---|
| THE SHIRT | TO MAKE THE SHIRT YOU NEED TO DO IS SEW TWO LARGE BITS OF FELT TOGETHER ALONG WITH TWO SLEEVES.<br><br>FIRSTLY, TAKE TWO FLAT BITS OF FELT, BOTH THE SAME IN WIDTH AND HEIGHT, NEXT, CUT A HOLE INTO THE TOP OF ONE OF THE SHEETS, THIS SHOULD BE BIG ENOUGH FOR YOUR NECK TO FIT INTO.<br><br>AFTER THAT, SEW EITHER SIDE OF THE NECKHOLE TO THE FELT UNDERNEATH IT, THIS WILL BE WHERE YOUR SHOULDERS REST.<br><br>THE BACK OF THE SHIRT IS FELT THAT IS HIGHEST, THE ONE WITH THE HOLE IN IT IS THE FRONT OF THE SHIRT.<br><br>ONCE THIS IS DONE YOU SHOULD GET TO WORK ON THE SLEEVES.<br><br>TO MAKE THE SLEEVES YOU NEED A LONG BIT OF FELT, THE SLEEVES SHOULD GO FROM YOUR SHOULDERS TO YOUR WRISTS AND THE WIDTH SHOULD BE DOUBLE THE THICKNESS OF YOUR ARM.<br><br>OPEN UP YOUR SHIRT AND SEW THE SIDES OF THE SLEEVES TO THE SIDES OF YOUR SHIRT.<br><br>ONCE THIS IS DONE, SANDWICH BOTH SIDES TOGETHER AND SEW ALONG THE SIDE OF THE SHIRT AND THE UNDERSIDE OF THE SLEEVES.<br><br>AND WITH THAT THE SHIRT IS DONE, PULL THE BOTTOM THROUGH THE NECKHOLE SO THAT THE SEAMS GO ON THE INSIDE OF THE CLOTHING AND NOT ON THE OUTSIDE.<br><br>THE SHIRT SHOULD BE FITTED IN, THAT IS TO SAY, YOU PUT YOU ARMS THROUGH THE SLEEVES AND THEN THE BOTTOM OF THE SHIRT OVER YOUR NECK, AFTER THAT YOU PULL THE SHIRT DOWN SO THAT YOU FIT YOURSELF INTO IT. |
| THE SKIRT | TO MAKE THE SKIRT, WRAP SOME FELT AROUND YOUR WAIST AND LET IT DRAPE TO THE FLOOR, THE FELT SHOULD SHOULD THEN BE CUT AT THE ANKLES.<br><br>ONCE THIS IS DONE, SEW ALONG THE EDGE OF THE FELT, THEN, PULL THE SKIRT THROUGH ITSELF.<br><br>NOW CUT SMALL BITS OF FELT AND SEW IT ON WITH AN EVEN AMOUNT OF ROOM BETWEEN THEM, THESE ARE BELT LOOPS AND WILL BE FOR A BELT.<br><br>TO MAKE A FELT BELT CUT A LONG STRIP OF FELT AND PUT IT AROUND YOUR WAIST, THEN CUT THE BELT TO THE LENGTH YOU WISH.<br><br>BE MINDFUL THAT THE BELT SHOULD OVERLAP ITSELF SO IT CAN BE TIED IN TO A KNOT.<br><br>A SKIRT UNLIKE OTHER KINDS OF CLOTHING DOES NOT BRUSH AGAINST ITSELF, HENCE, YOU CAN SKULK ABOUT WITHOUT MAKING A SOUND. |
| THE SHOES | TO MAKE THE SHOES FIRST NEED TO START WITH A FLAT BIT OF FELT, CUT AROUND IT SO THAT IT IS SLIGHTLY BIGGER THAN YOUR FOOT.<br><br>NEXT, CUT OUT A WIDE STRIP OF FELT, THIS STRIP OF FELT SHOULD BE SEWN OVER THE MIDDLE OF THE SHOE.<br><br>TWO SMALLER BANDS OF FELT SHOULD BE SEWN AT EITHER SIDE OF THE MIDDLE STRIP OF FELT.<br><br>THESE SMALLER STRIPS OF FELT SHALL BE WHAT KEEP THE SHOE ON, THEY ARE TO BE WRAPPED TWICE AROUND THE ANKLE, GOING BEHIND THE ANKLE, OVERLAPPING AT THE BACK, THEN OVERLAPPING AT THE FRONT, AFTER THAT YOU BRING THE FELT BACK AROUND ANKLE, OVERLAPPING IT AT THE BACK BEFORE TYING IT AT THE FRONT.<br><br>IN THE END THE SHOE WILL SNUGLY FIT AGAINST YOUR FOOT. |

| | |
|---|---|
| | LIKE WITH THE SKIRT THE BELTS AND KNOTS WILL KEEP EVERYTHING TOGETHER. |
| THE HOOD | THE HOOD OF THE OUTFIT IS NOT THE KIND SEWN TO A SHIRT, BUT, THE KIND THAT GOES OVER THE HEAD, IN THIS WAY, YOU LEAVE LESS OF A TRAIL FOR OTHERS TO FOLLOW.<br><br>THINK OF THE HOOD AS A FELT BAG THAT GOES OVER YOUR HEAD AND THAT IS TIED AT THE BOTTOM.<br><br>TO MAKE THE HOOD, SEW TWO SHEETS OF FELT TOGETHER WHILE LEAVING ONE SIDE UNSEWN, THEN PULL IT THROUGH ITSELF.<br><br>WHAT YOU SHOULD HAVE IS A BAG, NOW, SEW BELT LOOPS ON THE OUTSIDE OF IT SO YOU CAN TIGHTEN IT AROUND YOUR HEAD.<br><br>PUT THE HOOD OVER YOUR HEAD AND TIGHTEN IT, THEN, MARK WHERE YOUR EYES ARE BY FEELING FOR THEM WITH YOUR HANDS.<br><br>ONCE DONE, TAKE OFF THE HOOD AND CUT OUT SMALL SLITS FOR THE EYEHOLES.<br><br>IT IS BEST TO CUT OUT LITTLE EYEHOLES AND NOT BIG EYEHOLES SINCE YOUR EYES WILL BE HIDDEN WHILE YOU WILL STILL BE ABLE TO SEE. |
| THE GLOVES | TO MAKE THE GLOVES YOU MUST LAY YOUR HAND OUT FLAT ON A SHEET OF FELT, THEN, DRAW AROUND IT GIVING SOME LEEWAY FOR THE SEAMS.<br><br>AFTER THAT, SEW ALONG THE EDGE WITH A NEEDLE AND THREAD, THEN TURN THE GLOVES THE RIGHT WAY OUT.<br><br>THE GLOVES SHALL WRAP AROUND ALL THE FINGERS YET LEAVE THE THUMB FREE TO MOVE ABOUT.<br><br>AFTER THIS SEW ON A FEW BELT LOOPS ON THE OUTSIDE OF THE GLOVES, THIS WILL MAKE IT THEM AROUND YOUR HANDS.<br><br>LIKE WITH EVERYTHING ELSE, THE BELTS AND KNOTS WILL KEEP EVERYTHING TOGETHER. |

BY WEARING THESE CLOTHES YOU WILL BECOME UNSEEN.

YOU MAY BE WONDERING, WHY GLOVES AND HOODS WHERE NOT SPOKEN ABOUT, WELL, THEY LOOK ODD AND MAKE THOSE AROUND YOU UNTRUSTWORTHY.

THEREFORE, SMEAR YOUR FACE IN MUD OR THE ASH FROM A SMALL FIRE, THE SAME LAW HOLDS TRUE OF YOUR CLOTHING, THE DARK GREY FELT AND THE DARK BROWN MUD WILL HELP BREAK UP YOUR SHAPE.

YOUR FOOTSTEPS SHALL BE MUFFLED TAPS ALONG THE GROUND, YOU WILL BE AN AFTERTHOUGHT IN THE MINDS OF OTHERS.

YOU MAY LOOK SILLY TO OTHERS, BUT, TO BEDECK YOURSELF IN DARK GREY FELT IS TO BEDECK YOURSELF IN DARKNESS.

AFTER YOU HAVE BUILD YOUR BUG OUT BAG AND GOT YOUR TRUE CLOTHING MADE, NOW YOU SHOULD GIVE YOUR BUG OUT GEAR THE ONCE OVER TO SEE IF YOU HAVE EVERYTHING YOU NEED.

MAKE A LIST IF NEED BE, THEN GATHER ALL THAT YOU NEED.

LASTLY, I WILL NOW GO OVER ALL AND SUNDRY TO ALLAY ANY WORRIES YOU MAY HAVE.

| | |
|---|---|
| | IF YOU NEED MONEY WHILE BUGGING OUT THEN SET A SMALL BIT ASIDE FROM YOUR WEEKLY OR MONTHLY EARNINGS |

| | |
|---|---|
| MONEY | KEEP IT HIDDEN IN A BOX AND LET IT BUILD UP<br><br>HOW MUCH YOU PUT TO ONE SIDE EACH WEEK OR MONTH IS UP TO YOU, BUT IT SHOULD NOT BE A BIG AMOUNT, ONLY A LITTLE EACH TIME |

| | |
|---|---|
| WORLD WIDE WEB | RATHER THAN SCRUB YOURSELF OFF THE WORLD WIDE WEB IT WOULD BE BETTER TO MISLEAD OTHERS<br><br>LOG IN TO HANDLES THAT YOU ONCE OWNED AND GET RID OF IT, WIPE IT FROM THE WEBSITE YOU ARE ON<br><br>THIS WILL COME IN HANDY WHEN YOU GO MISSING, AS THOSE WHO ARE AFTER YOU WILL LOOK ONLINE FOR ANY KNOWLEDGE THEY CAN FIND ABOUT YOU<br><br>AND THEY WILL BE MISLEAD IF YOU HAVE DONE THIS RIGHT |

| | |
|---|---|
| WATER | WATER CAN BE GOTTEN FROM RIVERS AND STREAMS, RAIN WATER CAN ALSO BE HARVESTED, FIND DRUMS AND OTHER SUCH THINGS SO AS TO GATHER THIS WATER |
| | WATER CAN BE MADE CLEAN BY BOILING IT FOR TEN MINUTES, THIS SHOULD MAKE THE WATER FREE OF BACTERIA AND OTHER THINGS THAT CAN BRING ABOUT SICKNESS |
| | YOU NEED TO DRINK EIGHT GLASSES OF WATER EVERY DAY SO AS TO BE IN GOOD HEALTH |

| | |
|---|---|
| FOOD | YOUR MAN OF TRUST SHOULD GIVE YOU BOTH FOOD AND DRINK, BUT IF HE CANNOT THEN I HAVE THE ANSWER |
| | FIRSTLY BRING WITH YOU CANNED FOOD FOR IT IS EVERLASTING<br><br>IF YOUR FOOD SUPPLY RUNS OUT, THEN BUY FOOD AND ONCE THAT CAN NO LONGER BE DONE, THEN EAT THAT WHICH IS AROUND YOU<br><br>SEEK IN THE BINS OF SHOPS AND GATHER THE UNOPENED FOOD FOR IT IS READY TO EAT |

| | |
|---|---|
| IF THINGS LOOK BLEAK | SHOULD THINGS LOOK BLEAK THEN YOU CAN KILL ANIMALS, SKIN THE BEAST AND SPARE NOTHING |
| | BOIL THE MEAT AND THE BLOOD SO THAT BOTH MAY BE EATEN AND DRUNK |

## CLEANSING YOURSELF FROM THE WORLD

IF YOU TRULY MUST GET RID OF YOURSELF FROM THIS WORLD, THEN YOU MUST MAKE IT AS IF YOU WHERE NEVER BORN AT ALL, THIS I WILL NOW SPEAK OF.

| | | |
|---|---|---|
| WORLD WIDE WEB | IF YOU MUST GET YOURSELF CLEANSED OFF THE NETWORK THEN LOG IN TO OLD HANDLES AND SHUT THEM DOWN<br><br>THEN MADE A LIST OF ALL THE HANDLES YOU HAVE USED ONLINE, SEEK THEM OUT AND GET RID OF THEM ONE BY ONE, BY ANY MEANS YOU SEE FIT<br><br>LASTLY GET RID OF ANY ELECTRONIC MAILS YOU HAVE AND OTHER HANDLES YOU HAVE AS OF NOW | |
| | TO MAKE IT SO YOU ARE TRULY GONE SEEK OUT YOUR OWN NAME AND OTHER INFORMATION ABOUT YOURSELF, IF YOU SEE A WEBSITE, THEN HAVE THE STUFF TAKEN DOWN | |
| | ASK THE ADMINISTRATORS WHO RUN THE WEBSITE TO TAKE THE UPSETTING STUFF DOWN<br><br>SEEK OUT ANYTHING THAT BREAKS THEIR RULES AND THEN RAISE THE | ANOTHER WAY OF DOING THIS IS TO HAVE THE WEBSITE TAKEN DOWN BY ASKING THOSE WHO POLICE THE INTERNET TO SHUT DOWN THE WEBSITE |

| | | |
|---|---|---|
| | RED FLAG TO HAVE WHATEVER IT IS REMOVED FROM THE WEBSITE | GIVE A HALF TRUTH AND PUT A SPIN ON WHAT YOU SAY, SO AS TO MAKE THE WEBSITE LOOK BAD |

| | | |
|---|---|---|
| COMPUTERS AND TELEPHONES | GATHER ALL ELECTRONICS TOGETHER AND DO THE FOLLOWING | |
| | OVERWRITE ALL THUMB DRIVES AND HARD DRIVES, SPARING ANY TRUE THUMB DRIVES AND TRUE HARD DRIVES<br><br>ONCE DONE PUT THE OVERWRITTEN STUFF TO ONE SIDE | |
| | OVERWRITE ANY COMPUTERS AND TELEPHONES YOU HAVE, SPARING YOUR TRUE COMPUTER | |
| | TAKE OUT THE HARD DRIVES OF YOUR COMPUTERS AND PUT THEN WITH YOUR OVERWRITTEN STUFF, THEN MELT THEM DOWN | IF THIS CANNOT BE DONE THEN HAVE THE COMPUTERS AND TELEPHONES SOLD FOR MONEY |

| | |
|---|---|
| WRITS | GATHER ANY WRITS THAT HAVE YOUR NAME OR FACE ON IT, GATHER THEM ALL TOGETHER AND BURN THEM IN A BONFIRE<br><br>TO ALLAY MISTRUST I WOULD SAY THAT YOU MAKE THE BONFIRE ON A HOLIDAY, WHERE BONFIRES ARE WIDESPREAD<br><br>AFTER WHICH DOUSE THE ASHES IN WATER SO AS TO COOL THE SMOULDERING FIRE |

| | |
|---|---|
| HIDING SOMETHING WELL | YOU SHOULD HAVE TWO OF EVERYTHING ONE TO BE GIVEN UP AND ANOTHER TO BE HIDDEN<br><br>ONCE THE DUMMY HAS BE TAKEN THEN THE TRUE THING THAT WAS HIDDEN WILL BE SHIELDED FROM HARM |

NOW WITH YOUR WORRIES SOOTHED YOU OUGHT KEEP ON LIVING AS YOU ALREADY DO UNTIL THE DATE COMES.

DO NOT TALK TO YOUR MAN OF TRUST OVER THE WORLD WIDE WEB OR CALL HIM UP, FOR IF YOU WENT MISSING THEN YOUR MAN OF TRUST WILL BE FOUND AND THE GAME WILL BE UP.

INSTEAD KEEP ON LIVING AS YOU DO WHILE AWAITING THE DATE OF YOUR GOING MISSING.

## MISLEADING BEFORE YOU GO

ONCE YOU GO, YOUR HARD DRIVES AND THUMB DRIVES WILL BE LOOKED AT AND THINGS WILL BE FOUND, FOR NOTHING CAN BE TRULY OVERWRITTEN.

SO GIVE THEM LIES, MAKE THEM GO EAST WHILE YOU GO WEST, AND SINCE YOUR LIES HAVE BEEN OVERWRITTEN, IT WILL MAKE IT LOOK LIKE YOU WHERE HIDING THEM.

WHEN IN TRUTH, THAT WHICH IS HIDDEN, IS TRULY HIDDEN AND THOSE WHO ARE AFTER YOU ARE LEAD AWRY.

# BUGGING OUT

SO THEY DAY HAS COME, YOU ARE GOING TO BUG OUT TO YOUR HIDE OUT.

NOW, FIRST THING IS FIRST YOUR CLOTHING.

BE THE GREY MAN, WEAR DULL CLOTHING AND CLOTHING THAT DOES NOT STAND OUT, WEAR WHAT EVERYONE ELSE WEARS AND DO NOT DO ANYTHING SHADY.

AFTER THIS, GET TO YOUR HIDE OUT BY WAY OF A BICYCLE, DO NOT RIDE THE BUS OR TAKE THE TRAIN AS YOU WILL BE SEEN BY OTHERS.

WEAR YOUR GREY MAN CLOTHING AND RIDE TO YOUR HIDE OUT, NOONE WILL LOOK TWICE AT YOU AND YOU WILL GO UNSEEN.

UPON MEETING YOUR MAN OF TRUST

ONCE YOU GET TO WHERE YOU NEED TO GO, SPEAK WITH YOU MAN OF TRUST ABOUT WHAT CAN BE DONE NEXT AND THEN HAVE A LOOK AT WHAT YOU HAVE.

HAVE YOU LEFT ANYTHING AT HOME, IF SO THEN HIGH TAIL IT BACK HOME AND BRING IT TO WHERE YOU ARE.

HOUSE RULES SHOULD BE SET SO AS TO KEEP YOU WELL HIDDEN.

<table>
<tr><th colspan="2">MAN OF TRUST</th></tr>
<tr><td rowspan="2">YOUR MAN OF TRUST SHOULD NOT BE A FRIEND OR SOMEONE YOU KNOW AS THESE FOLK WILL HASTILY BE LOOKED UPON BY THE WATCH FOR ANSWERS AS TO YOUR WHEREABOUTS<br><br>IT IS BEST TO HAVE AN OLD, LONG LOST FRIEND, TO BE YOUR MAN OF TRUST, MEET WITH HIM FACE TO FACE AND DO NOT TALK TO HIM ONLINE AS IT WILL BE LOGGED ON YOUR COMPUTER<br><br>ALL DEALINGS AND ALL BUSINESS SHOULD BE DONE MAN TO MAN</td><td>SPEAK TO YOUR MAN OF TRUST AND SET OUT THE DATE OF WHEN YOU WILL GO MISSING BEFOREHAND<br><br>TALK TO HIM AND PICK A ROOM FOR YOU TO LIVE IN FOR WHEN YOU GO MISSING<br><br>MAKE READY AND BUILD A ROOM UNDERGROUND FOR YOUR NEW LIFE IF YOU WISH</td></tr>
<tr><td>I WISH TO TALK MORE ABOUT THE UNDERGROUND ROOM IT WILL BE HARD TO OUTFIT IT WITH ALL THE BEDECKINGS OF A HOUSE BUT THIS ROOM IS MADE TO KEEP YOU ALIVE WHEN OTHERS ARE LOOKING FOR YOU<br><br>I WOULD MAKE A SMALL BED FROM FELT AND STRAW ALSO SHOULD YOU NEED SOMEWHERE TO PUT THINGS THEN HOLLOW OUT THE FLOOR AND THE WALLS SO AS TO MAKE SMALL HIDING HOLES<br><br>THERE YOU CAN PUT THINGS AWAY IT CAN BE BOOKS A SEWING KIT FOOD KNOW THAT WHATEVER YOU PUT IN THERE WILL BE UNKNOWN TO EVERYONE BUT YOURSELF<br><br>IF HOWEVER YOU CANNOT GO ABOUT MAKING SUCH HIDING SPOTS THEN I WOULD SAY YOU SHOULD KEEP YOUR BELONGINGS IN A BAG AND FIND SOMEWHERE TO HIDE IT</td></tr>
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| | | |
|---|---|---|
| | LASTLY, I WISH TO SPEAK ABOUT A FEW THINGS WHILE IN THE ROOM | |
| | LIGHT | DO NOT USE A LIGHTBULB FOR DOING SO MAY RAISE RED FLAGS<br><br>HAVE A FLASHLIGHT OR SOMETHING THAT USES BATTERIES<br><br>BE AWARE THAT LIGHT CAN BE SEEN FROM AFAR |
| | ELECTRONICS | DO NOT WIRE THE UNDERGROUND ROOM TO THE MAINS OF THE HOUSE, RATHER, USE BATTERIES SO AS TO NOT RAISE SUSPICION |

IF THE WORLD IS ABOUT TO END THEN HIDE IN YOUR CART WITH YOUR PET GOAT AND HOPE THAT YOU BOTH OUTLIVE IT.

| THE SKULKING CART | |
|---|---|
| BUILDING THE CART | THE CART IS A WOODEN BOX WITH TWO DOORS ON TOP, THIS BOX SHOULD BE BIG ENOUGH FOR A MAN TO LIE INSIDE<br><br>THE MAIN BODY OF THE CART SHOULD HAVE FOUR WHEELS THESE SHOULD BE FITTED WITH TWO ON EITHER SIDE SO THAT THE CART CAN GO FORWARDS AND BACKWARDS<br><br>NOW COME THE BEAMS OF THE CART THERE SHOULD BE TWO BEAMS POKING OUT AT THE FRONT OF THE CART NAIL THEM ON IF NEED BE<br><br>LASTLY MAKE YOURSELF A BRIDLE SO YOU CAN TETHER THE CART TO A GOAT AND THEN LASH THE REST OF THE BRIDLE AROUND THE TWO WOODEN BEAMS AT THE FRONT OF THE CART |
| INSIDE THE CART | THE TWO DOORS OF THE CART SHOULD BE LOCKED MAKE A HOLE IN BOTH DOORS AND THREAD FELT THROUGH IT<br><br>THE FELT CAN BE TIED ON THE INSIDE OF THE CART SO AS TO KEEP DOORS LOCKED |
| | SHOULD YOU WISH TO TAKE THINGS WITH YOU THEN PUT THEM IN A BAG AND HOLD THE BAG TIGHTLY AGAINST YOUR CHEST |
| HOW IT WORKS | FIRSTLY YOU LAY INSIDE THE CART AND BEFORE YOU SHUT THE DOORS MAKE THE GOAT GO FORWARDS<br><br>ONCE THE WHEELS OF THE CART BEGIN TO ROLL LAY INSIDE IT AND LOCK THE DOORS THE GOAT WILL PULL THE CART AND WHEREVER HE GOES THE CART WILL ALSO GO |

THE NEW LIFE YOU LEAD MIGHT NOT BE WONDERFUL, BUT BEING HIDDEN IS BETTER THAN BEING SHOWY.

# LIFE AS THE GREY MAN

ALRIGHT YOU HAVE BUGGED OUT AND ARE HIDING OUT HOWEVER YOU WANT TO GET OUT OF YOUR HIDEAWAY AND SEE THE WORLD.

HOW DO YOU STAY HIDDEN WHILE EVERYONE IS WATCHING?

WELL YOU WILL NEED TO BE THE GREY MAN.

AS FAR AS OTHERS KNOW YOU HAVE FALLEN OFF THE FACE OF THE EARTH, BUT YOU KNOW BETTER, YOU KNOW YOU ARE HAULED UP SOMEWHERE HIDDEN.

## WHAT IS THE GREY MAN

THE GREY MAN IS SOMEONE WHO DOES NOT STAND OUT, IF YOU HAVE SOMEONE WHO IS SIX FEET TALL AND IS TWENTY STONE, HE STANDS OUT AND IS GOING TO HAVE FOLK LOOK AT HIM.

IT IS BEST TO BE THE KIND OF MAN WHO IS NOT LOOKED TWICE AT, FOR YOU ARE MEANT TO BE HIDDEN AND NOT BEING LOOKED AT IS A GOOD WAY TO HIDE.

## STEPS TO BECOME THE GREY MAN

A GOOD START TO BECOME THE GREY MAN IS NOT TO DO ANYTHING EYE CATCHING BE LIKE THOSE AROUND YOU, SO AS NOT DRAW THE GAZE OF OTHERS.

## HOW TO BE OF LITTLE WORTH

THE BRAIN SIFTS OUT WHAT IT SEES AS NOT THAT BIG OF A DEAL, THE EVERYDAY THINGS, THE UNTHREATENING THINGS, THESE ARE SIFTED OUT FOR THAT WHICH IS EYE CATCHING OR THREATENING.

IF THIS WAS NOT SO THEN YOUR BRAIN WOULD BE OVERLOADED, AS THE INBOUND KNOWLEDGE BECOMES UNWIELDY.

THEREFORE IT IS BEST TO SEEM AS DULL AND AS UNTHREATENING AS YOU CAN, SO AS TO GO UNSEEN AND BE OVERLOOKED BY ALL.

## CLOTHING

WHAT YOU OUGHT DO NOW IS HAVE TWO SETS OF CLOTHING, TRUE CLOTHING AND GREY MAN CLOTHING.

THE GREY MAN CLOTHING IS WHAT YOU WEAR OUTSIDE THE HOUSE AND YOUR TRUE CLOTHING IS WHAT YOU WEAR INSIDE THE HOUSE.

| GREY MAN CLOTHING<br><br>KNOWN KNOWN | TRUE CLOTHING<br><br>UNKNOWN UNKNOWN |
|---|---|
| GREY MAN CLOTHING SHOULD BE WORN WHILE AROUND OTHER FOLK, THIS CLOTHING SHOULD BE AKIN TO THOSE AROUND YOU<br><br>THIS CLOTHING SHOULD BE WORN EVERYDAY AND SHOULD BE SWITCHED AS AND WHEN THE TIME OF DAY AND WHERE YOU ARE CALL FOR IT. | TRUE CLOTHING SHOULD BE KEPT HIDDEN FROM EVERYONE, IT SHOULD BE AN UNKNOWN UNKNOWN<br><br>WHILE BUGGING OUT KEEP THIS CLOTHING HIDDEN AND AWAY FROM PRYING EYES |

| | |
|---|---|
| | WEAR IT ONLY WHEN ALONE |

NOW WITH THAT OUT OF THE WAY, LET US BEGIN.

| CLOTHES OF THE GREY MAN | |
|---|---|
| ONE | WEAR CLOTHING THAT HAS DARK SHADES SUCH AS GREY AND MIDNIGHT BLUE, PICK HUES THAT ARE NOT BRIGHT OR SHOWY<br><br>EARTH TONES ARE SUGGESTED IF YOU ARE IN THE WILDERNESS, GREY AND DARK COLOURS ARE RECOMMENDED IN THE CITY<br><br>THIS IS SO YOU LOOK LIKE EVERYONE ELSE AND DO NOT DRAW THE EYES OF MISTRUST TO YOURSELF<br><br>THINK ABOUT WHERE YOU ARE FIRST AND THINK ABOUT WHAT EVERYONE IS DOING AND WEARING<br><br>THEN ONCE THAT IS DONE, BE SELFSAME TO THE FOLK AROUND YOU |
| TWO | WEAR CLOTHING THAT HAS NO INSIGNIAS ON IT, THIS IS SO THAT WHEN YOU WALK BY OTHERS THEY WILL NOT KNOW OF YOU<br><br>THEIR BRAIN WILL FORGET YOU AND YOU WILL GO UNSEEN<br><br>AGAIN THIS IS SO YOU LOOK SELFSAME TO THOSE AROUND YOU AND ARE THEREFORE NOT SEEN AS A THREAT |
| THREE | LOOSE FITTING CLOTHING IS ADVISED SO THAT YOU CAN FIT A LOT OF THINGS ON YOUR BODY, IT IS BETTER TO HAVE SOMETHING AND NOT NEED IT THAN TO NEED SOMETHING AND NOT HAVE IT<br><br>HOW YOU LOOK TO OTHERS SHOULD NOT BE OVERLOOKED<br><br>MOREOVER AS I HAVE SAID BEFORE, WEARING DARK SUNGLASSES IS NEEDED SO AS TO THWART THE NEWFANGLED EQUIPMENT OF FACIAL RECOGNITION SOFTWARE<br><br>SUCH SOFTWARE COULD BE USED TO FIND YOU LATER<br><br>LASTLY IF YOU ARE TRUSTED AND ARE IN GOOD STANDING THEN YOU WOULD NOT BE FLAGGED UP TO BEGIN WITH<br><br>SUNGLASSES AND THE LIKE ARE TO BE WORN IF YOU ARE MISTRUSTED OR IF IS A LOVELY SUNNY DAY |
| FOUR | BE AS OTHERS WANT YOU TO BE, IF YOU ARE GOING TO A MEETING THOSE THERE WILL ALREADY HAVE THOUGHTS OF HOW YOU WILL LOOK<br><br>IF YOU CAME IN WELL CLOTHED THIS WILL BE FORGOTTEN AS IT IS NOT OUTLANDISH, HOWEVER IF YOU STUMBLED IN DIRTY AND DRUNK YOU WILL CAST OUT<br><br>THEREFORE YOUR GOAL IS TO BLEND IN WHEN AMONG OTHER FOLK, STICK TO THE UNWRITTEN LAWS THAT HAVE BEEN LAID DOWN AND BEHAVE YOURSELF SO AS BLEND IN AND BE HIDDEN<br><br>UNDERSTAND WHERE YOU ARE AND UNDERSTAND HOW OTHERS BEHAVE, DO AS THEY DO AND KEEP YOUR TRUE SELF HIDDEN UNDER A FRONT<br><br>ONCE THAT IS DONE, THEN PICK YOUR CLOTHING AND BEHAVE YOURSELF, THIS IS HOW TO BECOME THE GREY MAN |
| HOW THE GREY MAN BEHAVES AROUND OTHERS | |

| | |
|---|---|
| ONE | LOOK AT WHERE YOU ARE AND BLEND IN WITH EITHER THE PEOPLE THAT ARE AROUND YOU OR BEHAVE IN A WAY THAT DOES NOT RAISE ANY RED FLAGS |
| TWO | DO NOT LOOK OTHERS IN THE EYE AS THIS WILL MAKE YOURSELF KNOWN TO OTHERS |
| THREE | BE MELLOW WHEREVER YOU ARE DO NOT LOOK LIKE A THREAT BUT INSTEAD LOOK LIKE SOMEONE WHO IS MEANT TO BE THERE, SO AS TO NOT BE MISTRUSTED |

## COLOUR OF THE GREY MAN

HUE IS ALSO WORTHY OF TALK.

WITHIN THE LOCATIONS THAT YOU WALK IT WOULD BE WISE TO BLEND IN.

HERE I SHALL TALK ABOUT BLENDING IN.

| LOCATION | HUE | HOW TO BLEND IN |
|---|---|---|
| PEOPLE | WEAR WHAT THEY WEAR | THERE IS NO ONE KIND OF CLOTHING THAT WILL DO<br><br>IT IS BEST TO HAVE MANY KINDS OF CLOTHES AND WEAR WHAT OTHERS WEAR<br><br>IN OTHER WORDS THIS IS EVERYDAY GREY MAN CLOTHING |
| CITY | SUNDRY SHADES OF GREY | THIS IS TO BLEND IN WITH THE BUILDINGS AND STONEWORK OF THE CITY |
| WOODLAND | DARK GREEN AND BROWN | SO AS TO BLEND IN WITH THE LEAFS AND SOIL |
| MOORLAND | | |
| SAND | LIGHT BROWN AND TAN | THIS IS TO BLEND IN WITH THE SAND AND THE ROCKS |
| NIGHT | MIDNIGHT BLUE | MIDNIGHT BLUE TWINS THE NIGHT SKY BEST THIS WILL HELP IN YOU BECOMING AKIN TO THE DARKNESS |

THE HUE OF YOUR CLOTHES SHOULD BE OF THE SAME KIND, FOR NOT DOING SO WILL BE MAKE YOU SEEN BY EVERYONE.

RED AND GREY WILL BE SEEN AND SPOTTED FROM AFAR, SO KEEP TO THE EARTH TONES OF GREEN, BROWN, GREY AND BLUE SO AS TO HIDE YOURSELF WELL.

## SMELL OF THE GREY MAN

SMELL IS OFTEN OVERLOOKED BUT YOUR SMELL CAN MAKE YOU STAND OUT.

AN EXAMPLE OF THIS IS THAT MOST ANIMALS SMELL THINGS TO KNOW WHAT IS AROUND THEM, IF THEY SMELL ANYTHING ODD THEY MAY TAKE TO IT BEING THREATENING.

ANOTHER EXAMPLE IS THE SMELL OF FIRE, IT IS AN ODD SMELL, THEREFORE WHEN YOU SMELL IT YOU BECOME WORRIED.

LIKEWISE YOU SHOULD THINK OF HOW YOU SMELL WHEN BECOMING THE GREY MAN.

| HAVING NO SMELL AS A GREY MAN | |
|---|---|
| | STAY AWAY ANYTHING THAT MAKES A SMELL, THAT IS TO SAY, THINGS SUCH AS AFTERSHAVE SMELLY SOAPS AND THE LIKE |

| | |
|---|---|
| ONE | THIS WILL BRING ABOUT A SURREAL SMELL AND BE PICKED UP ON BY OTHERS AND WILL MAKE YOU KNOWN BY THEM |
| TWO | LIKEWISE SEE TO IT THAT YOU ARE WASHED, RID YOURSELF OF SWEATINESS AS OTHERS WILL SMELL IT<br><br>WASH YOURSELF WITH A BAR OF SOAP THAT HAS NO SMELL TO IT |

| OTHER THINGS TO THINK ABOUT | |
|---|---|
| FOOTSTEPS | YOUR FOOTSTEPS MAKE SOUND, SO BE AWARE OF WHAT YOU WEAR OVER YOUR FEET<br><br>DO NOT WEAR NOTHING HEAVY AS IT WILL BE LOUD, LIKEWISE DO NOT GO BAREFOOTED FOR YOUR FEET WILL STICK TO THE GROUND<br><br>INSTEAD WEAR SOME KIND OF SOFT CLOTH OVER THE FEET, FOOTWRAPS ARE ADVISED FOR THEY ARE SOUNDLESS ON MOST GROUND |
| FOOTFALL | GREAT FORETHOUGHT SHOULD BE PUT ON WHERE YOU STEP AND HOW SWIFTLY YOUR FOOT MEETS THE GROUND<br><br>IF YOUR FOOT FALLS TOO FAST THEN SOUND WILL BE MADE, THEREFORE TREAD SOFTLY AND BE AKIN TO A THIEF |
| GROUND | THE GROUND YOU WALK OVER MAY MAKE A SOUND AS YOU DO SO<br><br>THEREFORE LIGHTLY TAP THE GROUND BEFORE STEPPING ON TO IT TO SEE IF IT MAKES ANY SOUND<br><br>IF IT DOES THEN WALK SLOWLY AND SOFTLY |
| BREATHING | HOW YOU BREATHE CAN ALSO MAKE SOUND, HEAVY BREATHING MAKES MORE SOUND THAN LIGHT, SLOW BREATHING<br><br>LEARN TO GET A HOLD OF HOW YOU BREATHE FOR IT IS BEST TO BREATHE SLOWLY AND DEEPLY.<br><br>THROUGH YOUR NOSE AND OUT THROUGH YOUR MOUTH |
| CLOTHING | I HAVE TALKED ABOUT CLOTHING BEFORE BUT WHAT IS OFTEN OVERLOOKED IS THE SOUND OF CLOTHING<br><br>WHEN YOU WALK CLOTHING MAY BRUSH AGAINST OTHER CLOTHING, SO WEAR LITTLE AND BE CAREFUL IN WHAT YOU WEAR |
| WEIGHT | WEIGHT IS ANOTHER THING TO THINK ABOUT<br><br>IF YOU ARE HOLDING THINGS ON YOUR BACK, LEAN FORWARD SO AS TO EVEN THE WEIGHT OUT<br><br>KEEP THINGS LIGHTWEIGHT SO AS NOT TO GET OVERTIRED OR MAKE TOO MUCH SOUND |
| SMELL | THIS HAS BEEN TALKED OF BEFORE, BUT MAKE IT SO YOU ARE WELL WASHED BEFORE GOING OUT<br><br>MOREOVER THE SMELL YOU GIVE OFF MAY BE SMELLED BY THOSE HUNTING YOU WITH DOGS, SO YOU OUGHT WEAR CLOTHING THAT BREATHES SO THAT SWEAT IS SWIFTLY GOTTEN RID OF |
| LIGHT | LIGHT CAN TRAVEL FAR AND GIVE AWAY WHERE YOU ARE THIS HOWEVER IS LESS SO FOR RED LIGHT AS IT HAS A LONGER WAVELENGTH THAN ALL THE OTHERS<br><br>THE LIGHT OF A FIRE AT NIGHT CAN BE SEEN FOR A LONG WAY AWAY SO TOO CAN ANY OTHER KIND OF LIGHT<br><br>SO USE THE MOONLIGHT OR BE CAREFUL WHEN WALKING AROUND IN DARKNESS |
| | SOUND HAS ALREADY BEEN SPOKEN ABOUT BUT HOW YOU BREATHE THE CLOTHING YOU WEAR AND YOUR FOOTFALL ALL MAKE A SOUND |

| | |
|---|---|
| SOUND | THEREFORE BE EVER WATCHFUL AND FORETHINK WHAT YOU DO, IF YOU DO THINGS RIGHT YOU WILL BE LIKENED UNTO A GHOST |

## AS A WAY OF MISLEADING

THAT WHICH HAS BEEN SPOKEN OF CAN ALSO BE MADE TO MISLEAD.

THE SMELL OF FIRE CAN BE MADE TO BRING ABOUT A SENSE OF FEAR, STRANGE SOUNDS CAN BE USED TO BRING ABOUT MISTRUST AND LIGHTS CAN BE MADE TO MAKE IT SEEM YOU ARE THERE WHEN YOU ARE NOT.

YOU HAVE A MIND USE IT, FOR THE WAYS IN WHICH MEN CAN BE MISLED ARE ENDLESS.

## NOT BEING MISTRUSTED BY OTHERS

HERE I WILL TALK ABOUT HOW NOT TO BE MISTRUSTED BY THOSE AROUND YOU.

| THE MEANING OF MISTRUST |
|---|
| MISTRUST IS A LACK OF TRUST BROUGHT ABOUT BY ANYTHING THAT IS ODD OR ANYTHING THAT SEEMS THREATENING |

SO IF YOU ARE TO SIDESTEP THE MISTRUST OF OTHERS, YOU OUGHT BECOME UNTHREATENING AND SOMEWHAT KNOWN TO OTHERS.

## AN EXAMPLE OF DAMPENING MISTRUST

IF I DO NOT UPRAISE MISTRUST THEN I WILL GO UNSEEN.

I HAVE NOTHING TO HIDE SINCE THAT WHICH IS HIDDEN IS WITHIN THE WALLS, SOMEWHERE NOBODY WOULD FIRST THINK OF LOOKING.

MY BODY WILL BE ONE OF STILLNESS AND MEEKNESS, SHOWING NO FEAR AND A WILLINGNESS TO WORK TOGETHER.

I WILL KEEP MY MOUTH SHUT, MY EARS OPEN AND SPEAK WHEN SPOKEN TO.

YOU WILL SEARCH MY BAG AND MY CLOTHING AND FIND MY WORDS HOLD TRUE.

OH HOW WRONG YOU ARE.

I COULD HAVE STUFF HIDDEN IN THE WALLS AND THE FLOORS AND THEY WOULD BE HIDDEN SINCE YOU DID NOT LOOK THERE.

I HAVE NOTHING TO HIDE FOR IF I WAS HIDING SOMETHING I WOULD NOT TELL YOU.

THEREFORE THAT WHICH IS HIDDEN SAYS HIDDEN.

IF THEY DO NOT KNOW ABOUT IT THEN THEY WILL NOT BE LOOKING FOR IT, IF THEY ARE NOT LOOKING FOR IT, THEN THEY WILL NOT FIND IT.

## THREATS AND DEALING WITH THREATS

GOING UNSEEN IS ONLY HALF THE FIGHT, TAKING HEED OF ANY THREATS THAT SHOW UP AND HOW TO DEAL WITH THEM IS THE OTHER HALF.

WHAT IS A THREAT

A THREAT IS ANYONE WHO MAY WELL BRING ABOUT HARM TO YOUR OVERALL WELLBEING.

THIS DOES NOT MEAN EVERYONE AROUND YOU IS A THREAT, NOR DOES THIS MEAN YOU SHOULD OVERBEAR UPON THOSE AROUND YOU.

THIS IS TO GO AGAINST THE HARM PRINCIPLE AS YOU SHOULD HELP THOSE WHO ARE WEAKER THAN YOURSELF.

DEALING WITH THREATS

| | | |
|---|---|---|
| ONE | GETTING AWAY FROM THE THREAT | IF YOU FEEL THREATENED BY SOMEONE HASTILY LOOK AROUND FOR ANY MEANS TO GET AWAY FROM THEM<br><br>YOUR FIRST GOAL SHOULD BE TO KEEP AWAY FROM THE FOLK WHO ARE OUTWARDLY THREATENING<br><br>THIS IS BEST DONE BY WAY OF CUNNING SO THAT YOU CAN WIN WITHOUT HARMING OTHERS<br><br>IF THIS IS NOT SO THEN GO TO THE NEXT STEP |
| TWO | TALKING TO THE THREAT | CAN THE FOLK BE TALKED DOWN OR MADE MELLOW WITH WORDS<br><br>CAN YOU BOTH WORK TOGETHER<br><br>DO THEY WANT SOMETHING FROM YOU<br><br>CAN YOU GIVE IT TO THEM<br><br>TALK TO THE THREAT IF HE IS NOW UNFRIENDLY WITH YOU, YOUR HEALTH AND WELLBEING ARE WORTH MORE THAN ANY BELONGINGS YOU HAVE<br><br>WORK WITH YOUR FOE AND THEN WHEN HE IS NOT LOOKING TAKE BACK WHAT IS RIGHTFULLY YOURS |
| THREE | DEALING WITH THE THREAT | IF SOMEONE IS UNWILLING TO TALK TO YOU OR YOU CANNOT FLEE, THEN MAKE YOURSELF READY TO DEAL WITH THE THREAT<br><br>IF YOU CAN MAKE HIM TURN AWAY FROM YOU THEN DO SO, THIS WILL GIVE YOU SOME MUCH NEEDED TIME TO FLEE FROM HIM<br><br>IF YOU ARE TO TAKE ON SOMEONE WHO IS THREATENING, THEN DO SO SWIFTLY SO AS TO MAKE THEM A THREAT NO LONGER |

WHEN DEALING WITH SOMETHING SEEMINGLY THREATENING YOU OUGHT GET OUT OF HARMS WAY AS FAST AS YOU CAN.

THIS IS TO STOP HARM FROM BEFALLING YOU OR THOSE AROUND YOU.

THERE ARE HOWEVER MORE THINGS TO THINK ABOUT WHEN DEALING WITH A THREAT.

| | | |
|---|---|---|
| ONE | MINDSET OF THE THREAT | THE MINDSET OF THE THREAT IS WORTHY OF TALK<br><br>IF THE MAN YOU ARE DEALING WITH IS WRATHFUL DO NOT SEEK TO ANGER HIM FURTHER, FOR IN DOING SO HARM WILL BEFALL YOU |

| | | |
|---|---|---|
| | | INSTEAD LISTEN AND DO AS YOU ARE TOLD YOU WILL MAKE HIM MELLOW, ONCE HE IS MELLOW WILL IT THEN BE ALRIGHT TO TALK TO HIM |
| TWO | STRENGTH OF THE THREAT | IF THE THREAT IS OVERLY STRONG THEN IT IS BEST TO DEAL WITH HIM BY WAY OF CUNNING<br><br>DO NOT TAKE THEM ON OPENLY AS THEY WILL CRUSH YOU<br><br>LOWER THEIR MISTRUST OF YOU AND THEN MISLEAD THEM WITH WILES |

OUTWILE THE STRONG HELP THE WEAK AND BE KIND TO EVERYONE ELSE.

## WEAPONS OF THE GREY MAN

IF YOU ARE TO HANDLE WEAPONS THEN THEY SHOULD BE OF EVERYDAY THINGS SO AS NOT TO RAISE MISTRUST.

AGAIN EVERYDAY THINGS SHOULD BE HANDLED AS WEAPONS THINGS THAT ARE NOT SEEN AS WEAPONS AND AS SUCH YOU CAN BE TRUSTED WITH THEM.

I WILL SPEAK OF THE LOWLY SEWING NEEDLE, THAT WHICH IS FOR HAND SEWING AND CLOTHES MAKING.

MOST NEEDLES ARE STRAIGHT YET SOME ARE ROUNDED AND IT IS THESE NEEDLES THAT I SPEAK OF.

FIRSTLY THREAD THE THREAD THROUGH THE EYE OF THE NEEDLE THEN TWIST THE THREAD SO IT DOES NOT SLIP.

NEXT PUT ICE TO NUMB THE NECK AND ONCE IT IS UNFEELING POKE THE NEEDLE IN, DO THIS SLOWLY SO THAT IT GOES BEHIND THE ARTERY AND COMES OUT NEAR FROM WHERE YOU FIRST PUT IT IN.

ONCE DONE HOLD THE NEEDLE AND SLOWLY PULL THE THREAD THROUGH.

AFTER THIS HOLD BOTH ENDS OF THE THREAD AND REND THE THREAD OUT AND THE SKIN WILL BE RIPPED OPEN AND BLOOD WILL GUSH OUT.

THIS IS ONE EXAMPLE OF EVERYDAY THINGS BEING MADE IN TO WEAPONS.

AS YOU CAN SEE, THREAD AND NEEDLES ARE NOT SEEN AS WEAPONS YET CAN BE MADE TO BE DEADLY WEAPONS.

YOUR GOAL SHOULD NOT BE TO HARM OTHER FOLK BUT SHOULD BE TO GET AWAY OR BEWILE ALL THREATS

## AN OUTLINE OF THE GREY MAN

BECOMING THE GREY MAN CAN BE WATERED DOWN IN TO A FEW SHORT WORDS AND THOSE WORDS ARE TO TAKE HEED AND TWIN THUSLY.

# SKILLSETS

# SKILLSETS

SKILLS HAVE A HIGH WORTH IN LIFE, THEY ARE THINGS LEARNT OVER TIME AND THAT WE HONE TO MAKE EVER BETTER OVER TIME.

SOME SKILLS HAVE ALREADY BEEN TALKED ABOUT, SUCH AT THE GREY MAN AND OTHER SKILLS HAVE YET TO BE TALKED ABOUT.

AT THE END OF THE DAY YOU WILL ALWAYS HAVE YOUR SKILLS, YOU MAY NOT HAVE YOUR GEAR BUT YOU WILL ALWAYS HAVE YOUR SKILLS, YOUR HANDS AND MIND, SO IT IS WORTH PUTTING WORK IN TO SKILLSETS THAN YOUR GEAR.

SOME GEAR WILL BE NEEDED, BUT IF YOU LOSE YOUR STUFF WHAT CAN YOU DO?

ASK YOURSELF THAT, THINK ABOUT IT AND LET THE THOUGHT DWELL ON YOUR MIND.

FOR BUGGING OUT I FEEL THAT THE FOLLOWING SKILLSETS ARE BEST.

| NAME OF SKILL | WHAT THAT SKILL CAN DO |
|---|---|
| SEWING | SO AS TO MAKE YOUR OWN CLOTHING OR SEW UP RIPS AND TEARS<br><br>IT WILL ALSO MEAN YOU CAN KEEP BOREDOM AT BAY |
| STITCHING YOUR OWN WOUNDS | THIS IS SO YOU CAN HEAL YOURSELF WITHOUT THE HELP OF A HEALER SHOULD THERE BE NO HEALER AROUND THEN THIS SKILL MAY WELL WARD AGAINST DEATH |
| GREY MAN | YOU CAN GO UNSEEN AND STAY WELL HIDDEN THIS CAN SAVE YOUR LIFE FROM THOSE WHO ARE HOT HEADED OR THOSE LOOKING FOR A FIGHT |

## DOING THINGS BY HAND

THE FOLLOWING SKILLS ARE GOOD BOTH IN EVERYDAY LIFE AND WHEN BUGGING OUT, I WOULD SAY YOU TRY THESE SKILLS BY HAND.

FOR I SAY THIS SO THAT SHOULD YOU BECOME SKILLED WITH A TOOL AND THEN YOU LOSE THAT TOOL, HOW THEN CAN YOU DO THINGS BY HAND?

THEREFORE IT IS BEST TO LEARN TO DO THINGS BY HAND AS YOU WILL ALWAYS HAVE YOUR HANDS, MOREOVER OVERTIME, TRY TO USE TOOLS LESS UNTIL YOU HANDLE TOOLS NO MORE.

YOU MAY MAKE DO WITH A NEEDLE THREADER TO GET THREAD THROUGH THE EYE OF A NEEDLE, HOWEVER IF YOU LOSE THAT NEEDLE THREADER HOW WILL YOU GET THREAD THROUGH A NEEDLE?

THEREFORE, IT IS BEST TO FORGO THE NEEDLE THREADER AND LEARN TO THREAD BY HAND, SO SHOULD YOU LOSE THE NEEDLE THREADER YOU CAN STILL THREAD A NEEDLE.

## SEWING

ALL YOU NEED TO START SEWING IS A NEEDLE, A REEL OF THREAD AND SOMETHING TO CUT THE THREAD WITH, LOOK TO SEE IF YOU HAVE THESE THINGS BEFORE YOU BEGIN.

### THREADING A NEEDLE BY HAND

TO THREAD A NEEDLE BY HAND FIRST WET THE THREAD WITH YOUR MOUTH SO IT DOES NOT FLAY ASUNDER, THEN GRIP THE THREAD WITH YOUR FIRST FINGER AND YOUR THUMB.

MAKE IT SO THAT ONLY THE TIP OF THE THREAD IS SEEN, NOW, LINE UP THE EYE OF THE NEEDLE WITH THE END OF THE THREAD AND SLOWLY PUT IT THROUGH.

ONCE THROUGH LOOP IT BACK AND TWIST, SO THE THREAD DOES NOT COME LOSE.

DO NOT BRING THE THREAD TO THE NEEDLE BRING THE NEEDLE TO THE THREAD, THIS MAY TAKE A FEW TRIES BUT SOONER OR LATER WITH ENOUGH TRYING YOU WILL GET THE HANG OF IT.

## A RUNNING STITCH

TO DO A RUNNING STITCH FIRST, THREAD YOUR NEEDLE THEN LINE UP THE TWO BITS OF CLOTH AND PUT THE NEEDLE IN TO THE NOOK.

AFTER THIS PULL THE NEEDLE THROUGH, MAKING IT SO THAT LOTS OF THREAD COMES THROUGH TOO.

THEN KEEP ON SEWING THE NEEDLE BACK AND FORTH ALONG THE EDGE AND ONCE YOU GET TO THE END SEW THE RUNNING STITCH BACK ON ITSELF SO AS TO MAKE THE STITCHES STRONGER.

## ENDING THE STITCH

TO BRING YOUR STITCH TO AN END, SEW IT BACK THROUGH ITSELF.

WITH EVERY STITCH A LOOP IS MADE, SO WHEN YOU WISH TO END YOUR SEWING, SEW YOUR THREAD THROUGH THE LOOP AND THEN DO THE SAME ON THE OTHER SIDE.

THIS SHOULD BE DONE OVER AND OVER AGAIN UNTIL THE THREAD RUNS OUT OR UNTIL THE CLOTH IS BOUND TOGETHER, WHEREAFTER THE THREAD IS TO BE CUT AND THEN WOUND AROUND THE REEL.

## STITCHING YOUR OWN WOUNDS

STITCHING YOUR OWN WOUNDS WILL FEEL LIKE A BITCH, BUT IF THERE IS NO HOSPITAL AROUND OR NO DOCTOR THEN YOU ARE ON YOUR OWN.

TO STITCH YOUR WOUNDS YOU NEED THE FOLLOWING THINGS: A CURVED NEEDLE, TWO TWEEZERS, STRONG YET THIN THREAD, MOUTHWASH AND SOMETHING TO BITE DOWN ON.

## CLEANING YOUR GEAR

BEFORE YOU START SHOVING THINGS IN TO YOUR BODY YOU SHOULD MAKE IT CLEAN.

HOLD YOUR METAL GEAR OVER A FIRE AND HEAT IT UP UNTIL RED HOT THEN COOL IT IN MOUTHWASH, AFTER THAT RISE IT UNDER CLEAN WATER.

AS FOR THE THREAD, WELL, SOAK THAT IN MOUTHWASH FOR A SHORT WHILE AND THEN RISE IT WITH CLEAN WATER.

THIS SHOULD MAKE EVERYTHING CLEAN AND READY FOR STITCHING.

## SEWING YOURSELF UP

ALRIGHT HERE IS THE HARD BIT SEWING YOURSELF UP.

FIRST THINGS FIRST TAKE THAT BIT AND SHOVE IT IN YOUR MOUTH TRUST ME YOU WILL BE NEEDING IT.

THREAD YOUR NEEDLE AND THEN WITH THE TWEEZERS HOLD THE NEEDLE NEAR THE WOUND, WITH YOUR OTHER TWEEZERS LIFT UP THE SKIN SLIGHTLY AND THREAD THE NEEDLE STRAIGHT DOWN WHILE CURLING IT THROUGH THE SKIN.

YOU SHOULD SEE THE TIP OF THE ROUND NEEDLE, IF YOU DO THEN PULL ON IT SO THAT THE WOUND IS DRAWN SHUT AND THE THREAD IS TIGHTLY TAUT.

## TYING YOUR WOUNDS

ONCE THIS IS DONE CUT THE THREAD SO THAT THE NEEDLE IS UNBOUND.

THEN WITH BOTH YOUR TWEEZERS, TIE BOTH THE NEEDLE END AND THE TAIL END OF THE THREAD TOGETHER IN AN OVERHAND KNOT ONCE AND THEN DO IT AGAIN IN ANOTHER OVERHAND KNOT.

THERE SHOULD BE TWO KNOTS, ONE OVER THE OTHER AND IF THERE IS YOU SHOULD CUT THE THREAD.

RIGHT OVER LEFT, LEFT OVER RIGHT, MAKES A KNOT BOTH TIDY AND TIGHT.

NOW MAKE SURE THAT THE FOLDS OF THE SKIN MEET AND THEN DO THE SAME AGAIN, BUT THIS TIME A LITTLE FURTHER DOWN.

BEND THE NEEDLE UNDER THE SKIN AND THEN CURL IT UP ON THE OTHER SIDE OF THE WOUND.

PULL THE NEEDLE THROUGH AND THEN TIE THE THREAD OFF IN TWO OVERHAND KNOTS.

IT IS BEST TO LEAVE SOME THREAD THERE SO THAT THE KNOTS DO NOT COME UNDONE.

## SEALING UP YOUR WOUNDS

TO SEAL THE WOUND SOAK A RAG IN MOUTHWASH AND PUT IT ON THE STITCHED WOUND THEN WRAP ANOTHER RAG AROUND THE FIRST RAG AND TIE IT WITH AN OVERHAND KNOT SO AS TO BIND EVERYTHING TOGETHER.

MAKE IT SO IT IS NOT TOO TIGHT OTHERWISE THE BODY WILL BE STARVED OF LIFE GIVING BLOOD.

KEEP THE RAG ON AND KEEP IT CLEAN, LOOK AT THE WOUND ONCE A DAY AND TAKE OFF THE RAG ONCE THE WOUND HAS FULLY HEALED.

## BECOMING SMARTER

THERE ARE MANY WAYS TO BECOME SMARTER.

FIRSTLY YOU MUST HAVE A WISH TO BECOME BRIGHTER.

THE BRAIN IS AKIN TO SINEW IN THAT YOU MUST WORK IT OUT EVERY NOW AND AGAIN, OUTLANDISH RIDDLES AND BRAIN TEASERS WILL HELP GROW THE BRAIN AS IT WILL BECOME SOMETHING NEWER AND BETTER AS YOU BECOME CLEVER IN YOUR THINKING.

WORKING OUT WILL GREATLY UPRAISE YOUR SMARTS AND IS ALSO GOOD FOR YOUR BODY AS WELL.

WHAT IS GOOD FOR THE HEART IS ALSO GOOD FOR THE BRAIN, ANYTHING THAT MAKES THE HEART WORK HARDER WILL BE GOOD FOR THE BRAIN.

RUNNING ON THE SPOT, PULL UPS AND WEIGHTED JUMPING WILL ALL MAKE THE HEART BEAT FASTER.

YOU SHOULD EAT NUTS, FOR THEY HOLD HEALTHY FATS THAT WILL HELP GROW THE BRAIN, THE BRAIN IS SIXTY PER CENT FAT.

WATER IS ALSO WORTH TALKING ABOUT, DRINK ROUNDLY AND REST SOUNDLY FOR IT WILL BOLSTER THE BRAIN AND HELP IT GROW.

LASTLY THINKING FOR YOURSELF IS KEY, WEIGH THINGS UP, FORETHINK AND THEN BEGIN YOUR UNDERTAKING, DO NOT BE RECKLESS.

SO WITH ALL THAT SAID AND DONE, TAKE CARE OF YOUR BRAIN, FOR YOU ONLY HAVE ONE.

# LAWS OF FIGHTING

# THE GATHERING OF RESOURCES

BEFORE FIGHTING ANYTHING KNOW THAT RESOURCES ARE KEY AND THIS KEY IS THREEFOLD.

FIRSTLY, COMES THE GATHERING OF THINGS ARE NEEDED TO KEEP ON LIVING.

TWOTHLY, IS WEIGHING THE OUTGOINGS AGAINST THE INCOME.

THIRDLY, IS THE YIELD THAT IS REAPED FROM THIS RECKONING.

YOU CAN HAVE THE BEST CAR IN THE WORLD, BUT IF IT WILL NOT DRIVE THEN IT IS WORTHLESS.

SAME WITH WILINESS, YOU CAN BE THE BEST FORETHINKER THERE IS BUT IF YOU HAVE NO MEANS TO UNDERTAKE WHAT YOU FORETHINK, THEN YOUR FORETHINKING MEANS NOTHING.

SO LET US TALK ABOUT THE KEY BITS OF FIGHTING, WHICH ARE RESOURCES.

| NAME | MEANING |
|---|---|
| INCOME | THIS IS HOW MUCH YOU HAVE AND HOW MUCH YOU ARE GETTING<br><br>YOUR INCOME SHOULD BE SHIELDED FROM ALL THREATS, THIS SHOULD BE ABOVE EVERYTHING ELSE<br><br>IF YOUR INCOME IS GREATER THAN YOUR OUTGOINGS THEN YOU ARE MAKING GAINS<br><br>IN A NUTSHELL, IF YOUR STOCK IS EMPTY THEN YOU ARE FUCKED |
| OUTGOINGS | THIS IS HOW MUCH ARE YOU PUTTING IN, THIS SHOULD BE HIGHER THAN YOUR INCOME<br><br>IF YOUR OUTGOINGS ARE GREATER THAN YOUR INCOME YOU ARE MAKING LOSSES |
| YIELD | YIELD IS THE RESULT OF YOUR OUTGOINGS<br><br>HOW MUCH ARE YOU GETTING BACK AFTER YOU PUT IN<br><br>THE HIGHER THE YIELD THE BETTER |

THE LOWER THE OUTGOINGS AND THE HIGHER THE YIELD, THE BETTER OFF YOU WILL BE.

KNOWING HOW TO OVERSEE AND HANDLE RESOURCES IS TWOFOLD FIRSTLY KNOWING HOW TO KEEP YOUR LINES OPEN AND TWOTHLY KNOWING HOW TO HANDLE WHAT YOU HAVE WISELY.

KEEP THE INCOME HIGH, THE OUTGOINGS LOW AND THE YIELD WILL BE GREAT, SUCH IS THE WAY OF GATHERING RESOURCES.

# THE SIXFOLD LAWS OF WILINESS

HERE I WILL LAY DOWN NOT SO MUCH A HANDBOOK FOR FOXINESS BUT MORE OF A SET OF LAWS FOR FOXINESS.

LYING AND FOXINESS SHOULD BE WIELDED WITH GOODNESS NOT EVIL.

ALL LAWS HAVE THE SAME WEIGHT AND NO LAW IS BETTER THAN ANY OTHER LAW.

THESE LAWS ARE NOT TO BE USED FOR EVIL BUT RATHER FOR GOOD

SOMETIMES EVIL MAY NEED TO BE BESTED USING CUNNING

HANDLE THESE LAWS WITH WISDOM, FORETHOUGHT AND KINDNESS

FOR WILINESS TO BE GOOD THERE ARE TWO THINGS THAT SHOULD BE MET.

MAKE THE LIE A HALF TRUTH SO THAT OTHERS FILL IN THE GAPS AND SAY THE LIE OVER AND OVER AGAIN SO THAT IT SEEMS TRUE.

| | |
|---|---|
| HALF TRUTH | A GOOD LIE MUST HAVE SOME TRUTH TO IT SO AS TO BE BELIEVED |
| OVER AND OVER AGAIN | LIES SHOULD ALSO BE SAID OVER AND OVER AGAIN, WHAT YOU SAY ON A TUESDAY SHOULD ALSO BE SAID ON A THURSDAY<br><br>THIS IS TO MAKE YOUR LIES SEEM MORE TRUTHFUL |

FIRST LAW - YOU SHOULD ALWAYS HAVE A WAY OF GETTING OUT

YOU SHOULD MAKE READY FOR THE WORST AND HOW TO GET AWAY FROM THE BAD THINGS SO SHOULD SOMETHING BAD HAPPEN YOU CAN SWIFTLY GET OUT.

TWOTH LAW - YOU SHOULD KNOW WHAT IS HAPPENING

KNOWING THE WHAT IS HAPPENING AND WHERE YOU ARE IS KEY.

KNOWING WHAT IS AROUND YOU AND THE ADVANTAGES THAT IS GIVEN TO YOU IS ALSO KEY.

KNOWING THE ADVANTAGES THAT COME WITH EVERYDAY THINGS IS A SKILL YOU OUGHT KNOW, AS SUCH THINGS ARE OFTEN OVERLOOKED BY OTHERS.

THIRD LAW YOU SHOULD ALWAYS FORETHINK OUTCOMES BEFOREHAND

YOU NEED TO FORETHINK OUTCOMES BEFOREHAND AND MAKE READY FOR THE UNFORESEEN, HAVING MANY THOUGHTS BEFOREHAND WILL SEE TO IT THAT YOU GET TO YOUR GOAL.

TAKE IN HOW OTHERS WILL LIKELY FEEL ABOUT SOMETHING AND THEN MAKE READY FOR THE BACKLASH THAT MAY OR MAY NOT HAPPEN.

AS YOU BRAINSTORM THE WAYS OF FOES AND FOLK ALIKE YOU WILL BECOME BETTER AT IT.

YOU MAY TAKE THIS FURTHER, SO AS TO MAKE EVERY OUTCOME WORK TO YOUR LIKING.

IF YOU HAVE FOREKNOWLEDGE OF HOW THINGS WILL HAPPEN THEN YOU CAN MAKE READY FOR IT, DO THIS IN SUCH A WAY SO THAT YOU ARE BETTER OFF AT THE END OF IT.

## FOURTH LAW - YOU SHOULD KEEP YOUR EYES ON THE FOREMOST GOAL

YOU SHOULD ALWAYS KEEP YOUR FOREMOST GOAL IN MIND WHEN DOING ANYTHING AND NOT GET CAUGHT UP IN LESSER GOALS.

YOU SHOULD ONLY DO A LESSER GOAL IF IT GETS YOU NEARER TO THE FOREMOST GOAL, ALWAYS BEAR THAT IN MIND WHEN UNDERTAKING ANYTHING.

## FIFTH LAW - YOU SHOULD SWIKE YOUR WITHERLING

SWIKING IS THAT OF HIDING YOUR TRUE FEELINGS.

THE BEST WAY TO DO THIS IS TO PLAY ALONG WITH YOUR WITHERLING, AND IN DOING SO, HIS WARD AGAINST YOU IS LOWERED FOR HE DOES NOT SEE YOU AS A THREAT.

AS TIME GOES ON YOU WILL BE OVERLOOKED AND AS YOUR WITHERLING DEALS WITH OTHER THINGS, YOU WILL SOON BE FORGOTTEN ABOUT.

IN THIS WAY, YOU CAN SLOWLY BRING BLOODSHED TOWARDS YOUR WITHERLING WHILE SEEMINGLY BEING A FRIEND.

WHEN YOU STRIKE YOU WILL SEEM AKIN TO A GHOST, YOUR WITHERLING WILL NOT KNOW WHO DID WHAT AND WILL BE EVER FEARFUL OF THE NEXT STRIKE.

THIS WILL WILL BE OF A HEAVY BURDEN IN THEIR MIND.

THAT WHICH SEEMS HARMLESS IS IN TRUTH DEADLY, THIS IS SWIKING.

## SIXTH LAW - YOU SHOULD BE UNSEEN

YOU SHOULD BECOME UNSEEN BY HIDING IN OUT IN THE OPEN, THIS LAW IS LIKE THE FIFTH LAW IN THAT WHAT YOU DO IS SELFSAME.

BE LIKE EVERYONE ELSE, TAKE UP BORING JOBS THAT NOONE CARES ABOUT AND KEEP YOURSELF OUT OF THE LIMELIGHT.

YOU MAY WELL BELIEVE YOU CANNOT BE UNSEEN IN THIS WORLD OF A THOUSAND EYES AND A THOUSAND EARS.

WELL YES THAT IS TRUE, BUT THAT IS HOW YOU BECOME UNSEEN.

IF EVERYONE IS BEING WATCHED, THEN YOU ARE BUT A DROP IN THE OCEAN.

DO NOT HIDE IN SHADOW FOR THIS WILL MAKE OTHERS UNTRUSTWORTHY, INSTEAD, HIDE IN THE OPEN AND BE LIKE EVERYONE ELSE.

BEING GHOSTLY IS A NO BRAINER YET IT WILL HIDE YOU FROM BOTH THE GREATEST THREATS AND FOES ALIKE.

BLEND IN TO WHAT IS AROUND YOU, TO DO THIS WELL IS TO MAKE YOU WITHERLING BLIND.

FOR YOU CANNOT FIGHT WHAT YOU CANNOT SEE.

IF YOU WERE TO LOOK LIKE EVERYONE ELSE, BE LIKE EVERYONE ELSE AND TALK LIKE EVERYONE ELSE.

THEN YOU ARE UNSEEN, YOU CANNOT BE SEEN AND CANNOT COME TO HARM.

## LAST WORDS OF THE LAWS

THE LESS FOLK KNOW OF YOU THE MIGHTIER YOU WILL BECOME.

WITH THE SKILL TO SEAMLESSLY BLEND IN ANYWHERE DO NOT WIELD FOXINESS WITH AN EVIL MIND.

STRENGTH SHOULD NOT BE WIELDED TO OVERBEAR ON THE DOWNTRODDEN, BUT SHOULD BE MADE TO UPLIFT OTHERS AND SHED THE BLOOD OF HE WHO HAS DONE WRONG.

AS I HAVE SAID A WHILE BACK DO NOT WASTE YOUR RESOURCES EMBROILED IN FIGHTING FOR IT IS BEST OUTWILE YOUR FOE IF YOU CAN HELP IT.

TO USE CUNNING WITH EVIL MINDEDNESS IS TO BREAK THE HARM PRINCIPLE.

| THE SIXFOLD LAWS OF WILINESS | |
|---|---|
| ONE | YOU SHOULD ALWAYS HAVE A WAY OF GETTING OUT |
| TWO | YOU SHOULD KNOW WHAT IS GOING ON |
| THREE | YOU SHOULD ALWAYS FORETHINK OUTCOMES BEFOREHAND |
| FOUR | YOU SHOULD KEEP YOUR EYES ON THE FOREMOST GOAL |
| FIVE | YOU SHOULD SWIKE YOUR WITHERLING |
| SIX | YOU SHOULD BE UNSEEN |

OTHER LAWS THAT MAY BE HEEDED

HERE I WILL GIVE A NEW SET OF LAWS THAT MAY HELP YOU IN YOUR BRAINSTORMING.

| | |
|---|---|
| ONE | SNIPING |
| TWO | GHOSTING |
| THREE | MAKING YOUR WILES BETTER |
| FOUR | RESOURCEFULNESS |
| FIVE | KNOWLEDGE FROM DOING |
| SIX | SOUNDLESS WATCHING |
| SEVEN | HITMAN FOR HIRE |
| EIGHT | SHARING |
| NINE | GIVING THINGS AWAY |
| TEN | A WRANGLE ON TWO FRONTS |
| ELEVEN | AN UNTRUE SIG |
| TWELVE | LOWERING OF MISTRUST |
| THIRTEEN | TIME LOSS |
| FOURTEEN | PENNY SHAVING |

HERE I WILL SWIFTLY SPEAK OF EACH LAW AS THIS WILL HELP YOU TO MAKE UP YOUR OWN MIND INSTEAD OF ME TELLING YOU WHAT TO THINK.

## ONE - SNIPING

SNIPING AS THE NAME SAYS IS PICKING OUT THE KEY BITS OF SOMETHING WEATHER IT BE SOMEONE'S MINDSET, A COMPUTER OR EVEN WHEN TALKING TO YOUR FELLOW MAN.

SNIPING BOILS DOWN TO WATCHING AND LEARNING THIS SOMETHING AND THEN FINDING THE BEST WAY TO BRING ABOUT THE OUTCOME YOU WANT.

FOR EXAMPLE IF YOU WANTED TO GET RID OF KNOWLEDGE FROM A COMPUTER WELL BY KNOWING HOW A COMPUTER WORKS AND WHERE THE KNOWLEDGE IS HELD, THE BEST WAY OF GETTING RID OF KNOWLEDGE WOULD BE TO TAKE OUT THE HARD DRIVE FOR THE HARD DRIVE HOUSES ALL OF THE KNOWLEDGE.

IN THIS WAY THE COMPUTER LOOKS ARIGHT FROM THE OUTSIDE, YET, THE KNOWLEDGE HAS BEEN TAKEN OUT SINCE THE HARD DRIVE HAS BEEN TAKEN OUT.

THIS IS SNIPING IN A NUTSHELL.

SNIPING MAY BE GOING AFTER KEY RESOURCES AND BUILDINGS, FOOD, WATER, ELECTRONICS AND THE LIKE.

ANYTHING THAT MAY BE WORTHWHILE TO YOUR FOE, GO AFTER AND EITHER TAKE IT FOR YOURSELF OR BRING FORTH A SCORCHED EARTH.

## TWO - GHOSTING

GHOSTING IS ALL ABOUT BEING HIDDEN, THE BEST WAY TO DO THIS IS BY FIRSTLY WATCHING THE LAND AND FOLK AROUND YOU AND THEN DOING AS EVERYONE ELSE IS DOING, FOR BY DOING THIS YOU BLUR THE LINES BETWEEN WHAT IS TRUE AND WHAT IS UNTRUE.

YOU WILL BE AKIN TO A GHOST STRIKING SEEMINGLY OUT OF NOWHERE.

WHEN YOU DO STRIKE IN THIS WAY YOU SHALL BECLOUD YOUR WITHERLING AND BRING FORTH HIS WRATH.

THEY WILL TRY TO FIND THE ONE WHO DID IT BUT WILL BE UNABLE TO DO SO, AND AS SUCH, THEY WILL BE THROWING BOTH THEIR TIME AND RESOURCES AWAY.

THEY ARE AKIN TO A MAN LOSING HIS FOOTING WHILE YOU STAND FIRM.

IT WILL BE LIKE A MAN FIGHTING HIS OWN SHADOW.

LIKEWISE YOUR WITHERLING WILL LOSE RESOURCES AND TIME SINCE THERE IS NOTHING TO GO AFTER, FOR YOU ARE WELL HIDDEN WITHIN THE THRONGS OF THE MANY FOLK.

A RUTHLESS MAN WILL SWIFTLY BE KILLED BUT A MAN THAT SHOWS MEEKNESS WILL BE SPARED, FOR HE IS NOT SEEN AS A THREAT.

## THREE - MAKING YOUR WILES BETTER

MAKING YOUR WILES BETTER IS NOT HARD AT ALL, SEE WHAT WORKS BEST, PUT WHAT IS BEST WITH WHAT IS BEST, AND THEN BUILD UPON IT.

THIS CAN BE PUT TO EVERYDAY LIFE, CLEANSE THE BAD, KEEP THE GOOD AND SEEK TO BECOME EVER BETTER THAN WHAT YOU WHERE BEFORE.

## FOUR - RESOURCEFULNESS

RESOURCEFULNESS IS USING WHAT IS AROUND YOU TO YOUR ADVANTAGE, IT IS MORE OF A MINDSET THAN ANYTHING ELSE.

YOU SHOULD LOOK FOR HOW THINGS CAN BE USED TO YOUR BENEFIT, KNOW HOW SOMETHING WORKS AND THEN SEE HOW THAT CAN BE A BENEFIT TO YOU.

THIS IS THE GREATEST OF ALL SKILLS, TO HAVE THE MEANS TO BE EVER READY, THIS SKILL OUGHT NOT BE OVERLOOKED FOR IT IS THE GROUNDWORK ON WHICH ALL THINGS ARE BUILT.

## FIVE - KNOWLEDGE FROM DOING

KNOWLEDGE FROM DOING IS WHAT IT SAYS IT IS, IT IS PUTTING YOUR KNOWLEDGE TO WORK, BUILDING UPON WHAT WORKS BEST AND THEN DOING IT AGAIN AND AGAIN.

THIS IS BEST DONE LIVE, START SMALL AND ONCE DONE, SET YOURSELF SOMETHING HARDER TO DO.

THIS IS THE BEST WAY TO LEARN FOR YOU ARE BECOMING WISER AS THINGS BECOME HARDER.

## SIX - SOUNDLESS WATCHING

WATCHING OTHERS WITHOUT MAKING A SOUND IS ABOUT GATHERING KNOWLEDGE, MOST FOLK TALK THROUGH THE BODY, THEN THROUGH HOW THEY SPEAK AND LASTLY BY WHAT THEY SPEAK.

READ THE BODY OF OTHERS, AS WELL AS THEIR MIND, SO AS TO KNOW YOUR FOE.

WHEN MEN BETHRONG THEY BECOME MORE CURRISH, FOR THEY THINK THEY ARE NAMELESS.

THE WILL OF THE FOLK CAN BE OVERBEARING, FOR THEY CAN SHIFT AND SWAY TO THE WILL OF A NAMELESS LEADER.

DRIVE THE THRONGS YOUR WAY, BEWILE AND BECLOUD THEIR MINDS SO AS TO WIELD THE OVERBEARING WILL OF MANY FOLK.

FOR THEY ARE AKIN TO SHEEP AND YOU ARE THE UNSEEN SHEPHERD THAT LEADS THEM.

## SEVEN - HITMAN FOR HIRE

TAKE HEED

FOR THIS FORETHOUGHT GOES AGAINST THE HARM PRINCIPLE AND SHOULD NOT BE DONE UNLESS IT IS TO STOP A GREATER HARM

HITMAN FOR HIRE IS USING ANOTHER TO OUTBEST A FOE, TO USE SOMEONE AS A CAT'S PAW IS A NO BRAINER.

| |
|---|
| FIRST, FIND YOUR WITHERLING |
| TWOTH, FIND SOMEONE WHOM WISHES TO BRING AN END YOUR WITHERLING<br><br>SOMEONE STRONGER IS ADVISED, THIS IS YOUR HITMAN, YOUR CAT'S PAW |
| THIRD, YOU SHOULD DO SOMETHING TO BRING FORTH THE WRATH OF YOUR HITMAN<br><br>TO DO THIS, FIND WHAT MAKES HIM TICK AND GO AFTER IT, YET DO SO IN THE NAME OF YOUR FOE |

FOURTH, WATCH THE FIREWORKS AS YOUR WITHERLING IS CRUSHED

YOUR HITMAN WILL BECOME A CAT'S PAW, A FIGHT OF WORDS WILL GROW INTO WRATH AND BOTH SIDES WILL COME OFF WORSE, WHILE YOU WILL BE UNHARMED.

IF THE HITMAN YOU HAVE BEWILED IS STRONGER THAN YOU FOE, THEN YOUR FOE WILL BE SLAIN.

AFTER THIS, YOU OUGHT BE HIDDEN SO THAT THE SAME OUTCOME DOES NOT BEFALL YOU, FOR IF IT DOES THEN IT WILL BE A THOUSAND TIMES WORSE.

## EIGHT - SHARING

SHARING MAY SEEM LIKE YOU ARE TAKING A STEP BACK, AFTER ALL WHY WOULD YOU WISH TO SHARE THINGS WITH YOUR WITHERLING?

HOWEVER THIS CAN BE A BENEFIT.

THE KEY IS MUDDLING UP YOUR KNOWLEDGE WITH THEIRS.

I WILL SPEAK OF COMPUTERS SO AS TO MAKE THINGS STRAIGHTFORWARD.

BY PICKING AND CHOOSING WHAT KNOWLEDGE YOU WISH TO KEEP DERN YOU CAN LIE TO YOUR WITHERLING MOST SKILFULLY.

THEN WHEN THE TIME COMES TO STRIKE YOU WILL BECOME MISTRUSTED IN AFTERMATH, BUT SO WILL THE MAN WITH WHOM YOU SHARED THE COMPUTER WITH.

FOR IN THE EYES OF THE WATCH YOU ARE AS BAD AS EACH OTHER.

THE MORE FOLK WITH WHOM THIS COMPUTER IS SHARED AMONGST, THE MORE DATA THAT IS SPREAD AND THE MORE MISTRUST THERE IS.

THINK OF IT AS THROWING A NEEDLE WITHIN A STACK OF NEEDLES.

YOUR NEEDLE IS HIDDEN AMONGST ALL THE OTHER NEEDLES AND OVER TIME THE STACK BECOMES BIGGER AS MORE KNOWLEDGE IS GOTTEN RID OF.

LASTLY, SHARING KNOWLEDGE CAN LOWER THE MISTRUST OF A FOE, FOR THEY WILL THINK THEY CALL THE SHOTS AND KNOW WHAT YOU ARE UP TO.

WHEN IN TRUTH, YOU HAVE PUT UP A FRONT AND YOU CALL THE ALL THE SHOTS.

BE PICKY ABOUT WHAT YOU SHARE, GIVE THEM WHAT THEY WISH TO HEAR AND SHOW THEM WHAT THEY WISH TO SEE, THEN WHEN THE TIME COMES YOU WILL BE OVERLOOKED.

## NINE - GIVING THINGS AWAY

GIVING AWAY OWNERSHIP IS ANOTHER TOOL OF WILINESS.

THE OTHERLINESS BETWEEN SHARING SOMETHING AND GIVING SOMETHING AWAY IS THAT WHEN YOU SHARE A THING YOU WILL GET IT BACK, FOR OWNERSHIP IS YOURS.

BUT WHEN YOU GIVING SOMETHING AWAY TO SOMEONE ELSE, THEN THE THAT WHICH WAS ONCE OWED AND ALL THINGS THEREIN ARE NO LONGER YOURS.

THEREFORE GREAT CARE MUST BE TAKEN TO GET RID ANYTHING THAT IS ABOUT YOU, SO THAT YOU MAY NOT BE KNOWN AND BE EVER HIDDEN.

THE WEIGHT HERE IS UPON HARD DRIVES FOR THEY ARE A MIGHTY THREAT.

A WRIT WITH YOUR NAME ON IT CAN BE RIPPED ASUNDER BUT THAT WHICH IS GOTTEN RID OF CAN BE BROUGHT BACK.

NOW I WILL GIVE TIPS ON WHAT TO DO BEFORE GIVING THINGS AWAY.

| | |
|---|---|
| ELECTRONIC MAIL | IT IS BEST TO CHANGE YOUR NAME AND OTHER INFORMATION TO SOMETHING ELSE |
| ONLINE GAMES | HAVE A PLAYER THAT IS MIGHTY SO THAT OTHER PLAYERS WILL WANT TO STEAL HIM |
| SOCIAL MEDIA | SWITCH YOUR NAME AND OTHER SUCH KNOWLEDGE AROUND, ALSO GET RID OF ANY SNAPSHOTS OF YOURSELF AS WELL AS ANY FRIENDS YOU HAVE |
| OVERALL | IT WOULD BE BEST TO GET RID OF THINGS THROUGH AND THROUGH, BUT IF NOT, THEN YOU SHOULD LIE AND GIVE UNTRUE KNOWLEDGE |

IF YOU ARE GOING TO GIVE THINGS AWAY SEE TO IT THAT ALL KNOWLEDGE OF YOURSELF IS GONE, THIS ALSO HOLDS TRUE OF ANYTHING THAT MAY WELL GIVE YOU AWAY SUCH AS SNAPSHOTS OF YOURSELF.

AND AS ALWAYS IF YOU CANNOT GET RID OF IT SWITCH THINGS UP.

IF YOU CANNOT CLEANSE ANY SNAPSHOTS OF YOURSELF THEN PUT BLACK BARS OVER THE EYES, EARS, NOSE AND MOUTH SO AS MAKE IT HARDER TO FIND OUT WHO YOU ARE.

AT THE LEAST HIDE YOUR EYES AS THESE ARE A KEY WAY TO FIND OUT WHO YOU ARE.

IN LAYMAN'S TERMS GET RID OF ALL KNOWLEDGE OF SELF BEFORE GIVING THINGS AWAY, SO THAT YOU ARE HARDER TO FIND.

## TEN - A WRANGLE ON TWO FRONTS

BRING TWO MEN TOGETHER AND SET THEM AGAINST A SHARED WITHERLING, OUTWILE THE OTHER FOLK AND SET THEM AGAINST THE SAME FOE.

THIS WILL BRING ABOUT A WRANGLE ON TWO FRONTS, YOUR WITHERLING WILL HAVE TO NOT ONLY FIGHT WITH YOU BUT WILL ALSO AGAINST THE FURORE OF EVERYONE ELSE.

HE WILL BE UNABLE TO HOLD BOTH SIDES, EITHER HE BEATS ONE FOE AND IS CRUSHED BY THE OTHER OR HE TRIES TO FIGHT BOTH FOES AND IS OVERWHELMED.

ALL THE WHILE YOU WILL REMAIN HIDDEN AND SAFE, AWAITING THE DEATH BLOW THAT WILL BRING FORTH YOUR WITHERLING'S UNDOING.

SOW HATE AND REAP HATE AGAINST YOUR WITHERLING AND HE WILL SOON FALL.

## ELEVEN - AN UNTRUE SIG

ANOTHER WILE IS TO LET YOUR WITHERLING WIN.

THIS MAY SEEM LIKE A FLIPFLOP BUT THE KEY WORD HERE IS TO LET YOUR WITHERLING WIN.

BE SLEEPY AND RUTH, GIVE THEM THE UPPER HAND AND MAKE THEM THINK THEY HAVE WON, THEY WILL SOON FORGET ABOUT YOU THINKING NOTHING OF YOU.

YET YOU HAVE NOT LOST, YOU ARE SLEEPING, WATCHING, KEEPING AN EYE ON YOUR WITHERLING AND MAKING READY.

USE THE TIME GIVEN TO YOU TO WATCH AND FORETHINK, AND THEN WHEN THE TIME IS RIGHT, STRIKE.

WHEN YOU FOE IS UNREADY, STRIKE, THEN SLINK BACK IN TO SHADOWS FROM WHENCE YOU CAME.

## TWELVE - LOWERING YOUR MISTRUST

TO BE OVERLOOKED IS BETTER THAN BEING HIDDEN.

IF YOU ARE OVERLOOKED YOU WILL NOT BE FOUND AND IF YOU ARE NOT FOUND YOU CANNOT BE HARMED.

THEREFORE DO NOT MAKE OTHERS MISTRUST YOU AND YOU WILL GO UNHARMED AND UNWATCHED.

TO BE HIDDEN IS TO BRING ABOUT MISTRUST, THEREFORE HIDE IN THE OPEN AND NOT IN THE SHADOWS.

TO BE TRUSTED BY OTHERS IS THE GREATEST SHIELD THERE IS.

## THIRTEEN - TIME LOSS

MAKING YOUR WITHERLING LOSE TIME IS ANOTHER FORM OF WILINESS.

BY NOW THEY WILL BE CHASING SHADOWS OF YOUR OWN MAKING AND TIRING THEMSELVES OUT WHILE DOING SO.

USE LIES AND PUT ON A SHOW SO AS TO MAKE THEM LOOK AT SOMETHING ELSE, THEN MAKE THEM RUN AFTER IT.

LOOK MELLOW SO AS NOT TO BE MISTRUSTED, WHILE AT THE SAME TIME MAKE SOMETHING ELSE SEEM UNTRUSTWORTHY.

MAKE IT SEEM THAT THE THING YOU WANT YOUR WITHERLING TO GO AFTER IS A THREAT, SOMETHING YOU WHERE HIDING FROM THEM.

THEY WILL RUN AFTER IT AND IN DOING SO, YOU WILL HAVE THE UPPER HAND.

WHILE THEY ARE TIRED AND WEARY, YOU WILL BE WELL RESTED AND EVER READY FOR WHAT AWAITS YOU.

HOW YOU SHOW YOURSELF IS KEY BUT BE STILL AND MELLOW WORK WITH YOUR WITHERLING WHILE AT THE SAME TIME GIVING THEM SOMETHING TO GO AFTER SO AS TO DRAW THEIR SIGHT AWAY.

WHILE THEY LOOK AWAY FROM YOU SLOWLY SLINK AWAY.

## FOURTEEN - PENNY SHAVING

PENNY SHAVING IS SLOWLY TAKING THINGS OVER TIME THIS IS DONE IN SMALL BITS AND COULD BY ANYTHING.

NINE TIME OUT OF TEN IT IS GELT THAT IS STOLEN AND IT IS TAKEN IN SMALL BITS SO AS NOT TO BRING ABOUT MISTRUST SO IF YOU WISH TO HAVE SOMETHING THEN PENNY SHAVE.

AS TIME GOES ON YOU WILL HAVE MORE AND MORE OF THE THING YOU WANT.

## BECOMING SKILFUL AND WILY

TO BECOME WILY AND SKILFUL YOU SHOULD FOLLOW THE SIXFOLD LAWS OF WILINESS IN YOUR EVERYDAY DEALINGS WITH OTHERS.

ONCE YOU HAVE GOT GOOD AT DOING IT IN SMALL EVERYDAY DEALINGS, YOU SHOULD BE MORE BOLDER AND DO EVER BIGGER HOODWINKS.

## GAZING AT SWIKING

HERE I WILL LAY OUT THE GROUNDWORK NEEDED FOR LYING.

FIRST, YOU SHOULD THINK ABOUT AND BE MINDFUL OF YOUR FOREMOST GOAL.

YOU SHOULD HAVE A GOAL THAT IS UNDERSTOOD IN KNOWING WHAT YOU KNOW, TAKE THE FASTEST ROAD TO WINNING.

TWOTH, READY YOURSELF FOR THE WORST, THIS READINESS MAY WELL BE A LIE, SELFSLAUGHTER OR BUGGING OUT.

IF EVERYTHING GOES TO SHIT THEN YOU CAN SWIFTLY RUN AWAY.

AFTER THIS, HONE YOUR SKILLS OVER TIME.

START WITH LITTLE LIES FOR LITTLE THINGS, ONCE YOU HAVE GOT THE HANG OF THAT YOU SHOULD BE MORE DARING.

SKILLS FOR FOXINESS SHOULD BE BUILT UP SLOWLY OVER TIME, DO NOT UNDERGUESS THE GODLIKE STRENGTH OF LIES, FOXINESS AND OUTWILING OTHERS.

AND NEVER FORSAKE THE HARM PRINCIPLE.

## A GHASTLY WARNING

IT IS HOPELESS TRYING TO GAIN MIGHT FOR YOURSELF IN THIS WORLD, AS UPON DEATH ALL IS RENT ASUNDER AND WILL BE LOST FOR EVERMORE.

AS I HAVE SAID EARLIER.

THESE LAWS ARE NOT TO BE USED FOR EVIL BUT RATHER FOR GOOD

SOMETIMES EVIL MAY NEED TO BE BEATEN THROUGH WILINESS

USE THESE LAWS WITH GREAT CARE

# HIDING THINGS WELL

THE HIGHEST KIND OF WILINESS IS TO MUDDLE LIES WITH TRUTH.

IT IS BEST TO PUT ON A FRONT, SO AS TO MISLEAD THE MIND AND THEREBY FEED YOUR WITHERLING LIES.

IF YOU DO NOT LOOK THREATENING, THEN YOU WILL MOST LIKELY BE OVERLOOKED AND LEFT ALONE.

WE ALL HAVE SOME THINGS WE WOULD RATHER KEEP HIDDEN, YET WHEN KEEPING THINGS DERN IS SEEN IN A BAD LIGHT, AS IT IS WHEN FOLK SAY YOU HAVE NOTHING TO FEAR IF YOU HAVE NOTHING TO HIDE.

WHEN FREEDOM IS BYGONE, IT IS BEST TO BE WILY.

HIDE ANYTHING OF WORTH YET GIVE THE FRONT YOUR WITHERLING WISHES TO SEE, BY SHOWING OTHERS WHAT THEY WISH TO SEE AND TELLING OTHERS WHAT THEY WISH TO BE TOLD.

IF YOUR WITHERLING THINKS YOU ARE HIDING THINGS AND IS UNTRUSTWORTHY OF YOU, THEN PUT ON A SHOW OF MEEKNESS SO AS TO LOWER THEIR MISTRUST OF YOU.

HIDE SOMETHING SMALL SO AS TO HIDE SOMETHING BIGGER.

SUCH THINGS WHEN FOUND SHOULD BE MADE OF THINGS THAT ARE WORTH HIDING, SUCH AS STUFF THAT WILL BE SHAMEFUL TO SHOW TO OTHERS.

IN THIS WAY WHAT YOU WERE TRULY HIDING IS HIDDEN.

## THE GOLDEN RULE OF WILINESS

THE GOLDEN RULE OF WILINESS IS NOT HARD, PULL THE WOOL OVER THEIR EYES SO AS TO SIDESTEP FIGHTING.

FIGHTING IS THERE TO GAIN A GOAL, SUCH AS TO GET RID OF A THREAT, BY USING CUNNING YOU GET RID OF ANY THREATS.

THE SQUEAKY WHEEL GETS THE GREASE, IF YOU ARE A SQUEAKY WHEEL PUT UP A FRONT SO AS TO NOT GET THE GREASE, THEREBY YOU WILL BE DERNLY SQUEAKY.

WORK WITH YOUR FOE IN THE LIGHT WHILE WORKING AGAINST HIM IN THE DARKNESS.

FOR IF YOU OPENLY WORK WITH HIM HE WILL NOT KNOW WHO TO MISTRUST AND IF HE DOES NOT KNOW THEN HE HAS ALREADY LOST.

## WHEN ALL IS SAID AND DONE

AFTER YOU HAVE DONE YOUR GOALS, YOU SHOULD SHOW KINDNESS TO THOSE WHO HAVE BEEN WRONGED BY YOU.

BE KIND TO OTHERS, ALWAYS, EVEN IF THEY ARE UNKIND TO YOU.

FOR THEY MAY LEARN FROM YOUR KINDNESS.

AFTER ALL YOU HAVE NOTHING TO LOSE BY DOING GOOD WILL TO THOSE WHO HAVE BEEN WRONGED BY WHAT YOU DID, FOR YOUR GOALS HAVE ALREADY BEEN REACHED.

HELP THE FALLEN DERNLY SO AS TO SEEN THEIR HAPPINESS OPENLY.

UNFORESEEN GOODNESS WILL GIVE HAPPINESS TO THOSE WHOM IT IS GIVEN TO.

THEREFORE BE GOOD TO OTHERS, AT ALL TIMES.

# THE THREE GREAT LAWS

DO YOU KNOW OF THE THREE GREAT LAWS?

WELL, THEY ARE TO BE USED HERE.

| | |
|---|---|
| KNOWLEDGE | THE FIRST LAW IS KNOWLEDGE, AS I HAVE SAID BEFORE KNOWLEDGE IS KING, AND KNOWING MORE ABOUT YOUR FOE THAN YOUR FOE KNOWS OF YOU SHOULD BE FOREMOST |
| TRUST | THE SECOND LAW IS TRUST, THE BEST WAY TO GAIN TRUST IS BY BECOMING THE GREY MAN, BE IN THE BACKGROUND, WORM YOUR WAY IN AND THEN HARVEST KNOWLEDGE ON YOUR ADVERSARY |
| RESOURCES | THE THIRD LAW IS RESOURCES, HAVING THE RIGHT STUFF AT THE RIGHT TIME IS THE GROUNDWORK FOR EVERYTHING ELSE, KEEP WHAT YOU HAVE HIDDEN AND UNKNOWN TO YOUR ENEMY |

THE GREAT LAW - KNOWLEDGE IS BEST WEAPON

THE BEST WEAPON IS KNOWLEDGE FOR WITH KNOWLEDGE YOU WILL WIN EVERY TIME.

GAIN KNOWLEDGE OF YOUR ADVERSARY AND FEED HIM NOTHING BUT LIES, GIVE HIM A LIE YET KEEP IT HAZY AND OPEN TO THOUGHT.

WITH EACH NEW LIE YOU GIVE HIM, HE WILL PUT TWO AND TWO TOGETHER ONLY TO COME TO AN OUTCOME MADE OF LIES, AN OUTCOME HE HAS BUILT FOR HIMSELF.

IN THE END HE WILL TIE HIMSELF IN KNOTS FOR THE BEST WAY TO WIN IS TO GIVE ERRONEOUS KNOWLEDGE AND THEN WATCH AS YOUR OPPONENT KILLS HIMSELF.

WINNING IS KNOWING MORE ABOUT THEM THAN THEY KNOW OF YOU.

THE GREAT LAW - TRUST IS THE GREATEST SHIELD

THE BEST SHIELD IS TRUST, FOR WITH TRUST YOU WILL NEVER COME TO HARM.

HIDE YOUR THOUGHTS, BE THE GREY MAN, BLEND IN AND WORK WITH YOUR FOE.

AS YOU WORK WITH HIM, HE WILL SEE YOU AS LESS OF A THREAT, HIS MIND WILL WANDER TO OTHER THINGS AND YOU WILL SOON BE FORGOTTEN ABOUT.

YET YOU ARE MERELY SLEEPING.

WITH YOUR THOUGHTS HIDDEN YOU WILL SOON BE A SHADOW AMONGST THE LIVING, THIS WILL BE THE BEST TIME TO STRIKE AND SINCE YOU HAVE THE TRUST OF OTHERS YOU WILL NOT COME TO HARM.

MOREOVER WINNING IS BEING TRUSTED BY YOUR FOE

KNOWLEDGE IS THE GREATEST WEAPON, TRUST IS THE GREATEST SHIELD

AS FOR STEALTH STEALTH SHOULD BE USED INSTEAD OF FIGHTING, IT IS BEST TO WIN WITHOUT FIGHTING.

STEALTH ABOVE ALL ELSE

# FORTHSENDING THINGS

# SENDING THINGS THE RIGHT WAY

## A SWIFT BETALKING ABOUT THE DEEP WEB

IF THE DEEP WEB WAS EVER CRACKED THEN WE WOULD NOT KNOW ABOUT IT, FOR IF LAWBREAKERS KNEW THEY WERE BEING WATCHED THEY WOULD GO SOMEWHERE ELSE.

THE WATCH CAN WATCH EVEN BETTER WHEN THOSE WHO ARE DOING WRONG DO NOT KNOW THEY ARE BEING WATCHED.

SO DO NOT SEND THINGS OVER THE WORLD WIDE WEB, FOR IT WAS BUILT FROM THE GROUND UP TO BE OPEN AND FREE, WITH A THOUSAND EYES WATCHING AND A THOUSAND EARS LISTENING TO ALL THAT YOU DO.

## SENDING THINGS BY HAND

INSTEAD KNOWLEDGE CAN BE SENT BY HAND, THIS IS TRULY HIDDEN FOR YOU NEED NOT HIDE IT BEFOREHAND.

KNOWLEDGE CAN BE BOUND IN A BOOK WRITTEN IN STONE OR TALKED FROM THE MOUTH.

BEFORE SENDING KNOWLEDGE OFF HOWEVER YOU OUGHT TAKE IN TO YOUR FOLD THE HIDDEN EVIDENCE THAT YOU CANNOT SEE.

## THWARTING HIDDEN EVIDENCE

THE THINGS NEEDED TO THWART HIDDEN EVIDENCE HAVE BEEN LISTED SO IT IS BEST TO LOOK IN TO HIDDEN EVIDENCE AND HOW HIDDEN EVIDENCE WORK BEFORE YOUR FLIGHT AS I DOUBT I HAVE SAID ALL THERE IS TO KNOW HERE.

| GEAR | HIDDEN EVIDENCE THWARTED |
|---|---|
| GLOVES | FINGER PRINTS AND PALM PRINTS |
| FACE GRIME OR LOFT GRIME | SPIT |
| HOOD HAIRNET OR SHAVING YOUR HEAD | HAIR |
| WOODEN BLOCKS ON THE BOTTOM OF YOUR SHOES | HEIGHT AND SHOE PRINTS |
| WRAPPING YOUR WOUNDS | BLOOD |
| UNMAKING YOUR CLOTHING | SKIN CELLS |
| RAZZLE DAZZLE FACE PAINT | FACIAL RECOGNITION SOFTWARE |

## SENDING THINGS BY WAY OF BALLOONS

A GOOD WAY TO FORTHSEND KNOWLEDGE IS THROUGH BALLOONS, A THUMB DRIVE TIED TO A BALLOON CAN BE USED TO SEND KNOWLEDGE.

ONE DAY SOMEONE WILL FIND IT, BUT THEY WILL NOT KNOW WHO THE THUMB DRIVE BELONGS TO.

THEREFORE IT IS HIDDEN.

A THUMB DRIVE IS ADVISED AS THEY CAN BE TIED STRAIGHT TO THE BALLOON USING A BIT OF STRING, HOWEVER ANYTHING LIGHT ENOUGH CAN BE USED, IT NEED NOT BE A THUMB DRIVE.

IF THE THUMB DRIVE DOES NOT HAVE A WAY TO TETHER TO THE BALLOON, THEN MAKING A SMALL WAD THAT IS DRAWN SHUT AND TYING THAT TO THE BALLOON IS SUGGESTED.

THIS WAY OF DISTRIBUTING IS A GOOD WAY TO HIDE KNOWLEDGE, YET YOU CANNOT STEER THE BALLOON IN THE SKY SO YOU OUGHT TAKE HEED OF WEATHER FORECASTS.

| | |
|---|---|
| RECOMMENDED TIME OF LETTING GO | ANYTIME BETWEEN DUSK AND DAWN, SO WATCH THE SKIES |
| STOW OF BROADCASTING | DO THIS FROM GREENBELTS OR OUTSIDE OF GREENBELTS, AS YOU ARE HARDER TO FIND OUTSIDE THE CITIES THAN WITHIN CITIES |
| COLOUR OF THE BALLOON | DARK HUES ARE ADVISED AS THEY ARE HARD TO FIND AT NIGHT, MIDNIGHT BLUE IS THE HARDEST OF ALL TO SEE |
| HOW FAST THE WIND BLOWS | IT IS BEST TO LET GO YOUR BALLOON ON A HIGH SPEED WIND, SO THAT THE BALLOON GOES FAR AWAY FROM WHERE YOU FIRST LET IT GO |
| THE WAY THE WIND BLOWS | THE WIND SHOULD BLOW WHERE YOU WANT THE BALLOON TO GO, IT IS BEST TO LOOK AT THE WEATHER FORECAST BEFOREHAND |

## WADS

WRAP, TIE OR BIND THE THUMB DRIVE IN A WAD, SO IF THE THUMB DRIVE WHERE TO LAND IN WATER IT WILL FLOAT AND NOT BECOME WATERLOGGED.

## WEATHER AND WIND SPEED

IT IS BEST TO CALCULATE THE WEATHER FORECAST BEFORE THE BALLOON IS SENT OFF.

A BALLOON OF HELIUM SUCH AS THE ONES SEEN AT BIRTHDAYS WILL FLY TO A HEIGHT OF TWENTY SIX THOUSAND FEET.

AS THE BALLOON FLIES EVER HIGHER THE WALLS BECOME EVER WEAKER UNTIL THEY BURST AND THE FLASH DRIVE FALLS TO EARTH.

KNOWING WHICH WAY THE WIND IS GOING NEEDS TO BE THOUGHT OUT BEFOREHAND, FOR THE BALLOON IS CARRIED BY THE WIND SO THINK ABOUT THIS BEFOREHAND.

THE HIGHER THE BALLOON GOES THEN THE STRONGER THE WINDS SHALL BE, SO IF YOU WISH FOR YOUR BALLOON TO RISE HASTILY THEN EITHER SHED SOME WEIGHT OR ADD MORE BALLOONS.

THEN AGAIN A SLOW RISE WOULD MEAN YOUR BALLOON LINGERS IN THE SKY LONGER, SO IF YOU WISH FOR IT TO GO FAR THEN LADEN IT WITH GREATER WEIGHTS.

## LEAFS AND BOOKS

THINGS CAN ALSO BE SENT BY HAND, AN EXAMPLE OF THIS ARE PAPERS WITH WRITING ON THEM THAT ARE THEN LEFT AT A DEAD DROP.

CAREFULLY WRITE THE CHARACTERS BY HAND AND WRAP THE PAPERS IN CLINGFILM SO AS TO SHIELD THEM, AFTER THIS SET IT DOWN IN A PREDETERMINED PLACE, THIS IS YOUR DEAD DROP.

LEARNING HOW TO BOOKBIND IS STRONGLY ADVISED, FOR BOOKBINDING WILL BE GOOD WHEN SENDING LOTS OF PAPERS, THE PAPERS WILL BE BOUND TOGETHER IN A BOOK AND WILL NOT GET LOST.

I STRONGLY SUGGEST READING THE FOLLOWING:

A STEP BY STEP WALKTHROUGH FOR GOING MISSING

AND

LAWS OF FIGHTING

# FINISHING OFF THE REST OF US

# WHEN THE SHIT HITS

THE WORDS THAT FOLLOW HEREAFTER CANNOT BE FOUND IN ANY OTHER BOOK I HAVE WROTE.

THIS HAS COME ABOUT GIVEN THAT I HAVE TAKEN A LIKING TO READYING MYSELF FOR THE HARD TIMES YET TO COME, THEREFORE THESE WORDS HAVE BEEN WRITTEN.

MAKE READY FOR THE HARD YARDS.

THIS IS NOT THE SAME AS WANDERING OFF AND GOING MISSING THIS IS FOR WHEN THERE IS NO GRID AND THERE IS NO HOPE.

THIS IS FOR THOSE WHO WISH TO KEEP THE SLAUGHTER OF MANKIND GOING AFTER THE TWILIGHT OF THE GODS.

SO WITH ALL OF THAT SAID I WILL NOW DELVE IN TO HOW TO FINISH OFF THE REST OF US.

# WHAT TO DO WHEN ALL IS LOST

SO, ALL IS LOST, THERE IS NO HOPE AND THE SKIES HAVE BECOME A GHASTLY SHADE OF BLACK, LET ME BE YOUR LIGHT, LET ME BE YOUR BOON.

I SHALL SPLIT THIS IN TWO.

ONE IS FOR WHEN THE LEADERS BECOME TOO GREAT AND IRONFISTED AND THE OTHER IS WHEN THE LEADERS HAVE TAKEN FLIGHT LIKE A BIRD AND LAWLESSNESS IS UNBRIDLED.

LET US BEGIN.

# HOW TO OVERTHROW A DICTATORIAL STATESMAN

FIRSTLY, I SHALL SPEAK OF HOW TO DEAL WITH AN OVERBEARING LEADER SINCE THEY ARE MORE LIKELY TO ARISE THAN DOOMSDAY YES WE ALL THINK ABOUT THE TIME OF RECKONING AND THE MULL IT OVER IN OUR MINDS.

BUT A COLD AND UNFEELING LEADER IS BOUND TO COME SOONER OR LATER KNOW THAT SUCH AN OVERSEER SHALL BE A MAN MARRED WITH A DARK HEART AND SOULLESS EYES AND HE SHALL PUMMEL THE DOWNTRODDEN WITH AN IRON FIST FROM WHICH HE WIELDS AN UNEARTHLY MIGHT.

SO HOW ARE YOU TO BEST SUCH A FOE.

FIRSTLY, DO NOT STICK OUT, YOUR WORDS WILL COME TO NAUGHT AND YOU WILL GO MISSING, BE BOTH THE GREY MAN AND A MAN WHO IS NEEDED, SOMEONE WHO CANNOT BE GOTTEN RID OF.

DO AS EVERYONE ELSE IS DOING AND SPEAK AS EVERYONE ELSE SPEAKS, SLOWLY GATHER KNOWLEDGE OF WHERE YOU ARE AND WHERE YOUR FOE IS.

LOOK AROUND AT THE CARE TAKEN BY YOUR MARK TO FIND AND WITHSTAND ANY THREATS THAT MAY COME HIS WAY.

IS HE OVERLY WATCHFUL? DOES HE SEE UNSEEN THREATS AND HIDDEN FOES WITHIN EVERY SHADOW?

IF HE DOES THEN YOU COULD SOW MISTRUST AMONG HIS MEN AND THEREBY BRING ABOUT STRIFE BETWEEN HIM AND THOSE AROUND HIM.

ARE THERE DOGS ABOUT ARE THERE MEN KEEPING AN EYE ON THINGS THIS MUST BE KNOWN IN THE FIRST FEW DAYS AND WEEKS.

IS HE OVERLY WATCHFUL DOES HE SEE UNSEEN THREATS AND HIDDEN FOES WITHIN EVERY SHADOW IF HE DOES YOU COULD SOW MISTRUST AND BRING ABOUT STRIFE BETWEEN HIM AND THOSE AROUND HIM.

THEN OVER THE COMING MONTHS AND YEARS EARN HIS TRUST, BE KIND AND FRIENDLY, DO NOT WITHSTAND HIM AND INSTEAD BE A BOON TOWARDS HIM, SHOW HIM SKILLS HE CANNOT FIND FROM ANYONE ELSE AND HE WILL BE UNWILLING TO RID HIMSELF OF YOU.

FOR YOU ARE AN UNDERLING WHO NOT ONLY HOLDS STEADFAST, BUT CAN MEND WHAT IS BROKEN AND HEAL WHAT IS SICK.

AS TIME GOES ON HE WILL TRUST YOU MORE AND MORE AND LOOK HIGHLY UPON YOU, THEN WHEN THE TIME IS RIGHT, TEAR DOWN THE LEADER WHO STANDS OVER YOU TAKE AWAY HIS FOOTING.

GATHER YOUR WEAPONS SLOWLY OVER TIME, SMUGGLE IT IN BIT BY BIT NEED BE AND THEN WHEN YOU ARE ALONE, MAKE THE WEAPON BY PUTTING ALL THE LITTLE BITS TOGETHER BY HAND.

ONCE THIS IS DONE YOU WILL BE READY, YOUR ADVERSARY SHALL BE TRUSTING OF YOU, HE SHALL SMILE BROADLY AT THE SIGHT OF YOU, AND, WHILE HE LAYS THERE IN BED WITHIN THE MIDST OF A DEEP SLUMBER, YOU SHALL BE THE NIGHTMARE WHO SITS ATOP HIM.

HIS LIFE SHALL BE SAPPED FROM HIS BODY AND YOU WILL EITHER BE THE NEW KING, OR, SHOULD YOU WISH, YOU MAY SLINK IN TO THE DARKNESS SO AS TO BE A LIVING NIGHTMARE FOR THE NEXT KING TO ARISE.

TO OVERTHROW HIM OR TO SPARE HIM, RESTS WITHIN YOUR HANDS.

# WHAT TO DO IN A RUDDERLESS WORLD

SO, THE LEADER HAS FALLEN, OR, HE HAS TAKEN FLIGHT AND THE WORLD IS RUDDERLESS, THIS IS DARE I SAY IT, HARDER THAN LIVING WITH SOMEONE WHO IS OVERBEARING AND SEEKS TO STEER YOUR LIFE.

FIRSTLY, YOU ARE EVERYTHING, IF YOU BREAK YOUR LEG OR YOU BECOME ILL THEN I DO HOPE YOU KNOW HOW TO HEAL YOURSELF AND MEND A BROKEN LIMB.

AND IF YOU DO NOT KNOW HOW TO MAKE YOURSELF BETTER OR SET A BROKEN LIMB THEN YOU ARE SHIT OUT OF LUCK.

YOU WILL DIE IF YOU ARE ON YOUR OWN, SO, DO NOT GET IN TO STRIFE OR WRANGLES, KEEP AWAY FROM ANYTHING THAT CAN HARM YOU.

IF YOU ARE ON YOUR OWN, YOU ARE EVERYTHING, YOU ARE THE HEALER, YOU ARE THE HARVESTER OF FOOD, YOU ARE THE WATCHMAN AND YOU ARE THE MAN WHO THINKS SEVEN STEPS AHEAD.

IF YOU FUCK UP THEN THERE IS NOONE THERE TO HELP YOU, THERE WILL BE YOU AND FOLKS WHO TRY TO HARM YOU, THAT IS ALL.

THE FIRST THING YOU SHOULD DO IS WORK WITH SOMEONE YOU TRUST SO YOU CAN WATCH OVER EACH OTHER, MAKE IT SO YOU ARE BOTH WELL FED SO AS TO NOT BACKSTAB OR FORSAKE EACH OTHER.

HAVING FOOD IN YOUR BELLY AND A WARM BED IS WORTH MORE THAN ITS WEIGHT IN GOLD, KEEP THAT IN MIND.

# WHERE TO START

KNOWING WHERE TO START IS GOOD, I WOULD START WITH YOURSELF AND WHOMEVER YOU ARE WITH, YOU CANNOT DO THIS ON YOUR OWN, YOU NEED TO BE WITH SOMEONE ELSE.

I WILL BREAK THIS DOWN IN TO LITTLE BITS SO YOU CAN UNDERSTAND THINGS BETTER, I WILL START OFF WITH THINGS YOU WILL NEED AND THEN TALK ABOUT BUG OUT BAGS.

THIS LIST IS NOT THE BE ALL END ALL OF BUG OUT BAGS BUT IT IS A JUMPING OFF POINT FOR YOU TO BRANCH OFF FROM.

YOU NEED TO START FROM THE BEGINNING AND NOT AT THE END, WORK FROM THE BOTTOM AND BUILD UPWARDS FROM THERE.

| WATER | FOOD | CLOTHING | WANDERING TO AND FRO |
|---|---|---|---|
| TWO POTS | SPUDS | SEWING KIT | TWENTY POUND SLEDGEHAMMER |
| TWO POT LIDS WITH A HOLE | CANNED MILK | NEEDLES | A HAND DRAWN PATH TO WHERE YOU WISH TO GO WITH LANDMARKS TO GET YOUR BEARINGS |
| STICKY TAPE | LEAFY GREENS | THREAD | |
| RUBBER HOSE | KNIFE | SEAM RIPPER | |
| STEEL MESH | FORK | HAND GLASS | |
| TROWEL | SPOON | TAPE | |
| SIEVE | ONE HUNDRED LIGHTERS | NEEDLE THREADER | |
| HAMMER | SALT | SHEARS FOR CUTTING THREAD AND CLOTH | |
| CROWBAR | | WONDER CLIPS | |
| WIRE CUTTERS | | FELT SHIRT | |
| | | FELT SKIRT | |
| | | FELT SHOES | |
| | | FELT HOOD | |
| | | FELT GLOVES | |

| HEALTH | KNOWLEDGE | KEEPING CLEAN | WEAPONRY | FARMING |
|---|---|---|---|---|
| DAYBOOK | WORDBOOK | TROWEL | LEATHER PILLOW | TWO DAIRY GOATS |
| TOOTHBRUSH | A MAP OF WHERE YOU ARE | SPONGE | LYE WATER GUN | A SMALL POT WITH A LID |
| MOUTHWASH | BRAIN TEASERS | BATHTUB | WOODEN KEG | TWO BIG POTS |
| SLEEPING BAG | | STEEL WOOL | TAP | A CLOTH BIG ENOUGH TO GO OVER THE BIG POT |
| KETTLEBELL WEIGHTS | | WASHBOWL | GLASS OVEN TRAY | WATER |
| NAIL CLIPPERS | | TEN FOOT OF | MAN TRAPS | A BIG WOODEN BOX |

| | | | | | |
|---|---|---|---|---|---|
| | | ROPE | | | |
| SCISSORS | | BIG STEEL POT | | | |
| | | WOODEN STAKE WITH NOTCH ON TOP | | | |

## BACK UP BAG

TAKE TWO OF EVERYTHING AND MAKE A BACK UP BAG AS THIS BAG WILL BE HIDDEN AWAY FROM YOUR MAIN DWELLING BURY THE BAG AND MARK IT WITH A STONE OR SOME KIND OF MAKER ON A WALL.

BUY THE DAIRY GOATS BEFORE A CALAMITY AND NOT AFTER, THEY WILL BE AN ENDLESS SOURCE OF MILK.

## BUG OUT BAG

FIRSTLY, THIS BAG IS MAINLY GOING TO HAVE TOOLS IN IT SO YOU CAN KEEP ON LIVING, SO, THIS BAG NEED NOT BE BIG, BEFORE YOU BUG OUT EAT AS MUCH FOOD AS YOU CAN AND OPEN THE REST SO AS TO BRING ABOUT SCORCHED EARTH.

IF YOU CANNOT TAKE IT THEN MAR IT.

WEIGHT IS SOMETHING YOU SHOULD THINK ABOUT WHILE BUGGING OUT, YOUR BAG MIGHT NOT BE HEAVY NOW BUT IT WILL BE AFTER WALKING FOR A LONG TIME.

## WATER

WATER THAT IS GATHERED FROM A PUDDLE, POOL, WHARF, LAKE OR THE SEA MUST BE MADE CLEAN, THIS CAN BE DONE BY FIRST RUNNING THE WATER THROUGH A SIEVE, BOILING THE WATER AND AFTERWARDS LETTING THE STEAM GATHER AND COOL IN TO CLEAN WATER.

ONE POT SHOULD BE FOR BOILING WATER AND THE OTHER POT SHOULD BE FOR GATHERING THE STEAM, RUN A RUBBER HOSE BETWEEN THE TWO POTS AND IN TIME THE STEAM SHALL BECOME COLD AND SOFT WATER SHALL BECOME OF IT.

DO THIS AND BE IT SALTY OR DIRTY, YOU SHALL HAVE WATER TO DRINK.

A CLAW HAMMER AND A CROWBAR CAN BE MADE TO TAKE OUT NAILS AND SPLIT THE WOOD BOTH FROM DOOR FRAMES AND WINDOWSILLS.

THE WOOD CAN THEN BE BURNED AS FIREWOOD, SPLIT THE WOOD IN HALF SO THAT IT BURNS FASTER, THE SPLINTERS AND SHAVINGS THAT BREAK AWAY FROM THE MAIN BODY OF WOOD CAN BE MADE IN TO KINDLING AND TINDER FOR STARTING SMALL FIRES.

WHOLE DOORS CAN BE PRIED OFF THEIR HINGES FROM THE INSIDES OF BUILDING AND HOMES.

A HAND GLASS FOUND WITHIN YOUR SEWING KIT CAN BE MADE TO LIGHT TINDER, DIG A SMALL HOLE WITH YOUR TROWEL AND PUT WOOD INSIDE, THEN FACE THE HAND GLASS TOWARDS SUNLIGHT AND SOON ENOUGH THE WOOD SHALL BECOME ALIGHT.

IF THAT DOES NOT WORK THEN BURN A SMALL BIT OF KINDLING WITH A LIGHTER AND THAT SHOULD GET THINGS GOING, BUT, SOONER OF LATER YOUR ONE HUNDRED LIGHTERS WILL RUN OUT.

AFTER YOU HAVE YOUR FIRE GOING, LAY FOUR STONES OR SLABS OF RUBBLE AROUND THE FIREPIT AND PUT THE MESH ATOP IT LASTLY SET THE BOILING POT ON TOP OF THE MESH AND THE OTHER POT NEXT TO IT.

IF THE MESH DOES NOT FIT OR IS OTHERWISE TOO BIG THEN CUT THE MESH SMALLER WITH THE WIRE CUTTERS OR BETTER YET LAY CHICKEN WIRE ATOP THE FIRE IF YOU CAN IT NEED NOT BE SO UNWIELDY.

THEN WAIT AND AFTER A WHILE STEAM SHOULD GATHER AND COOL IN THE OTHER POT AND ONCE ALL THE WATER HAS BEEN BOILED OFF THEN IT SHOULD BE DONE.

DOUSE THE FIRE AND BURY THE ASHES IN SOIL SO NOONE KNOWS YOU WHERE EVER THERE.

TAKE HEED FOR ALL WATER LEST IT BE GROUNDWATER FROM A WELL, WATER FROM A SPRING OR RAINWATER FROM THE SKY, MUST BE MADE CLEAN BY SIEVING IT, BOILING IT AND THEN COOLING IT THROUGH A PROCESS OF DISTILLATION.

THE WATER THAT WAS ONCE MARRED IS KNOWN AS HARD WATER, WHILE THE WATER THAT HAS NOW BEEN CLEANSED IS KNOWN AS SOFT WATER.

## FOOD

NOW COMES THE FOOD AND WHAT YOU WILL BE EATING SPUDS AND MILK ARE A GOOD START.

GROW SPUDS INDOORS WITHIN KEGS AND DRUMS FOR THE SOIL WILL NOT BE MARRED OR MADE UNWHOLESOME BY THE OUTSIDE WORLD, WATER THEM EVERY DAY AND KNOW THAT IF THE EARTH IS WET THEN THE WORTS ARE HAPPY.

ONCE THE BLOOMS HAVE BORE BERRIES KNOW THAT IT IS TIME FOR HARVEST, SLOWLY UPROOT YOUR SPUDS AND LOOK THERE ONE SPUD BRINGS FORTH MORE SPUDS THESE CAN BE SOWN AGAIN AND AGAIN FOREVER MORE.

SET ASIDE THE BIGGEST AND LET THE SMALLEST OF THE SPUDS GROW AS THEY SHALL BRING ABOUT A NEW HARVEST COME NEXT YEAR.

THE GREEN POTATO FRUITS ARE DEADLY AND CAN STOP THE BREATHING OF ANYONE MINDLESS ENOUGH TO EAT THEM.

PUMMEL THE FRUITS AND BOIL THEM IN WATER THIS WILL MAKE A POISON FEW CAN WITHSTAND.

SOONER OR LATER THE MILK SHALL RUN OUT AND UNLESS YOU HAVE LIVESTOCK THAT IS SOON TO GIVE BIRTH THERE WILL BE NO MORE MILK TO DRINK.

THEREFORE YOU OUGHT EAT THE WEEDS THAT GROW AROUND YOU, KNOW THE WORTS THAT GROW AND DWELL AROUND YOU KNOWING THE FOOD THAT IS ALREADY AROUND YOU IS BEST.

AFORE EATING WEEDS, WASH THEM AND BOIL THEM SO AS TO MAKE THEM FIT FOR EATING.

IF YOU MAY DRINK THE WATER FOR ALTHOUGH IT IS NOT MUCH IT MAKES A HEARTY BREW AND STRING FORTH HOPE WITHIN YOU.

DOCK LEAVES AND NETTLES ARE BEST FOR MAKING BREWS SEEP THEM IN BOILING WATER UNTIL THE LEAVES SHRINK AND ARE SHRIVELLED.

BINDWEED AND CHICKWEED CAN ALSO BE BOILED AND EATEN AS IT WILL CLEANSE THE BODY OF BLIGHT AND KEEP YOUR INNARDS LOOKING SPICK AND SPAN.

FOR MOST OF THE WORTS THAT ARE AROUND YOU CAN BE EATEN UNBEKNOWNST TO MOST FOLK.

HEALTHY BREWS MADE FROM NETTLES AND SPUDS THAT HAVE BEEN SOUNDLY MASHED WILL KEEP YOU ALIVE WELL FIT AND HEALTHY THROUGH THE HARDEST OF TIMES.

TO MAKE YOUR FOOD KEEP FOR A LONG TIME FILL A BATHTUB WITH WATER AND MIX THE WATER WITH LOTS OF SALT TO MAKE BRINE, THIS BRINE CAN HOLD MANY SPUDS AND LEAFY GREENS AND WILL MAKE IT SO THEY DO NOT ROT.

WHEN YOU SEE LITTLE BITS OF SALT FORM AT THE BOTTOM OF THE WATER, YOU HAVE BRINE.

SALT IS NEEDED TO STAY ALIVE AND THE BRINE STOPS MEAT FISH AND FOOD FROM ROTTING, SO, STOCK UP ON SALT AS YOU WILL BE NEEDING A LOT OF IT.

## CLOTHING

CLOTHING IS WORTHY OF TALKING ABOUT WHEN SOMETHING BAD HAPPENS, CLOTHING WILL KEEP YOU WARM AND HELP WITH BEING UNSEEN.

I WOULD SAY YOU SHOULD WEAR THE TRUE CLOTHING I HAVE SPOKEN ABOUT BEFORE, FELT SHOULD BE WORN SINCE IT MUFFLES YOUR FOOTSTEPS AND FOOTFALL, IT HAS NO SHINE TO IT AND WHEN IT BRUSHES AGAINST ITSELF IT HARDLY MAKES A SOUND.

SO, MAKE THE CLOTHING NOW, WEAR IT AND SEE HOW IT FITS, THE FELT WILL STRETCH AND WARP ITSELF TO YOUR BODY.

TAKING CARE OF YOUR FEET, WALKING SOFTLY AND KEEPING YOURSELF WARM IS FAR BETTER THAN BEING DEAD.

IT BETTER TO BE ALIVE AND MARRED WITH IGNOMINY, THAN TO BE DEAD AND SHOWERED WITH EXULTATION.

ONCE YOU ARE DEAD THEN YOU ARE DEAD, YOU CANNOT BE BROUGHT BACK TO LIFE.

THERE IS ONE GOOD THING ABOUT FELT, YOU CAN SLEEP IN IT, THIS MEANS YOU CAN HOP OUT OF BED, GRAB YOUR BUG OUT BAG AND HIGH TAIL IT OUT OF THERE.

TIME AND HOW LONG IT TAKES TO DO SOMETHING IS SOMETHING THAT NEEDS TO BE THOUGHT ABOUT.

BUT THAT IS NOT ALL, YOUR CLOTHING CAN BECOME A WEAPON, BY MARRING IT WITH SICKNESS YOU CAN SPREAD SICKNESS.

## WANDERING TO AND FRO

THE WHOLE GOAL OF BUGGING OUT IS FOR NOUGHT IF YOU CANNOT GET THERE, I WILL SPEAK MORE ABOUT THIS LATER BUT FOR KNOW I WILL TALK ABOUT GOING FROM WHERE YOU ARE TO WHERE YOU SHOULD BE.

IT IS SO YOU ARE NOT LEFT AIMLESSLY ROAMING AROUND AND THEN END UP GET SNIPED.

BEFORE VENTURING OFF, DRAW OUT A MAP ON HOW YOU WILL GET THERE, MARK DOWN ANY LANDMARKS AND BUILDINGS ALONG YOUR WAY, THIS IS SO YOU KNOW WHICH WAY TO GO AND DO NOT END UP BECOMING LOST OR WIND UP GETTING KILLED.

SO, YOU NEED TO LEAVE AT DUSK AND KEEP YOURSELF ON THE DOWN LOW, KEEP YOUR EAR TO THE GROUND AND KNOW WHAT IS AROUND YOU, GO THROUGH THE BUILDINGS THE LINE THE STREETS AND NEVER SPAN AN OPEN STREET OTHERWISE YOU WILL BE KILLED.

SPANNING FROM ONE SIDE OF A STREET TO THE OTHER WILL MAKE YOU SEEN TO ANYONE WATCHING, INSTEAD SKULK THROUGH BUILDINGS AND CREEP DOWN THE BACKSTREETS OF WHEREVER YOU DWELL.

AS NIGHT DRAWS NIGH IT WILL BECOME HARDER TO SEE, SO, YOU WILL HAVE TO FALL BACK ON YOUR HEARING, IT WILL BE BETTER TO HEAR SINCE THERE WILL BE NO BACKGROUND SOUNDS.

SWING YOUR SLEDGEHAMMER TO BREAK DOWN WALLS, THIS IS KNOWN AS MOUSE HOLING AND WILL KEEP YOU HIDDEN FROM MOST THREATS, WAIT A WHILE AFTER EACH BLOW OF THE HAMMER AND LISTEN FOR ANY FOOTSTEPS AS THE SOUND OF THE PUMMELLING WILL DRAW FOLK TO YOU.

IF THE WALLS ARE TOO HARDY TO SMASH THEN BREACH ANY NEARBY DOORS AS LONG AS YOU KEEP SKULKING FORWARD THEN IT WILL BE WORTH IT.

## HEALTH

HEALTH IS THE BEST WEALTH AND IF YOU CAN KEEP IT YOU WILL BE WELL AHEAD OF MOST FOLK.

IN THE FIRST FEW WEEKS OF STRIFE AND DOOMSDAY MOST FOLK WILL BE UNREADY AND SHALL DIE FROM THIRST AND HUNGER, THEREFORE THE FIRST THING YOU SHOULD BOTH HARVEST AND STOW AWAY IS WATER AS YOU CANNOT LIVE WITHOUT IT.

YOU OUGHT KEEP YOUR BODY IN SHAPE SO AS TO BECOME FIT THEREFORE SWINGING TWO KETTLEBELL WEIGHTS IN EITHER HAND AND OTHER FORMS OF WORKING OUT ARE HIGHLY ADVISED.

ANOTHER THING YOU CAN DO IS DIPS, FOR THIS YOU NEED SOMEWHERE WHERE YOU CAN REST BOTH YOUR HANDS AND FEET WHILE HAVING NOTHING UNDER YOUR MAIN BODY, THINK ALONG THE LINES OF PUTTING YOUR FEET ON THE BED WHILE LIFTING YOURSELF OF A CHAIR.

SIT DOWN ON THE CHAIR AND THEN PUT YOUR FEET ON THE BED, THEN LIFT YOURSELF OFF THE CHAIR AND SLOWLY LOWER YOURSELF DOWN AND BACK UP AGAIN.

YOU WILL BE PUSHING YOUR OWN BODY WEIGHT WITH YOUR ARMS AND YOU WILL FEEL THE BURN, DO THIS THREE TIMES IN SETS OF TEN, SO, THIRTY DIPS IN ALL.

THEN AS YOU GET BETTER TO IT THREE TIMES IN SETS OF TEN AND SO ON AND SO FORTH EVERY DAY.

RUNNING, WALKING AND SWIMMING WILL ALSO BRING ABOUT GOOD HEALTH SINCE IT WILL MAKE THE HEART BETTER, THIS WILL BE HELPFUL IN THE FOREBODING TIMES THAT HAVE YET TO COME.

AS MOST FOLK BECOME MARRED AND DIE AROUND YOU, YOU SHALL BE HEALTHY, FIT AND WELL FED.

WHEN SLEEPING DO NOT SLEEP ALONE HAVE SOMEONE WATCH OVER YOU SO YOU ARE NOT KILLED WHILE SLEEPING.

TAKE SLUMBER IN SOMEWHERE SMALL AND DARK SO A FOE DOES NOT RAIN DOWN DEATH UPON YOU.

## KNOWLEDGE

THE MORE YOU KNOW THE LESS TOOLS YOU NEED.

KNOWLEDGE OF WHERE YOU ARE IS KEY TO STAYING ALIVE, BUT, THERE MAY BE TIMES WHERE YOU WILL BE MEETING OTHERS ALONG YOUR WAY, SO, THEIR STANDING TOWARDS YOU IS MOREOVER WORTHY OF TALK.

DO THEY THINK YOU ARE GOOD? DO THEY THINK YOU ARE BAD? WILL THEY HELP YOU OR WILL THEY HARM YOU? IT IS BEST TO STAY AWAY FROM FIGHTS AND STRIFE AS A WOUND CAN SWIFTLY BRING ABOUT YOUR DEATH.

BE FRIENDLY TOWARDS OTHERS AND DO NOT WRANGLE WITH THEM, IF YOU ARE TO GIVE AWAY WHAT YOU HAVE THEN MAKE HASTE AND TAKE FLIGHT FOR MORE WILL COME.

THEY WILL BESET YOU ON ALL SIDES AS THEIR THRONGS SWELL, THEREFORE, IN THE DEAD OF NIGHT, SWIFTLY FLEE, SO AS TO NOT BE FOUND.

KEEPING YOUR MIND SHARP IS SOMETHING YOU SHOULD DO NIGHT AFTER NIGHT, UNDERTAKE BRAIN TEASERS AND RIDDLES, READ A WORDBOOK AND FIND NEW WORDS WITH WHICH TO SPEAK.

## KEEPING CLEAN

KEEPING YOURSELF CLEAN IS THE FIRST STEP IN NOT GETTING SICK, SICKNESS WILL KILL MORE THAN WEAPONS, THEREFORE KNOWING HOW TO WASH YOURSELF AND CLEAN WOUNDS IS FAR MORE WORTHWHILE THAN WATCHING SOMEONE FIRE A GUN ALL DAY.

WIPE DOWN YOUR FEET WITH A SPONGE, MAKE SURE TO WASH THE SPONGE AFTER WIPING DOWN EACH FOOT.

AFTER THAN CLIP YOUR TOENAILS STRAIGHT SO THAT THEY ARE HEALTHY AND HAPPY.

AS FOR KEEPING YOUR MOUTH CLEANSED BRUSH THEM WITH A TOOTHBRUSH AND IF THAT DOES NOT WORK THEN GNAW ON A CHEW STICK, THE TATTERED END CAN BE BRUSHED OVER YOUR TEETH WHILE THE OTHER END CAN BE WHITTLED DOWN TO MAKE A TOOTHPICK.

YOUR HAIR SHOULD BE WASHED AND CUT TO MAKE IT CLEAN AND TO KEEP SICKNESS AT BAY FIRSTLY WASH YOUR HAIR IN WARM WATER AND THEN CUT IT SHORT.

## CLOTHES WASHING

ONE THING MOST FOLK SEEM TO OVERLOOK IS WASHING AND DRYING CLOTHES, ALL OF THIS WILL HAVE TO BE DONE BY HAND.

FOR CLOTHING MADE FROM WOOL HAND WASH IT IN WARM WATER AND A SPONGE AS FOR CLOTHING MADE FROM STRONGER STUFF SUCH AS LEATHER IT WOULD BE BEST TO SCRUB IT WITH STEEL WOOL.

GIVEN THAT SOAP WILL MOST LIKELY BE HARD TO COME BY AND THERE IS NO FAT TO MAKE SOAP, I WOULD SAY YOU SHOULD BOIL THE CLOTHING IN A BIG POT FOR ONE MINUTE BEFORE HANGING IT ON A CLOTHESLINE AND LETTING IT DRIP DRY.

## GETTING RID OF RUBBISH

LASTLY BURN ANY RUBBISH YOU HAVE IN A BIG STEEL DRUM AND DO THIS IN A ROOM WITH SMALL WINDOWS SO THAT YOUR DWELLING DOES NOT END UP CLOGGED WITH CLOUDS OF THICK SMOKE.

## WEAPONRY

FIGHTING SHOULD NOT BE THE GO TO ANSWER BUT IF IT CANNOT BE HELPED THEN THESE WEAPONS SHOULD HELP YOU WIN.

## LEATHER PILLOW

NOW YOU MAY BE WONDERING WHY I HAVE PICKED A LEATHER PILLOW AS A WEAPON, IT IS NOT A WEAPON, YES YOU ARE RIGHT, IT IS NOT A WEAPON.

YOU CAN TAKE IT WITH YOU ANYWHERE WITHOUT RAISING ANY RED FLAGS, YOU CAN REST YOUR HEAD ON OR, YOU CAN KILL SOMEONE WITH IT, PUT THE PILLOW ON THEIR FACE AND THEN SIT ATOP IT.

YOUR BODY WEIGHT WILL STOP THEIR BREATHING, THEY WILL BE TIRED AND THEIR DEATH SHALL COME SWIFTLY.

THINK ABOUT IT, IT STOPS THEIR BREATHING, IT DOES NOT RAISE ANY EYEBROWS AND IF NEED BE IT CAN BE THROWN AWAY OR MADE IN TO SOMETHING ELSE LIKE A SMALL BAG.

MOREOVER, A PILLOW IS WONDROUS IS THAT UNLIKE MOST WEAPONRY A PILLOW UNGORY, IT DOES NOT DRAW BLOOD.

OTHER WEAPONS I SHALL SPEAK OF ARE WATER GUNS THAT SHOOTS LYE, MAN TRAPS AND PITFALLS, I WILL SPEAK MORE ABOUT THIS LATER ON.

## LYE WATER GUN

FIRSTLY IS THE WATER GUN, A WATER GUN IS NOT SEEN BY MOST FOLK AS A WEAPON AND IS INSTEAD LOOKED UPON AS A HARMLESS TOY, THEREFORE YOU CAN TAKE THIS WITH YOU ON SUNNY DAYS.

TO MAKE LYE YOU NEED TO BURN HARDWOOD AND GATHER THE ASHES TOGETHER.

| THE MAKING OF LYE | |
|---|---|
| HARDWOOD | HARDWOODS ARE TREES WELL KNOWN FOR THEIR HARDNESS AND STRENGTH TWO OF THESE ARE THE OAK TREE AND ASH TREE |
| DRUM | A BIG STEEL DRUM CAN BE NAITED FOR BURNING WOOD IT SHOULD HAVE HOLES AT THE BOTTOM SO THE WOOD BURNS FASTER AND THE FIRE DOES NOT LOSE ITS HEAT |
| STRAW ROCKS AND STONES | YOU SHOULD GATHER STRAW GRASS AND STONES AND LINE THE BOTTOM OF THE KEG WITH IT THIS SHALL SIFT THE ASH AND WATER AND THUS MAKE LYE |
| SMALL KEG | AFTER THE ASHES HAVE BEEN HARVESTED PUT THEM WITHIN A SMALL KEG THIS KEG SHOULD BE MADE OF SOMETHING OTHER THAN STEEL AS THE LYE WILL EAT THROUGH IT |
| WATER | ONCE THE ASHES HALF FILL THE KEG PUT WATER ATOP IT AND FILL IT UNTIL THE ASHES FLOAT ON THE WATERLINE |
| A TAP AT THE BOTTOM OF THE KEG | THERE SHOULD BE A TAP AT THE BOTTOM OF THE KEG AS THE WATER AND ASH MIX IT SHALL BE SIEVED THROUGH THE STRAW AND STONE THE OUTCOME OF THIS IS LYE<br><br>HAVE SOMETHING TO GATHER AND COLLECT THE LYE SUCH AS A GLASS OVEN TRAY |
| WAITING | LET THE KEG LEAK OVERNIGHT AND IN THE MORNING THERE SHOULD BE LYE<br><br>GAZE WITHIN THE GLASS TRAY AND YOU SHALL SEE THE WATER AFORE YOU<br><br>WITHIN THE WATER IS THE LYE THAT YOU YEARN |
| STRENGTH OF THE LYE | TO SEE IF THE LYE IS READY THEN PUT A SPUD IN IT IF THE SPUD FLOATS THE LYE IS STRONG AND IF IT SINKS THE LYE IS WEAK<br><br>IF THE LYE IS WEAK THEN TIP IT INSIDE THE WOODEN KEG AGAIN AND IT WILL BECOME MIGHTIER |
| BOILING OFF THE WATER | SHOULD YOU WISH FOR YOUR LYE TO BE WITHOUT WATER THEN SLOWLY BOIL THE WATER IN GLASS AND WHAT IS LEFT SHOULD BE WHITE LYE |

THIS LYE CAN BE MINGLED WITH WATER AND SHOT FROM A WATER GUN THE OUTCOME IS THE BURNING OF FLESH AND BONE THE WOUNDS FROM SUCH A MARRING SHOULD BE ONE OF GHASTLY DREAD.

## MAN TRAPS AND PITFALLS

LASTLY COMES THE MAN TRAPS OF WHICH THERE ARE TOO MANY TO SPEAK OF WHAT I WILL SAY IS THAT A PITFALL IS MADE TO WOULD YOUR FOE AND RENDER HIM CRIPPLED.

THEREFORE IT IS BEST TO GO FOR THE LEGS AND FEET AS HE WHO SEEKS TO BRING HARM TO YOU SHALL BE BROKEN OF MIND AND LAME OF BODY.

UPWARD FACING NAILS STREWN ABOUT WITHIN A PITCH DARK ROOM AND LYE UPON BARE SKIN ARE AS STEALTHY AS THEY ARE GHASTLY.

## FARMING

YOU MAY BE WONDERING WHY I AM TALKING ABOUT FARMING, NO, I AM NOT SAYING YOU SHOULD TAKE UP HUSBANDRY AND BECOME A SHEPHERD BUT I DO ASK YOU TO BUY OR STEAL TWO DAIRY GOATS.

MOST ANIMALS MAKE MILK WHILE PREGNANT BUT A DAIRY GOAT NEEDS TO BE MILKED EVERY DAY, THERE NEEDS TO BE TWO AS GOATS ARE HERD BEASTS AND WILL BECOME RESTLESS IF LONESOME.

FEED THE GOATS GRASS AND HAY, BE KIND TO THEM AND THEY WILL GROW TRUSTING OF YOU.

NOW, COMES THE HARD YARDS.

MILK HER EVERY TWELVE HOURS, GRIP HER UDDERS AND DO NOT PULL FOR IT WILL UPSET HER.

THE FIRST BOUT OF MILK WILL BE LADEN WITH ILLNESS AND THE MILK THEREAFTER SHALL BE CLEAN, GATHER THE MILK IN TO A BIG POT.

ONCE HER UDDERS ARE EMPTY AND NO MORE MILK COMES OUT TAKE THE POT INSIDE AND BOIL IT OVER A FIRE FOR TEN MINUTES, THIS WILL KILL ANY PATHOGENS LURKING WITHIN THE GOAT MILK.

AFTER BOILING POUR THE MILK IN TO A SMALL POT AND PUT A LID OVER IT, THEN GRAB ANOTHER BIG POT AND POUR COLD WATER IN IT.

SLOWLY LOWER THE SMALLER MILK POT IN TO THE BIG POT AND THEN THROW A CLOTH OVER THE OPENING, LET THE CLOTH DIP INSIDE THE WATER FOR IT SHALL SOAK IT UP AND KEEP THE SMALLER MILK POT COOL.

LASTLY, PUT EVERYTHING INSIDE A WOODEN BOX AND HIDE IT WELL.

THIS IS THE ULTIMATE CURRENCY, AND SHOULD THE WORLD COME TO AN END THEN GATHER MILK AND HARVEST SPUDS, THEY WILL KEEP YOU ALIVE THROUGH THICK AND THIN, WHILE OTHERS STARVE YOU WILL NOT.

HE WHO OWNS GOLD BELORDS MEN BUT HE WHO OWNS FOOD BELORDS THE WORLD.

# WHAT TO DO WHEN YOU REACH YOUR BUG OUT DWELLING

SO, YOU HAVE MADE IT AND ARE AT YOUR BUG OUT DWELLING, NOW COMES THE HARD BIT NOT GETTING YOURSELF KILLED AND STICKING TO A LIST OF LAWS THAT WILL KEEP YOU ALIVE AND NOT UNALIVE.

## FIRST THING YOU SHOULD DO

FIRST THING YOU SHOULD DO ABOVE EVERYTHING ELSE IS FIND SOME GRASSY LAND OR SOIL FROM OUTSIDE YOUR DWELLING AND DIG A HOLE, THEN BURY YOUR BACK UP BAG AND MARK WHERE YOU BURIED IT WITH A STONE OR SOMETHING ON A NEARBY WALL.

THIS IS SO YOU CAN FIND IT AGAIN.

YOU NEVER KNOW WHEN YOUR LITTLE HOUSE MAY BE OVERRUN AND IT COULD BE WHEN YOU ARE HEADING BACK THERE WITH WOOD, WATER OR FOOD.

SO WHEN THAT HAPPENS YOU GO TO YOUR BACK UP BAG, WHICH IS A REPLICA OF THE BUG OUT BAG YOU LEFT HOME WITH, THEN YOU FIND SOMEWHERE ELSE TO BUG OUT TO.

REMEMBER, IT IS ALWAYS BETTER TO FLEE AND LIVE THAN FIGHT AND DIE.

## INSIDE YOUR LITTLE HOME

STAY IN ONE ROOM AND ONLY ONE ROOM AS IT WILL HEAT FASTER AND YOU WILL NOT SPREAD YOURSELF TO THIN.

ANOTHER BOON TO THIS IS THAT THOSE WHO WALK BY YOU WILL NOT KNOW YOU ARE THERE, BURY OR BURN THAT WHICH IS UNWANTED AND KEEP YOUR LIGHT AWAY FROM THE WINDOWS SINCE IT CAN BE SEEN FROM AFAR.

THE ROOM SHOULD HAVE NO WINDOWS ON THE OUTSIDE AND SHOULD HAVE WINDOWS LEADING INSIDE THE BUILDING, WHAT I MEAN BY THIS IS SOMETHING LIKE A FOREMAN'S ROOM INSIDE A WAREHOUSE.

THERE ARE NO WINDOWS TO THE OUTSIDE BUT THERE ARE WINDOWS FACING THE INSIDE OF THE WAREHOUSE.

## OTHER THINGS TO THINK ABOUT

| | |
|---|---|
| OPEN GROUND | DO NOT GO DASH OVER OPEN GROUND AS YOU CAN BE WATCHED FROM AFAR, INSTEAD GO THROUGH BUILDINGS RUBBLE OR SKIRT THE INSIDE OF A WALL SO AS TO BE UNSEEN BY ANY NEARBY FOES |
| BOWL | DO NOT PUT YOURSELF IN A BOWL LOW GROUND RINGED BY HIGH GROUND SINCE YOU CAN BE SHOT AT FROM THE HIGH GROUND |
| SHADOW | YOUR SHADOW CAN GIVE AWAY WHERE YOU ARE BE MINDFUL AND WARY OF WHERE LIGHTS ARE BOTH MAN MADE AND SUNLIGHT |
| AN ESCAPE ROUTE | DO NOT BUG OUT TOO HIGH FROM THE GROUND, SINCE YOU CAN BE CUT OFF FROM THE BOTTOM AND THEN PICKED OFF |
| KNOWN PATHWAYS | DO NOT GO ALONG WELL KNOWN PATHS SUCH AS WIDE STREETS AS YOU CAN BE SET UPON AND STRUCK DOWN BY FOES IN HIDING |
| CHOKEPOINTS | DO NOT GO THROUGH CHOKEPOINTS, SO WHERE MANY PATHS BLEED IN TO ONE PATH OR OVERLAP EACH OTHER AT ONE SPOT |
| HIGH GROUND | THE HIGH GROUND OF A BUG OUT LOCATION SHOULD BE TAKEN FIRST, THIS WILL GIVE YOU AN OVER WATCH AND A GOOD LOOK OUT FOR ANY ONCOMING THREATS AND INBOUND FRIENDLIES |

UPON COMING BACK TO YOUR BUG OUT DWELLING WAIT AND LOOK AROUND FOR ANYONE NEW OR ANYTHING WAS NOT THERE BEFORE FOR ALL YOU KNOW NEW FOLK COULD BE THERE AND IF THAT IS SO THEN YOU ARE LIKELY TO BE SET UPON.

ENDSAY

# THE ENDSAY OF DARKLING THE FIEND

WELL HERE I AM AGAIN ROUND FIVE I HAVE COME ONCE AGAIN TO SAY THAT IT IS LESS TO DO WITH WHAT HAS HAPPENED IN THIS BOOK AND MORE TO DO WITH WHAT HAS HAPPENED IN THE ENGLISH OVERSETTING OF SOAM I MADE A MISHAP ON THE FIRST PAGE THE OPENING TO MY BOOK.

BUT IT HAS BEEN SET ARIGHT IT IS NOW WITHOUT FLAWS.

NEXT COMES THE NAME I HAVE BESTOWED UPON MYSELF, AT FIRST I CALLED MYSELF SNEAKY KIKI, THEN KIKI, THEN DARKLING THE GOAT, THEN KIKI THE GOAT, THEN DARKLING THE BAT, THEN DARKLING THE CROW UNTIL AT LONG LAST I SETTLED UPON THE NAME DARKLING THE FIEND.

I KEPT ON FINDING MISTAKES IN MY BOOK AND THEN UNDOING THOSE MISTAKES ONLY TO FIND THAT NEW MISTAKES HAD ARISEN ONCE MY BOOK HAD BEEN SENT OFF.

SO THIS IS MY FIFTH TIME WRITING THIS AND I HOPE THERE ARE NO MORE MISTAKES THIS TIME.

SOME THINGS HAVE BEEN TAKEN OUT AND SOME THINGS HAVE BEEN PUT IN TO MAKE THE OVERALL BOOK BETTER.

FOR THOSE WONDERING ABUT MY NAME I WOULD LIKE TO SAY THERE IS MEANING TO IT.

THE NAME DARKLING COMES FROM MY TRUE NAME.

AS FOR CALLING MYSELF THE FIEND, WELL I WISH TO CAST ASIDE THIS BODY OF FLESH AND BECOME A FIEND.

I ACCURSE THIS WORLD AND WISH TO LIVE A NEW LIFE, BLESSED WITH A NEW BODY AND DWELLING WITHIN A BETTER WORLD.

I AM A CHILD OF DARKNESS AND TO THE DARKNESS I GO.

I AM WELL HIDDEN AND AS OTHERS MAKE FUN OF ME I WILL BECOME HARDER TO FIND, LIKE A NEEDLE WITHIN MANY NEEDLES OR A WILE WRAPPED WITHIN WILES.

AND LASTLY I WISH TO SPEAK OF ÆNGLISH RUNES FOR THIS BOOK IS WRITTEN IN ÆNGLISH RUNES TO BUY ME TIME SINCE IT TAKES TIME TO OVERSET THE ÆNGLISH RUNES.

# THE SLAUGHTER OF ALL MANKIND

I HAVE BEEN CHEWING THE CUD AND HAVE SADLY COME TO KNOW THAT TELLING FOLK NOT TO HAVE CHILDREN WILL NOT WORK.

THERE WILL BE THOSE WHO WALL THEMSELVES OFF AND RAISE THEIR OWN OFFSPRING, BUT THAT IS GOOD.

THE HEEDLESSNESS OF MAN IS GOOD, AS AFTER MUCH THINKING AND CHEWING I NOW KNOW THAT THE SWELLING AND GROWTH OF MANKIND WILL MEAN A GREATER OUTPUT OF SOOT AND BRIMSTONE, WHICH WILL START FEEDBACK LOOPS.

THESE LOOPS ONCE BEGUN CANNOT BE STOPPED AND IT IS THIS THAT WILL BRING ABOUT THE DEATH OF ALL LIFE.

THAT IS MY GOAL TO KILL EVERYONE AND EVERYTHING FOR THE DEAD AND THE UNBORN DO NOT SUFFER.

ALL OF MANKIND IS HURLING EVER FASTER TOWARDS A COLD AND UNFORGIVING STONE WALL AND WHILE IT DOES I SHRILL THE WORDS.

GO FASTER.

ALL OF LIFE AND ALL OF BEING IS A FLAW AND A MISTAKE AND THIS WORLD IS INDEED A FALLEN WORLD BUILT BY A BLIND CRAFTSMAN